THE FREEDOM TRAIL TO RESPITE

15th National Lifespan Respite Conference

October 15 to 17, 2013 ~ Boston

Conference Program
Welcome to Boston
and the 15th National Lifespan Respite Conference

The Freedom Trail to Respite

Boston is a wonderful city, steeped in history and tradition, and the perfect site for the Massachusetts Lifespan Respite Coalition (MLRC) to host this most important event. We quickly and unanimously came to the decision that the best way to showcase our state on a national level was to reflect on past events that occurred right here in Boston, setting the stage for the founding of our country.

The Freedom Trail, a 2.5 mile path through the city, highlights many significant sites of historic importance made famous during the Revolutionary War period in our country's history, and is visited by over 3 million people each year.

Freedom, liberty and independence are words that come to mind when thinking about the early history of the United States of America. These same concepts – freedom, liberty, independence – apply to family caregivers and their need for respite. For without respite supports and services, it is very hard for caregivers to continue their critical and ongoing support of their loved ones.

The parallels between our conference tracks and the Revolutionary War are many and reflected in the choices for the 30 breakout workshop topic areas. Like the colonists in the 1700’s, we come together with resolve at this 15th National Lifespan Respite Conference to take a stand, make our voices heard and raise awareness among our states, our country and abroad for the need for respite services for every family caregiver.

Take a walk along the Freedom Trail and experience the wealth of history that our city has to offer you! We hope you enjoy your visit to Boston!
The Freedom Trail to Respite

Mezzanine Level ~ Second Floor

Conference Rooms ~ Fourth Floor

Contact Information
Telephone: 617-426-2000
General Fax: 617-426-5545
Concierge: 617-654-1912 – Email concierge@bostonparkplaza.com
Reservations: 1-800-225-2008 – Email reservations@bostonparkplaza.com
http://www.bostonparkplaza.com

2 15th National Lifespan Respite Conference
Overall Conference Schedule

**Tuesday, October 15 – National Conference Reception**
3:00pm – 7:30pm Registration  Mezzanine Level (Second Floor)
6:00pm – 9:00pm Welcome Reception  Terrace Room (Lower Lobby)

**Wednesday, October 16 – Conference, Day One**
7:30am – 5:00pm Registration/Help Desk  Mezzanine Level (Second Floor)
7:30am – 9:00am BREAKFAST BUFFET  Arlington Room/Georgian Room (Mezzanine Level)
9:00am – 10:00am Opening Ceremony and Conference Welcome  Georgian Room (Mezzanine Level)
10:00am – 10:30am KEYNOTE SPEAKER – Sharon Lewis  Georgian Room
10:30am – 11:00am BREAK
11:00am – 12:15pm WORKSHOPS – Session One  See detailed agenda for various locations
12:15pm – 12:30pm BREAK
12:30pm – 1:15pm LUNCH BUFFET  Arlington Room/Georgian Room
1:15pm – 2:00pm LUNCHEON SPEAKER – Jonathan Evison  Georgian Room
2:00pm – 2:30pm BREAK
2:30pm – 3:45pm WORKSHOPS – Session Two  See detailed agenda for various locations
3:45pm – 4:00pm BREAK
4:00pm – 5:15pm WORKSHOPS – Session Three  See detailed agenda for various locations

**Thursday, October 17 – Conference, Day Two**
7:30am – 5:00pm Registration/Help Desk  Mezzanine Level (Second Floor)
7:30am – 9:00am BREAKFAST BUFFET  Arlington Room/Georgian Room (Mezzanine Level)
9:00am – 9:30am KEYNOTE SPEAKER – Richard C. Antonelli  Georgian Room
9:30am – 10:30am Lifespan Respite Plenary Panel  Georgian Room
10:30am – 10:45am BREAK
10:45am – 12:00pm WORKSHOPS – Session Four  See detailed agenda for various locations
12:00pm – 12:30pm BREAK
12:30pm – 1:15pm PLATED LUNCH  Georgian Room
1:15pm – 2:30pm Respite Research Plenary Panel  Georgian Room
2:30pm – 3:00pm BREAK
3:00pm – 4:15pm WORKSHOPS – Session Five  See detailed agenda for various locations
4:15pm – 4:30pm BREAK
4:30pm – 5:00pm Raffles and Closing Ceremony  Georgian Room

*Please visit our exhibit tables on Wednesday, October 16, and Thursday, October 17 from 8:00am to 5:00pm. Exhibitors located in Berkeley and Clarendon Rooms (Mezzanine Level).*

**Friday, October 18 – Lifespan Respite Grantee and Partner Learning Symposium**
(By invitation only for Lifespan Respite Grantees and Partners. Separate registration required)
8:30am – 3:00pm Grantee Learning Symposium  Terrace Room (Lower Level)
Conference Tracks

“The Shot Heard Round the World” ~ Lifespan Respite Track

The famous words of Ralph Waldo Emerson from his poem, Concord Hymn, “...the shot heard round the world”, remind us of Lifespan Respite. The first shot fired as the Minutemen and British soldiers engaged, and the “revolution” was started. Respite and caregiving coalitions across the nation and the world are joining together to fight for caregiver needs across all age and disability groups sparking a new revolution! The federal Lifespan Respite Program, administered by the US Administration for Community Living/Administration on Aging, awards competitive grants to state agencies in partnership with state respite coalitions and others to develop statewide coordinated systems of community-based respite services for family caregivers of children and adults with special needs. This track will showcase best practices in state implementation of Lifespan Respite federal grant activities.

“Give Me Liberty or Give Me Death” ~ Family Caregiver Track

A little over the top you might say? Patrick Henry’s famous speech made in 1775 (and, yes, he was from Virginia) persuaded colonists to band together to fight for independence from Britain. The quote emphasized Henry’s resolve and elevated the issue of independence to the highest level. Family caregivers are resolved to maintain their loved ones at home and in their communities and are committed role models for us all. As a group we can raise awareness of the need for respite to the highest level! This track is primarily geared to family caregivers and those who work with family caregivers who want to learn new strategies and activities to promote wellness.

“One If By Land, Two If By Sea” ~ Service Delivery Options Throughout the Lifespan

As history tells us, Paul Revere rode by horseback to warn the Minutemen about the approach of the British soldiers for battle. He was to look to the steeple of the Old North Church for a message as to the route the British would take to Lexington and Concord— one lantern in the steeple indicating the route over land and two lanterns the water route. Historians now inform us that the story wasn’t quite that simple. Family caregivers seeking respite options often find that there are many ways to seek support and services. What are the options? Are the choices simple? How do they find out what the choices are? This track highlights models in respite provider training and service delivery, including planned, emergency, and crisis nursery respite options, and explores innovations in faith-based respite, respite for veterans and military families, and respite for underserved populations across the lifespan.
“Taxation Without Representation Is Tyranny” ~ Evaluation and Research Track
In 1765, a Boston politician named James Otis became famously associated with this phrase in response to the continued levying of taxes on the colonies by the British government. The colonists were not given representation in the British Parliament to make their argument for their rights or to state their opinions. As service providers and caregivers making a case for respite availability and funding, we often come up against opposition. We are told we need to demonstrate the effectiveness of respite services through data collection and analysis before funding will be implemented. The necessity for research in the area of respite is critical! This track focuses on program evaluation and survey research.

“The Boston Tea Party” ~ Business Development Track
In 1773, as a protest against the British tax on tea, colonists dressed up as Indians, boarded a British ship docked in the harbor, and dumped all the tea overboard. This radical maneuver was intended to let the British government know that the colonists were to be taken seriously, inflicting a financial loss on the British in the process. Money gets attention. In the field of respite, programs are sometimes viewed as “human services” and “very costly to run”. Successful programs are gaining respect in the business world as efficient and cost-effective. It is imperative that we learn from and replicate successful models as we move ahead in meeting growing numbers of family caregivers.

“The Midnight Ride of Paul Revere” ~ Advocacy and Networking Track
Paul Revere, probably the most famous of the Boston colonists, is given credit for warning the Minutemen of the approach of the British soldiers, in Henry Wadsworth Longfellow’s famous poem, The Midnight Ride of Paul Revere. But there’s more to that story! Revere was actually accompanied by two other riders who split up and went in three different directions. One source states that by the end of that night over 40 others on horseback had joined with Revere to spread the word across the countryside. Talk about networking! Connecting with others in your state, from around the country and throughout the world is something we have to do as family caregivers and providers to spread the word about the need for respite.
Strategic Resources, Inc. Congratulates
ARCH National Respite Network and the Massachusetts Lifespan Respite Coalition on their 15th National Lifespan Respite Conference

Strategic Resources, Inc. (SRI) is extremely honored to have been selected by the United States Army as the contractor of choice for the Exceptional Family Member Respite Care Program (EFMP Respite). SRI is a full service provider with more than 25 years of experience in Federal and commercial markets.

If you are interested in learning more about SRI or the EFMP Program:
• Visit: sri-hq.com/EFMPRespite.htm
• Email: EFMPRespite@sri-hq.com
• Call: (703) 749-3040
• www.sri-hq.com

7927 Jones Branch Drive, Suite 600W • McLean, VA 22102
(703) 749-3040, Fax (703) 749-7990

SRI is an Affirmative Action and Equal Opportunity Employer
Tuesday, October 15 – National Conference Reception

3:00pm – 7:30pm  Registration/Help Desk ___________________________ Mezzanine Level (Second Floor)
6:00pm – 9:00pm  WELCOME RECEPTION ___________________________ Georgian Room (Mezzanine Level)

Wednesday, October 16 – Conference, Day One

7:30am – 5:00pm  Registration/Help Desk ___________________________ Mezzanine Level (Second Floor)
7:30am – 9:00am  Breakfast Buffet ___________________________ Arlington Room/Georgian Room (Mezzanine Level)
9:00am – 9:15am  OPENING CEREMONY ___________________________ Georgian Room (Mezzanine Level)
  • Fife and Drum Corps
9:15am – 9:30am  Welcome to Boston! ___________________________ Georgian Room
9:30am – 10:00am Welcoming Remarks ___________________________ Georgian Room
  • Rosalie A. Edes, Assistant Secretary  
    Office of Disability Policies & Programs  
    Commonwealth of Massachusetts Executive Office of Health and Human Services
  • Ann L. Hartstein, Secretary  
    Commonwealth of Massachusetts Executive Office of Elder Affairs
  • Elin Howe, Commissioner  
    Commonwealth of Massachusetts Department of Developmental Services
10:00am – 10:30am  KEYNOTE SPEAKER ___________________________ Georgian Room
  • Sharon Lewis, Commissioner, Administration on Intellectual & Developmental Disabilities and  
    Acting Principal Deputy Administrator, Administration for Community Living  
    U.S. Department of Health and Human Services
Sharon Lewis serves in the dual roles of Acting Principal Deputy Administrator of the Administration for Community Living and Commissioner of the Administration on Intellectual and Developmental Disabilities (AIDD), within the Administration for Community Living. From March 2010 to April 2012, she was the Commissioner of the Administration on Developmental Disabilities. Prior to her appointment as Commissioner, Ms. Lewis served as the Senior Disability Policy Advisor to the U.S. House Committee on Education & Labor.

10:30am – 11:00am BREAK

Please visit our exhibit tables from 8:00am to 5:00pm in the Berkeley and Clarendon Rooms (Mezzanine Level).
WORKSHOPS – Session One

1A. Giving your Communities the Freedom to Care: How a Little Money can go a Long Way
Stuart Room (4th Floor)
• Alicia Blater, M.S., APR and Linda Kendall Fields, M.Ed, North Carolina Lifespan Respite Project
During this session, presenters will highlight the use of Lifespan Respite mini-grants to build respite capacity in communities across the State of North Carolina. Participants will learn about innovative and sustainable projects that have resulted from this effort and how the state continues to leverage funding through the NC Money Follows the Person Project. Participants will be invited to apply this information as well as specific methods and tools to their own states and communities.

1B. The Freedom Trail to Respite: Your Roadmap to Caregiving Without Regret
Statler Room (Mezzanine Level)
• A. Michael Bloom, M.A., M.S., CPC, Bloom Coaching and Performance, LLC, Raynham, MA
Learn practical tips, tools and coping strategies to engage respite while navigating “Your Roadmap to Caregiving Without Regret” during this life enhancing session. Caregivers will engage in discussion and tactical exercises to release the fear of not being good enough to meet the intensity of loved ones’ needs. Participants will leave the session with renewed energy and strength to deal with the challenges and emotional roller-coasters along the caregiving journey.

1C. Shared Session:
White Hill Room (4th Floor)
What Happened to You? Integrating Trauma-Informed Care Into the Crisis Nursery Setting
• Emily Shurilla, LISW-S, CTC, Providence House, Inc., Cleveland, OH
Often the approach for addressing children who are acting out is “What’s wrong with you?” For families and children in crisis the real question is “What happened to you?” Learn about the Providence House Crisis Nursery model, with a focused discussion about the integration and importance of trauma-informed care in the daily care of children and as trauma interventions for children and their caregivers who require additional attention based on trauma experiences.

Does the Crisis Nursery Model Really Work? University-Led External Evaluation Findings on the Enduring Impact of Crisis Nursery Services on the Child/Family CFS and Foster Care Involvement
• Natalie A. Leek-Nelson, Providence House, Inc., Cleveland, OH
Can 30-60 days in a Crisis Nursery really change the path of children and families in crisis? That question is addressed, and other key findings discovered, in a recently completed University-led long-term outcomes study conducted with Providence House, a Crisis Nursery in Cleveland, Ohio. The study evaluates the impact of crisis nursery services on family success and long-term outcomes for children served by a crisis nursery as compared to public CPS and foster care data.
The Massachusetts Department of Developmental Services is proud to be a sponsor of the 2013 National Lifespan Respite Conference.

Commonwealth of Massachusetts
Department of Developmental Services

Elin M. Howe
Commissioner

www.mass.gov/eohhs/gov/departments/dds

Care.com
There for you

We’re here to help find caregivers who appreciate your family’s special needs.

www.care.com/RC
Wednesday, October 16 – Conference, Day One (cont.)

1D. A Trail to Respite, Support, Education: Creating Congregational Lifelines for Caregivers
Georgian Room (Mezzanine Level)

- Earl E. Shelp, Ph.D., Interfaith CarePartners, Houston, TX

Learn about free caregiver services based in over 100 congregations in greater Houston. Learn how these services that involve more than 6,000 individuals annually are created, operated, and sustained by Interfaith CarePartners whose programs have won multiple national awards. Free resources to guide a congregation or agency to adapt these model services to their locale will be discussed. Congregations can be a lifeline of high quality services for caregivers that benefit all.

1E. Respite for Heroes at Home
St. James Room (4th Floor)

- Jed D. Johnson, National Veteran Caregiver Training Program, Easter Seals, Washington, DC
- Bette Ouellette, Easter Seals NH, Merrimack, NH

With Vietnam era Veterans now turning 65, the prevalence of Military families supporting children with special needs, and post-9/11 era wounded warriors returning home, Service Members/Veterans and their families are increasingly in need of respite support. Respite providers may not be familiar with the unique needs and cultural experiences of these individuals and their families. This session will provide attendees with useful information and resources on how to better provide Respite for Heroes at Home.

1F. Shared Session:
Hancock Room (Mezzanine Level)

Anchoring and Expanding a Service Delivery System for Families and Their Members with Disabilities Through Respite Care Programs

- Linda Ellegard and Renae Isakson, Special Kids Special Families, Colorado Springs, CO

Respite Care can be the foundation for developing and building specialized supports for caregivers having individuals with developmental and other disabilities. Respite programs are in a position to assess needs of families. When basic needs are met, then families are positioned to address other concerns, such as health, wellness, socialization and networking. The programs of Special Kids Special Families center around a Respite Care Facility, and provide a continuum of care for all family members.

Overnight and Weekend Respite – Critical to a Family's Survival!

- Paula Kavolius, House of Possibilities, North Easton, MA

There is a reason why so little overnight respite is available for children despite a crushing need for assistance. Families struggling to hang on need a break but services are expensive to offer and difficult to sustain. The House of Possibilities in Easton, MA has had success because of effective partnerships, strategic alliances and visionary programming. This session will lay out the ingredients for success and give you tips for creating a recipe that will be just right for your community.
Wednesday, October 16 – Conference, Day One (cont.)

12:30pm – 1:15pm  LUNCH BUFFET ................................................................. Arlington Room/Georgian Room
1:15pm – 2:00pm  LUNCHEON SPEAKER ....................................................... Georgian Room
  • Jonathan Evison, New York Times Best Selling Author

Jonathan Evison is the author of three award winning novels including his most recent, The Revised Fundamentals of Caregiving. Jane Maslin of the New York Times called it “A most stealthily powerful novel...so poignant yet improbably funny.” The book tells the story of an unlikely caregiver, Ben, on a personal road trip with a young adult named Trevor who is in the advanced stages of Duchenne muscular dystrophy. Ben soon discovers that the endless service checklists have done nothing to prepare him for the reality of caring for a fiercely stubborn teenager who has an ax to grind with the world. By the end of that journey, Trev has had his first taste of love, and Ben has found a new reason to love life. Evison has written for National Public Radio, The New York Times, The Wall Street Journal, and Salon.

2:00pm – 2:30pm  BREAK

2:30pm – 3:45pm  WORKSHOPS – Session Two

2A. Got Respite? Ask – Plan – Do
Stuart Room (4th Floor)
  • Amy Clawson, B.A., University of Cincinnati, University Center for Excellence in Developmental Disabilities (UCEDD), Cincinnati, OH

This presentation will explore how the collaboration between regional programs, parent groups, and county boards of developmental disabilities has resulted in a major respite care awareness campaign in Southwest Ohio. The respite campaign titled, “Got Respite?” focuses on empowering family caregivers with knowledge and resources. The “Got Respite?” educational brochure, the awareness campaign and the collaborative relationships will be outlined and discussed using an interactive approach.

2B. Linking Families with Respite Providers: The Potential of Matching Service Registries
Hancock Room (Mezzanine Level)
  • Abby Marquand, M.P.H, Paraprofessional Healthcare Institute (PHI), Bronx, NY

One of the greatest challenges facing family caregivers is finding qualified paid caregivers to provide respite and other services. This session will describe the potential of Matching Service Registries (MSRs) – dynamic, up-to-date registries that match individuals and families with paid caregivers – for organizations and policymakers looking for better ways to support respite services. The presenter will provide a survey of the landscape of publicly-funded MSRs in the U.S. and discuss issues in implementation.
Wednesday, October 16 – Conference, Day One (cont.)

2C. Outcomes and Evaluation of Respite Programs Through the Lens of Social Role Valorization: A Brief Introduction to SRV and Its Impact on Meaningful Program Design and Evaluation
Stater Room (Mezzanine Level)

- MaryJo Alimena Caruso, M.Ed., CareBreak at the Watson Institute/Pennsylvania Lifespan Respite Coalition, Sewickly, PA
- Melissa C. Enfinger, M.S., Alabama Lifespan Respite Resource Network, Huntsville, AL

How do you define quality for your respite care program? What do people really want and need from our services? How does what we do, consciously and unconsciously, ultimately affect them and how do we measure the impact? This session will introduce the principles of Social Role Valorization (SRV), formulated by Wolf Wolfensberger, Ph.D. and demonstrate how they can be used by respite stakeholders to guide and inform respite program development, implementation, and evaluation.

2D. State Plan for Respite: Partners Mapping South Carolina’s Freedom Trail to Respite
White Hill Room (4th Floor)

- Kathy Mayfield-Smith and Susan Robinson, South Carolina Respite Coalition, Columbia, SC

South Carolina will share its experience in building partnerships across the lifespan to strategically map their state’s freedom trail to respite. They will describe how writing a strategic lifespan respite plan can bring a diverse group of stakeholders together, provide the structure to prioritize work, and create excitement for better coordination of services, even in an environment of reduced spending. It provides a road map for future work and a communication tool at all levels.

2E. The Elder Care Cliff 1.0: Challenging Caregivers to Survive and Thrive Beyond the A.E.D. (Adaptation Exhaustion Damage and Irrecoverable) Phases of Caregiving So They Do Not Lose Their Lives to Caregiving
Georgian Room (Mezzanine Level)

- Stella Nsong, RN, CMC, GDP, LTCIP, CAREgiving Institute, Painesville, OH

This session highlights the role of the family caregiver in the US health care system. The A (adaptation), E (exhaustion), D (damage and irrecoverable) phases of caregiving will be explored and participants will be able to identify which phase they are currently experiencing as they are challenged to view and embrace respite as an investment to caregiving. Participants will participate in a fun-filled exercise to design individualized respite care programs regardless of their budget. Participants will also learn how to use the SYNDROMETER, a tool for measuring caregiver stress so they do not lose their lives to caregiving.
2F. Veteran Directed Respite: Using Participant-Direction to Support Veterans and Their Caregivers
St. James Room (4th Floor)
• Merle Edwards-Orr, National Resource Center for Participant Directed Services, Chestnut Hill, MA
• Patrick O’Keefe, Veterans Health Administration, Washington, DC
Approximately 6,000 severely injured Veterans of recent conflicts are being cared for by family caregivers supported through a stipend offered by the Department of Veterans Affairs. Providing respite for these caregivers can be challenging given the needs of this Veteran population. Veteran Directed Respite is designed to maximize the Veteran’s control while supporting the caregiver. This presentation will describe the Veteran Directed Respite initiative and give early results of the program’s implementation.

3:45pm – 4:00pm BREAK
4:00pm – 5:15pm WORKSHOPS – Session Three
3A. Shared Session:
St. James Room (4th Floor)
A Revolution in Nebraska’s Respite System: A Look Back and a Journey Forward
• Charlotte Lewis, University of Nebraska, Lincoln, NE
• Sharon Johnson, Nebraska Lifespan Respite Network, NE Department of Health & Human Services, Lincoln, NE
Fourteen years since the passage of Nebraska’s original Lifespan Respite Network legislation, Nebraska has grown a Network model that provides inspiration to other states. Participants will take a look back at Nebraska’s Lifespan Respite history and then step into what Nebraska is doing now with the use of technology. Nebraska’s new eLifespan Respite System matches the provider skills with caregiver/care recipient needs, enhances collaboration between the Network’s six Respite Coordinators, and provides data that can identify gaps and barriers.

Freedom Trail to Respite: Ring-a-Ling – Building a Statewide Resource Line to Support Family Caregivers
• Elizabeth Harris, M.S.W., Division of Aging & Adult Services, Arizona Department of Economic Security, Phoenix, AZ
Learn the steps that the Arizona Caregiver Coalition took to establish a statewide Caregiver Resource Line (CRL), which has been integrated as part of Arizona’s “no wrong door” approach to serving families seeking supportive services. This resource was developed as part of the Lifespan Respite Program and now serves as the primary access point for statewide Respite Vouchers and the associated online Respite Registry for respite care providers and formal caregivers throughout Arizona.
Wednesday, October 16 – Conference, Day One (cont.)

3B. Collaborative Respite Care: A Team Approach for Children and Adults in Families Coping with Serious Illness
White Hill Room (4th Floor)

- Chris Frey, MSW, ACSW, LGSW, Frey and Tobin Counseling Associates, St. Louis, MO
- DiAnne Mueller, MS, LPC, St. Louis Crisis Nursery, St. Louis, MO

This workshop is an inspirational and practical guide to collaborative healthcare. To fully participate in state-of-the-art treatment, families coping with serious illness often require a care team that includes both informal and professional respite. DiAnne Mueller, LPC and CEO of the St. Louis Crisis Nursery, and Chris Frey, LGSW and Stage IV cancer survivor, provide a unique model for respite that combines their professional and personal experience.

3C. Respite and Children’s Behavioral Health: Families’ Needs and Policy Considerations
Hancock Room (Mezzanine Level)

- Deborah A. Fauntleroy, M.S.W., Parent/Professional Advocacy League, Boston, MA
- Christina Fluet, Massachusetts Department of Mental Health, Boston, MA

In 2012, the Parent/Professional Advocacy League and the Massachusetts Department of Mental Health surveyed families in Massachusetts who have children with behavioral health needs to better understand their perspectives about the value and benefits of respite and the challenges associated with accessing these services. The findings of the study suggest that there are many opportunities for state agencies, caregivers, and other stakeholders to collaborate on improving access and availability of respite services in Massachusetts. This presentation will explore those opportunities.

3D. Leveraging Community Connections for Sustainable Respite and Caregiver Support
Georgian Room (Mezzanine Level)

- Jeffrey A. Keilson, Ashley Hall, and Alex Jean-Baptiste, Advocates, Inc.

How can community connections and resources best be leveraged to sustain respite and other caregiver supports? Learn how Advocates, Inc has handled this challenge throughout work with elders and individuals with disabilities of all ages and their caregivers. This discussion will review specific strategies for securing funding and other community resources, including collaboration with faith-based organizations that support respite within a continuum of services, along with guidance for developing culturally competent respite services.
3E. Making the Link: Connecting Caregivers with Community Resources  
Stuart Room (4th Floor)  
- Mary Chaput and Jennifer Sloan, Anne Arundel County Maryland Department of Aging and Disabilities, Annapolis, MD  
The Making the Link program through the Anne Arundel County Maryland Department of Aging and Disabilities works to raise awareness among healthcare providers, emergency personnel, and other members of the community, about caregiving issues and network services. Making the Link can be replicated to meet the needs of your local area. Workshop attendees will have the opportunity to discuss their particular needs and brainstorm resources and support services available in their locale.

3E. Shared Session:  
Statler Room (Mezzanine Level)  
Enhanced Respite for Children with Autism and Behavioral Challenges: Program Development Considerations with Family-Centered Strategies  
- Sharon M. Francis, Channel Islands Social Services, Camarillo, CA  
This workshop will focus on practical strategies in developing and running a successful, family-centered, in-home behavioral respite program for children and teens with developmental disabilities who are at risk of out-of-home placement due to behavioral challenges.

Community Connections: The Impact is Evident  
- Melissa Murphy, MA, LHMC, LMF, and Carolyn Griffin, LUK, Inc., Fitchburg, MA  
Respite is a service in which support is provided to a youth and his/her family which offers short breaks to both the youth and caregiver. Respite services are provided for youth with individualized needs, such as, but not limited to: emotional/social/behavioral concerns, developmental delays and Autism Spectrum Disorders, lack of adult role models, and support to participate in pro-social community-based activities. LUK, Inc., provides families with quality hourly respite services that are responsive to the needs of families, are reliable, flexible, and strengthen families, children, and youth. Hourly respite care is an essential part of the overall support that families may need to preserve the family unit and to support placement permanency.
“Be ashamed to die until you have won some victory for humanity.”
~ Horace Mann

Horace Mann Educational Associates

HMEA Administrative Office
8 Forge Park East
Franklin, MA 02038

telephone: 508.298.1100
fax: 508.298.1400
email: hmea@hmea.org
web: www.hmea.org

The Massachusetts DD Council (MDDC) congratulates Massachusetts Lifespan Respite Coalition staff for three years of successful leadership in building a sustainable statewide lifespan respite coalition. We look forward to continuing our partnership.

Julie M. Fitzpatrick
Chairperson
Daniel M. Shannon
Executive Director

Please visit our exhibit tables from 8:00am to 5:00pm in the Berkeley and Clarendon Rooms (Mezzanine Level).
Thursday, October 17 – Conference, Day Two

7:30am – 5:00pm  
Registration/Help Desk ___________________________ Mezzanine Level (Second Floor)

7:30am – 9:00am  
BREAKFAST BUFFET _______________ Arlington Room/Georgian Room (Mezzanine Level)

9:00am – 9:30am  
KEYNOTE SPEAKER______________________________ Georgian Room

- Richard C. Antonelli, Medical Director of Integrated Care and Physician Relations and Outreach Boston Children’s Hospital, Boston, MA

Dr. Antonelli is on the faculty of Harvard Medical School in the Department of Pediatrics. He is a member of the Project Advisory Committee of the National Center for Medical Home Implementation at the American Academy of Pediatrics. He served on the Steering Committee for Care Coordination at the National Quality Forum. Since care coordination is so central to the effective transformation of the American health care system, Antonelli’s work has been used for both adult and pediatric health care delivery systems. Dr. Antonelli also has personal experience as a family caregiver of his mother.

9:30am – 10:30am  
Lifespan Respite Plenary Panel _________________________________ Georgian Room

Sustaining Lifespan Respite Programs: Successful Strategies in Economically Challenging Times

- Moderator: Jill Kagan, Program Director, ARCH National Respite Network and Resource Center
- Greg Link, Aging Services Program Specialist, Administration on Aging, Office of Supportive and Caregiver Services, Administration for Community Living, U.S. Department of Health and Human Services
- Alicia Blater, M.S., APR, Family Caregiver Support Program Consultant, Lifespan Respite Project Director, NC Division of Aging and Adult Services;
- Joyce Pohlman, Grants Coordinator, Access & Intake Division, Texas Department of Aging and Disability Services; and
- Ellen Nau, Human Services Program Coordinator, Virginia Department for Aging and Rehabilitative Services, Division for the Aging

State aging or disability government agencies are recipients of Lifespan Respite grants from the Administration for Community Living/Administration on Aging to establish statewide systems to improve respite care access for family caregivers of individuals of any age with a disability or chronic condition. States are encouraged to develop sustainability plans to ensure that program activities continue once the federal funding has ended. At the heart of Lifespan Respite projects are partnerships between the state agency, a statewide respite coalition, other state partners, and Aging and Disability Resource Centers. Many states have excelled at collaboration and are well on their way to sustaining efforts utilizing a variety of strategies. This workshop will provide background on the Lifespan Respite Program, elaborate on successful sustainability strategies, and provide state examples of successful Lifespan Respite grant activities and sustainability efforts.
Thursday, October 17 – Conference, Day Two (cont.)

10:30am – 10:45am  BREAK

10:45am – 12:00pm  WORKSHOPS – Session Four

4A. Respite Registries: Connecting Families with the Respite Workers They Need - From East to West, Two States Share Their Experiences
Stuart Room (4th Floor)
- Elenore M. Parker and Jeffrey A. Keilson, Rewarding Work Resources, Inc., Brookline, MA
- Sharon Kaiser, RN, BS, New Hampshire Dept of Health & Human Services, Concord, NH
Family caregivers in every state and across the lifespan continue to need respite workers who can give them a short break. When caregivers do not have family or friends available, locating the right worker can be difficult and time consuming. An up-to-date listing of ready and willing workers helps families find respite they need. This presentation will describe the experiences of two states in developing a respite registry as a resource for the family caregiver.

4B. Respite Now: Self Care for Caregivers
St. James Room (4th Floor)
- Derik Newton, LMT, South Boston Yoga, Boston, MA
- Emily Jean Davidson, MD, MPH, Down Syndrome Program, Boston Children’s Hospital, Boston, MA
This seminar will allow participants to experience respite right in the midst of the conference. Led by Emily Jean Davidson, MD, MPH, RYT, Clinical Director of the Boston Children’s Hospital Down Syndrome Program along with Derik Newton, LMP, a licensed massage therapist, bodyworker, and reiki provider, this session will include a 25-minute chair yoga session (appropriate for all), deep relaxation meditation, massage and discussion on supporting self-care during formal respite and daily life.

4C. On the Trail in Florida: One State’s Approach to Family Caregiver Supports
Georgian Room (Mezzanine Level)
- Jean Sherman, Family Care Council Florida and FCC-10; University of Miami Miller School of Medicine, Mailman Center UCEDD; Miami Area Geriatric Center (MAGEC), Pembroke Pines, FL
This session will introduce attendees to Florida’s “Family Care Council” (FCC) concept. It will describe the 20-year history of the FCC, the role and function of the fifteen local councils in supporting families, and the impact of the statewide council (FCCF) in advocating for and impacting services and policies for families and individuals with I/DD. The potential benefits of using this model for other family caregiver groups will be proposed and discussed.

Please visit our exhibit tables from 8:00am to 5:00pm in the Berkeley and Clarendon Rooms (Mezzanine Level).
Thursday, October 17 – Conference, Day Two (cont.)

4D. Prepare to Care: Training Resources and Support Options for Informal and Formal Caregivers
Hancock Room (Mezzanine Level)
- Sue Pratt, Tripp Memorial Foundation, Greenfield, MA
- Lisa Gurgone, MA Council for Home Care Aide Services, Belmont, MA
In most cases, when caring for a person with a chronic condition, responsibilities increase over time. As the condition progresses, the number of hours, intensity of activity, and skills required also progress. Too often caregivers become overwhelmed, isolated and allow their own needs to go unmet. Lisa Gurgone, Executive Director of the Mass Council for Home Care Aide Services, and Sue Pratt, Director of Tripp Community Care Collaborative, will present options for established formal supports for informal caregivers.

4E. Emergency Respite as a Service Delivery Option: The Illinois Respite Coalition Model for Illinois
White Hill Room (4th Floor)
- Lois Sheaffer Kramer, Marklund Organization and the Illinois Respite Coalition Board, Bloomingdale, IL
The emergency respite system for Illinois is the result of a collaborative effort between the Illinois Department of Aging (IDOA), Illinois Respite Coalition (IRC) and the Illinois Department of Children and Family Services (IDCFS). The system was developed to streamline the application process, approval process, and locator for services so that caregivers in crisis could receive approval for funding within 48 hours of request. This session will detail the process of implementation as well as the plan to diversify funding sources.

4F. Lifespan Respite for All Ages: Priorities for Improving Respite Services in Ohio
Statler Room (Mezzanine Level)
- Miriam Rose, M.Ed. and Linda S. Noelker, Ph.D., Benjamin Rose Institute on Aging, Cleveland, OH
Respite is a high-priority issue for family caregivers who provide long-term services and supports for individuals of all ages with disabilities or chronic conditions. Reports from five regional Respite Summits in Ohio, attended by a total of 288 persons, covered common themes, such as respite availability and funding, and differences, such as perspectives of caregivers of children and of older adults. Public policy related to respite services and program design must accommodate these concerns.

12:00pm – 12:30pm BREAK
12:30pm – 1:15pm PLATED LUNCH ___________________________________________ Georgian Room

Please visit our exhibit tables from 8:00am to 5:00pm in the Berkeley and Clarendon Rooms (Mezzanine Level).

20 15th National Lifespan Respite Conference
The Massachusetts Rehabilitation Commission promotes equality, empowerment and independence of individuals with disabilities.

The MRC is proud to be a sponsor of the 2013 National Lifespan Respite Conference.

Massachusetts Rehabilitation Commission

Charles Carr
Commissioner

www.mass.gov/eohhs/gov/departments/mrc

The Freedom Trail to Respite
Thursday, October 17 – Conference, Day Two (cont.)

1:15pm – 2:30pm  Respite Research Plenary Panel

- Moderator: Emily Kearns, PhD, President of Kearns Consulting
- Judith G. Gonyea, PhD, Professor and Chair, Social Research Department, School of Social Work, Boston University
- Joan Hyde, PhD, CEO, Co-President Massachusetts Gerontology Association, Ivy Hall Senior Living and UMass Boston Gerontology Institute
- Additional panelist to be announced

Boston is known for its prestigious academic and research institutions, so we are pleased to present this panel of local scholars with national reputations who are conducting research on various aspects of respite and caregiving. They represent a range of disciplines and bring a diversity of approaches to this field of study. Panel members will share the status of and findings from their most recent and ongoing research efforts.

2:30pm – 3:00pm  BREAK

3:00pm – 4:15pm  WORKSHOPS – Session Five

5A. Coaching Family Caregivers Along the Freedom Trail to Respite

- Susan M. Robinson, LMSW, South Carolina Respite Coalition, Columbia, SC

The purpose of this session is to present strategies to foster understanding of caregiver needs, extend the education outreach of respite organizations, and develop sustainable respite options. The presentation will share materials for teaching faith community gatekeepers methods to build circles of support around caregivers while coaching caregivers on the importance of respite, how to accept help and build their own respite networks.

5B. Development and Implementation of a Coalition Strategic Plan

- Pat Lucbkowsky, Chair, Ohio Respite Coalition, Easter Seals of Ohio, Huron, OH
- Jessica Hawk, Family Voices of Ohio, Chillicothe, OH

This session will focus on sustaining the respite coalition into the future through development and implementation of a strategic plan. In 2012, Ohio spent an entire year in the development of a strategic plan. Learn the process used for developing the plan, and more importantly, the process used for implementing it. There will be real life examples of successes and activities.

5C. Freedom From Abuse: Addressing Risk & Response in Respite

- Leslie Atkinson, Executive Director, Safeguards Training for Children and Adult Services, Richmond Hill, Ontario, Canada

The issue of abuse in respite is quite controversial as research shows that any vulnerable person in an isolated setting is at increased risk. Learn why there is increased risk and how respite providers
and organizations can address vulnerabilities and reduce the risk in tangible ways. Equally important is recognizing the signs of abuse (physical, emotional and behavioral) and how best to respond. Come prepared to discuss scenarios and share solutions.

5D. “Experienced” Respite Volunteers: Using Senior Companions Volunteers for Respite
Hancock Room (Mezzanine Floor)

- Jennifer Abernathy, Executive Director, Tennessee Respite Coalition, Nashville, TN

The Senior Companions Program, funded through the Corporation for National and Community Service, is a model of how to engage volunteers over 55 years old to provide respite. The program utilizes community partners to help manage the program and extend the reach of the volunteers. This session will review the basic structure of the program, how it can be used to provide respite to caregivers, and how to find this resource in your local area.

5E. Caregiver Characteristics Associated with Use of Respite Care: Results from a Texas 2012 Statewide Survey
St. James Room (4th Floor)

- Alison Little, MPP, Texas Health and Human Services Commission
- Kristin Christensen, MSSW, Ray Marshall Center for the Study of Human Resources, LBJ School of Public Affairs, The University of Texas at Austin
- Tenaya Sunbury, PhD, Texas Health and Human Services Commission

Evaluators of the Texas Lifespan Respite Care Program (TLRCP) will discuss the analyses and findings from a survey of caregivers (N=2,649) conducted in 2012. Variables collected in the survey included race, sex, age, disability of person cared for, hours of caregiving, agreement with positive and negative statements related to respite care, and whether the respondent had received help in finding respite care, among others.

5F. Providing Respite to US Army Families
Georgian Room (Mezzanine Level)

- Eddie Stephens, Director, Operations, Training and Resources Support Services (OPTARSS II), Strategic Resources, Inc. (SRI), McLean, VA

Strategic Resources, Inc will discuss how they came to be selected by the United States Army as the contractor for the Exceptional Family Member Respite Care Program (EFMP Respite). Participants will learn about the respite services available to ARMY families across the United States, how SRI assists them in accessing quality respite services, and how Lifespan Respite programs, state coalitions and other respite providers may be able to support these efforts.

4:15pm – 4:30pm BREAK
4:30pm – 5:00pm Raffles and Closing Ceremony _________________________________ Georgian Room

Join us for the Closing Ceremony on Thursday, October 17 at 4:30pm in the Georgian Room! Fabulous raffle prizes include a Gift Certificate for a 2 night stay at the Regent Palms Turks and Caicos, an iPad and more! You must be present to win!
Mission Statement
To promote and support access to quality respite care options that enhance the lives of individuals and families with special needs throughout the lifespan.

Vision Statement
Throughout Massachusetts, every individual, caregiver, or family needing respite services will have access to a seamless, statewide system that provides quality, individualized respite services that meet their needs.

Definition of Lifespan Respite
Lifespan Respite is a coordinated system that provides person-centered and community-based planned or short term relief to primary caregivers from the demands of the ongoing responsibilities of caring for an individual with special needs regardless of age, race, ethnicity, or situation. Special needs include any disability, any chronic or terminal physical, emotional, or mental health condition or family circumstance, requiring ongoing or crisis care and supervision.

Guiding Principles
- Every family is entitled to a highly qualified, trustworthy respite provider
- Every respite provider should aspire to respect and embrace cultural diversity
- Respite services should support families in building strength and maintaining diversity

Grant Advisory Board
Christine Alessandro, Executive Director
BayPath Elder Services, Inc.

Sheila Donahue-King, State Coordinator
Massachusetts Family Caregiver Support Program
Executive Office of Elder Affairs

Rosalie Edes, Assistant Secretary
Disability Policies & Programs
Executive Office for Health & Human Services

Emily Davidson, M.D., Director
Down Syndrome Program
Assistant in Medicine, Complex Care Services
Children’s Hospital Boston

Mary Grant, Clinical Director
Long Term Services and Support at Commonwealth of Massachusetts/Mass Health
MassHealth Office of Long Term Services and Supports

Margaret Van Gelder, Director of Family Support
Office of Policy, Planning & Children’s Services
Department of Developmental Services

Liz Fancher, Program Specialist
MA Developmental Disabilities Council

Virginia Morse, Advocacy Coordinator
Greater New England Chapter
National Multiple Sclerosis Society

Amy Nazaire, MLRC Project Director
Regional Director of Family Support & Children’s Services
Department of Developmental Services – Northeast Region

Michael Oliver
MLRC Consultant

Joan Kelly Rafferty, OTR/L
MLRC Project Coordinator
The mission of the ARCH National Respite Network and Resource Center is to assist and promote the development of quality respite and crisis care programs; to help families locate respite and crisis care services in their communities; and to serve as a strong voice for respite in all forums.

The ARCH National Respite Network includes the National Respite Locator, a service to help caregivers and professionals locate respite services in their community, the National Respite Coalition, a service that advocates for preserving and promoting respite in policy and programs at the national, state, and local levels, and the Lifespan Respite Technical Assistance Center which is funded by the Administration for Community Living, Administration on Aging (AoA) in the US Department of Health and Human Services.

ARCH was established with funding from the US Children’s Bureau in 1990. The first respite conference was sponsored by the Children’s Bureau with ARCH’s assistance in the fall of 1991 in Washington, DC. In 1998, ARCH became the main sponsor of the annual national respite conference with state respite coalition collaboration. In 2004, ARCH turned to affiliated state respite coalitions to take the lead on hosting the annual conference, making it a true National Respite Network annual event supported by its grassroots membership.

ARCH, which stands for Access to Respite Care and Help, is a project of the Chapel Hill Training Outreach Project, Inc., Chapel Hill, North Carolina.

### ARCH Advisory Committee for the Lifespan Respite Technical Assistance Center

<table>
<thead>
<tr>
<th>State Representatives</th>
<th>National Representatives</th>
</tr>
</thead>
<tbody>
<tr>
<td>Java Bennett</td>
<td>Annie Acosta</td>
</tr>
<tr>
<td>Alabama Respite/UCP of Huntsville &amp; Tennessee Valley Huntsville, AL</td>
<td>The Arc Washington, DC</td>
</tr>
<tr>
<td>David A. Besst</td>
<td>Jennifer Dexter</td>
</tr>
<tr>
<td>AZ Department of Economic Security Division of Aging &amp; Adult Services Phoenix, AZ</td>
<td>Easter Seals Washington, DC</td>
</tr>
<tr>
<td>Alicia Blater</td>
<td>Diane Elmore, PhD, MPH</td>
</tr>
<tr>
<td>NC Division of Aging and Adult Services Raleigh, NC</td>
<td>National Center for Child Traumatic Stress – Duke University Washington, DC</td>
</tr>
<tr>
<td>Amy Nazaire</td>
<td>Lynette Fraga</td>
</tr>
<tr>
<td>MA Department of Developmental Services – Northeast Region Hathorne, MA</td>
<td>Child Care Aware Arlington, VA</td>
</tr>
<tr>
<td>Jennifer Rosenbaum</td>
<td>Robyn Golden, LCSW</td>
</tr>
<tr>
<td>NY State Office for the Aging Albany, NY</td>
<td>Older Adult Programs Rush University Medical Center Chicago, IL</td>
</tr>
<tr>
<td>Hilari Hauptman</td>
<td>Kathy Kelly</td>
</tr>
<tr>
<td>Aging and Disability Services Administration WA Department of Social and Health Services Olympia, WA</td>
<td>Family Caregiver Alliance San Francisco, CA</td>
</tr>
<tr>
<td>Maureen McCloskey</td>
<td>Jai Lent</td>
</tr>
<tr>
<td>Paralyzed Veterans of America Washington, DC</td>
<td>Generations United Washington, DC</td>
</tr>
<tr>
<td>Kim Musheno</td>
<td>Maureen McCloskey</td>
</tr>
<tr>
<td>Association for University Centers on Disabilities Silver Spring, MD</td>
<td>Paralyzed Veterans of America Washington, DC</td>
</tr>
<tr>
<td>Laurel Stine, J.D. American Psychological Association Washington, DC</td>
<td>Kim Musheno Association for University Centers on Disabilities Silver Spring, MD</td>
</tr>
<tr>
<td>Laura Weidner</td>
<td>Jennifer Rosenbaum</td>
</tr>
<tr>
<td>National Multiple Sclerosis Society Washington, DC</td>
<td>NY State Office for the Aging Albany, NY</td>
</tr>
<tr>
<td></td>
<td>Jennifer Besst</td>
</tr>
<tr>
<td></td>
<td>Alabama Respite/UCP of Huntsville &amp; Tennessee Valley Huntsville, AL</td>
</tr>
<tr>
<td></td>
<td>Arizona Department of Economic Security Division of Aging &amp; Adult Services Phoenix, AZ</td>
</tr>
<tr>
<td></td>
<td>National Respite Locator</td>
</tr>
<tr>
<td></td>
<td>National Respite Coalition</td>
</tr>
<tr>
<td></td>
<td>Lifespan Respite Technical Assistance Center</td>
</tr>
</tbody>
</table>

www.archrespite.org
Massachusetts Lifespan Respite Coalition
Conference Planning Committee

Karen Baker, LICSW, MSW
Huntington’s Disease Society of America

Patricia M. Cox, Administrative Coordinator
Aging and Disability Resources Consortium of the Greater North Shore

Sheila Donahue-King, State Director
Massachusetts Family Caregiver Support Program
Executive Office of Elder Affairs

Barbara Donati
Family TIES – Central Region Coordinator
Massachusetts Department of Public Health

Liz Fancher
Program Specialist
Massachusetts Developmental Disabilities Council

Karen Forni
Family Caregiver Support Program Manager
Elder Services of the Merrimack Valley

Marylouise Gamache
ADRC Project Manager
Executive Office of Elder Affairs

Jennifer Rose Gevry
Northeast Area Director
Seven Hills Family Services

Denise Guilbeault, LICSW
MA Department of Public Health

Ashley Hall
Shared Living and Supported Home Care Advocates, Inc.

Emily Kearns, PhD
President of Kearns Consulting

Nancy McDonald, CFO
Horace Mann Educational Associates

Cynthia Miller
Executive Office of Health and Human Services
Director of Interagency Disability Planning and Placement

Amy Nazaire
MLRC Project Director
Director of Family Support & Children’s Services
Department of Developmental Services Northeast Region

Brenda Nazaire-Coulanges
Multi-Service Providers Concierge Service

Michael Oliver
MLRC Consultant

Elenore Parker, President and Co-founder
Rewarding Work Resources, Inc.

Joan Rafferty, OTR/L
MLRC Project Coordinator

Nina Sable
BayPath Elder Services, Inc.

Dorothy Slack
Old Colony Elder Services

David Simione
Family Support Coordinator
The Arc of Bristol County

Lianna Sours
Case Manager
Seven Hills Family Services

Mary Castro Summers, Program Director
Family TIES of Massachusetts

Linda Ungerleider
MLRC Consultant
National Conference Planning Committee

**Alabama Lifespan Respite Network**
Java D. Bennett
United Cerebral Palsy Huntsville
Huntsville, AL

**Arizona Caregiver Coalition**
Bonnie Danowski
Scottsdale, AZ and
David Bess
AZ Dept. of Economic Security
Division of Aging and Adult Services
Phoenix, AZ

**California Respite Association**
Mike Huckins, Association President
Sacramento, CA

**Delaware Lifespan Respite Care Information Network and DE Caregiver Coalition**
Nancy Ranalli
Easter Seals Delaware & Maryland ‘s Eastern Shore
New Castle, DE

**Massachusetts Lifespan Respite Coalition**
Joan Rafferty
Amy Nazaire
Mike Oliver

**Ohio Respite Coalition**
Pat Luchkowsky, Coalition President
Easter Seals of Ohio
Huron, OH

**Benjamin Rose Institute on Aging**
Miriam Rose and
Linda S. Noelker, PhD
Cleveland, OH

**Pennsylvania Respite Coalition**
MaryJo Alimena Caruso
Carebreak, Watson Institute
Sewickley, PA

**South Carolina Respite Coalition**
Kathy Mayfield Smith, MBA, MA
President, SC Respite Coalition
Institute for Families in Society
University of South Carolina
Columbia, SC

**Tennessee Respite Coalition**
Jennifer Abernathy
Nashville, TN

**Lifespan Respite Washington**
Linda J. Porter
Seattle, WA

**ARCH National Respite Network**
Maggie Edgar
Seattle, WA

Jill Kagan
Annandale, VA

---

15th National Lifespan Respite Conference
October 15 to 17, 2013 ~ Boston
Conference Sponsors

Platinum
Strategic Resources, Inc.

Silver
Care.com
Horace Mann Educational Associates (HMEA)
Massachusetts Department of Developmental Services
Massachusetts Department of Mental Health
Massachusetts Developmental Disabilities Council
Massachusetts Rehabilitation Commission

Copper
Baystate Health
The Seven Hills Foundation

Bronze
Massachusetts Commission for the Blind
Massachusetts Executive Office of Elder Affairs
Tennessee Respite Coalition

Friend of Respite
Arizona Caregiver Coalition
Benjamin Rose Institute on Aging
Berkshire County Arc
California Respite Association
Fletcher Tilton PC
Greater Lynn Senior Services
Old Colony Elder Services

Donors
Outside the Box Studio
Respite, Inc.