



Interfaith CarePartners®

www.InterfaithCarePartners.org

Congregational Respite Services

- **Strategies**
- **Barriers**
- **Suggestions for Success**



A History of Volunteer Caregiving

- ❑ **Concept and Model Conceived in 1985**
- ❑ **Program Start in 1986**
- ❑ **Experience in Houston, Texas and Other Urban and Rural Communities**
- ❑ **Described Selected Practices Not ‘Prescriptive’**
- ❑ **Flexibility and Adaptability Are Strengths**



Preview

- **Justification**
- **Potential less than number of congregations**
- **Recruitment of providers and caregivers**
- **Structural and operational considerations**
- **Relationship building – respite and more**
- **Quality assurance**
- **Sustainability (key elements)**



Justification



- Theological
- Need

Potential



- Less Than Census of Congregations
- Complicating Factors

Recruitment



- Access
- Recruitment of Respite Providers
- Recruitment of Caregivers

Structural and Operational Considerations

- ❑ **Team versus single providers**
- ❑ **Orientation, training, continuing education**
- ❑ **Supervision**
- ❑ **Boundary setting**
- ❑ **In-reach versus out-reach**



Respite and More



- **Priority of relationships, not tasks**
- **Respite is one many benefits from the relationship**
- **Goals**
- **Dignity, self-esteem, quality of life of direct beneficiaries of care**
- **Self-determination, creation of choices**
- **Safety and welfare**

Quality Assurance



- Accountability
- Supervision of clinical trainees
- Risk management



Sustainability

- ❑ **Lay commitment**
- ❑ **Suitable recipients of care**
- ❑ **Sense of reward for care providers**
- ❑ **Clergy support**
- ❑ **Back up – where to go for help**
- ❑ **Recognition**
- ❑ **Basis in faith/discipleship**



Evidence-based Service



“An effective tool in supporting impaired and frail elders in the community. In addition, the program provides a volunteer experience which enables participants to be effective and enjoy their work.”

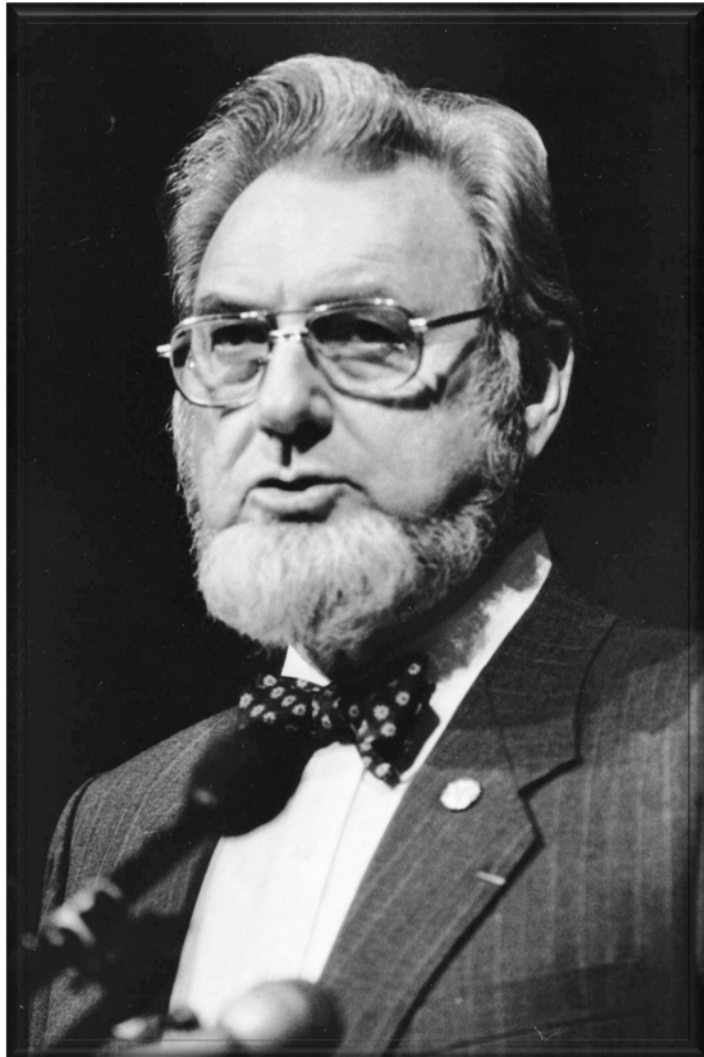
Cache Steinberg, Ph.D.

Care Team Program Evaluation: Final Report





Replication



“If it would be possible to take what you’ve done to other parts of the country, we would see networks such as you have here spring up all over the land.”

C. Everett Koop, M.D.



Congregational Caregiving: Guidance for Caregiving Teams

- ***Caregiving Team Ministry: A Manual for Congregations***
 - Information on how to create and conduct a team within a single congregation or collaborative efforts among congregations as a community caregiving program.

- ***Caregiving Team Toolkit: A Resource for Building a Strong Team***
 - Provides practical guidance on the day-to-day activities of a caregiving team, and how to respond to challenges in caregiving.

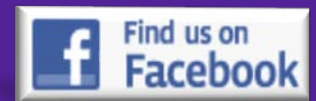
- ***Caregiving Team Curriculum: Education for Caregiving Teams***
 - Provides 36 modules to educate, equip and train teams. Included are leadership development, team building, and caregiving strategies and techniques.





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