

In Tune With Respite

One State's Experience
Integrating Respite Into
Health Care Reform

National Respite Conference | Nashville, TN | October 8, 2014



Purpose

To share South Carolina's experience in building strong partnerships across the lifespan to strategically “get their state's key stakeholders in tune with respite” specifically by working to integrate a respite/caregiver focus into other systems change efforts (e.g., healthcare reform, statewide long-term care initiatives, agency training initiatives, aging and disability partnerships).

Objectives

- Understand partnerships across disability, aging, and long-term care initiatives to integrate a respite and caregiver focus in multiple health reforms
- Identify and explore strategies to integrate a respite into other systems change efforts, e.g., health care reform, respite care training, and statewide LTSS initiatives.
- Utilize lessons learned develop effective strategies to promote a coordinated lifespan respite system as part of the larger healthcare system.



SC Lifespan Respite Program

Background - Initial LR funding in 2009

Primary Partners

- Lt. Governor's Office on Aging/ADRC
- SC Respite Coalition (SCRC)
- Family Connection of SC

State Advisory Council

- Advisory, planning, outreach/awareness

Regional Advisory Councils being developed

SCRC Board of Directors



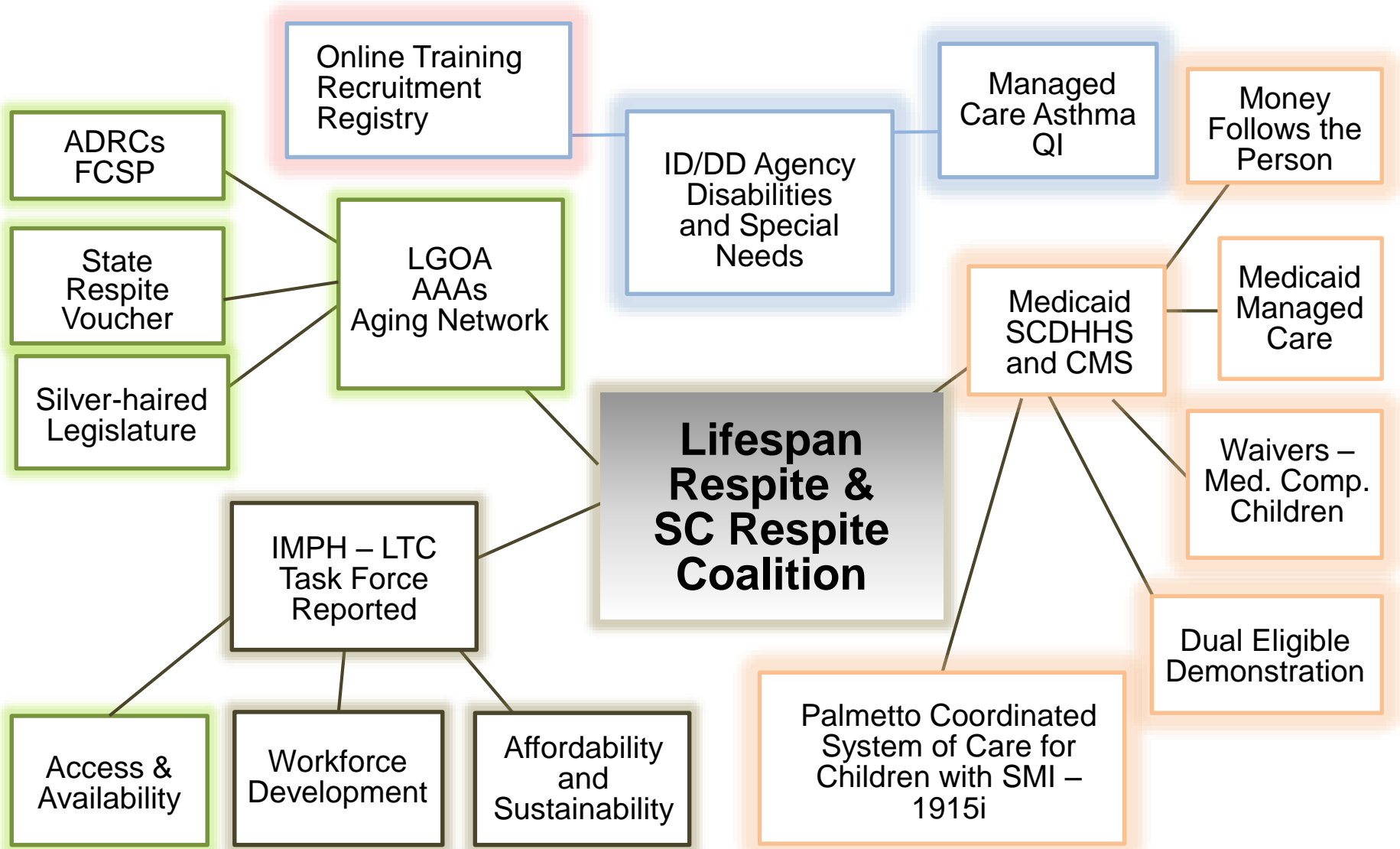
Opportunities

- Health Care Reform – ACA
- Medicaid Expansion or not
- Balanced Incentive Program or not
- Medicaid and Medicare quality initiatives and other external forces.
- Rebalancing LTSS Initiatives
- Statewide long-term care or other task forces
- State demonstration projects for dually eligible people or other populations
- Mental health initiatives

Opportunities

- South Carolina, like many states, is preparing for the many changes in health care driven by implementation of the Affordable Care Act (ACA).
- These changes provide many opportunities for State Respite Coalitions and Lifespan Respite Grantees to infuse respite into key discussions and short and long-range initiatives.
- Respite care is an **essential healthcare service** and must be included in any initiative to enable caregivers of children and adults with disabilities or special health care needs to continue to care for their loved ones at home.

SC's Long-Term Care Initiatives



LTC Initiatives and Respite

- LGOA – ADRCs – FCSPs
 - ADRCs/FCSPs
 - State Respite Voucher
- Silver-Haired Legislature
 - Develops/presents legislative agenda to SC Legislature for people 60+
 - Respite included in 2015 priorities

Rebalancing – LTC Initiatives (cont.)

- Institute of Medicine - Public Health LTC Task Force
 - 3 Workgroups
 - Access and
 - Workforce Development
 - Financing
 - Report to State Medicaid Director to Governor
 - State Lifespan Respite Recommendations included in Caregiver Sub-report
- Medicaid (CMS) – SCDHHS
 - Money Follows the Person (MFP)
 - Medicaid Managed Care
 - Dual Eligible Demonstrations
 - HCBS Waivers



Rebalancing – LTC Initiatives (cont.)

- Palmetto Coordinated System of Care (1915i)
- SC Department of Mental Health – SAMHSA
- SC Department of Disabilities and Special Needs (ID/DD State Agency)
 - Changes in Home Care Rules (ACA)
 - Contract with SCRC
 - Online training modules (families and providers in self-directed respite program)
 - Recruitment
 - Registry





Summit – Respite for the Lifespan

- Statewide Summit held June 18, 2014
- Brought together: Policymakers, state agencies, providers, family caregivers, advocates
- Objectives:
 - Forum for discussion – Put focus on **RESPITE**
 - Increase awareness of the SCRC and Lifespan Respite movement
 - Broaden partnerships – recruit members
 - Motivate to action

What Can You Do?

- Do you know about and serve on state advisory committees?
What kind? MCAC, MH Adv. Committee, ID/DD Commission, Aging or LTC Task Force
- Do you have Boards or Directors, State Advisory Committees, etc.? Do you have representatives from LTC initiatives on these committees?



What Can You Do?

- Get a seat at the table.
- Use your partners.
- Think like a business, not just an advocate.
- Be ready with a proposal.
- Have a consistent message.
- Infuse respite into key discussions and short, and long-term initiatives.



Questions?

Contact

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