Elevating Partnership & Collaboration Between your Respite Coalition & Lifespan Respite Grantee

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OUR “Elevator Speech”

The North Carolina Respite Care Coalition is a non-profit grassroots network of parents, family caregivers, providers, and representatives from organizations whose priority is to expand and enhance respite services available to families throughout the lifespan.
The mission of the North Carolina Respite Care Coalition is to promote and support a statewide quality intergenerational respite care system.
Vision Statement

Throughout North Carolina there is an established sustainable network that meets the respite needs of families, caregivers, and individuals across the lifespan.
Value Statement

Respite care enhances the quality of life for the caregiver, their loved one and their community through timely, temporary care. Providing the balance to maintain a healthy approach to caregiving supports families across the lifespan. The NCRCC unites providers, caregivers and communities in growing quality lifespan respite care in North Carolina.
Membership Benefits

• Collaboration
• Advocacy
• Access to resources
• Updates nationally and locally
• Increased public awareness
• Funding and grant opportunities
• Platform for the exchange of ideas and best practices
• Affiliate Logo for members’ use
Benchmarks from the Past

• Formed in 1997
• Originally with the support and under the umbrella of Easter Seals UCP.
• Founding director, Phyllis Stephenson.
• Began by holding meetings, sponsoring conferences, and networking in order to provide information, advocacy, and education.
NC’s Grant History

• 2009 Lifespan Respite Care Grant – Initial Funding to States
• 2011 Expansion Supplement Programs
• 2012 Building Integrated & Sustainable Programs
• 2014 Building Long-term Sustainability in State Programs
• 2016 Expansion Supplement for Direct Service
History of Contracting with Coalition

• Each grant and/or grant year includes specific scope of work for NCRCC
  – Participating on Project Advisory Team and associated workgroups
  – A deliverable such as a report/brief paper
  – Administration of consumer-directed respite vouchers
  – Partnership in messaging or outreach
What Does NCRCC Need to Make This Happen?

- Mileage reimbursement
- Marketing, conference exhibit materials
- Part-Time administrative staff
- Association and Filing fees
- Website design and updates
- Software
- Postage and supplies
- Access to the state contracting process
Notable Early Contributions

• In 2008, through the Federal Lifespan Respite Grant, NCRCC partnered with the NC Division of Aging and Adult Services (NC DAAS) in an effort to expand and enhance respite.
  – Produced and distributed a volunteer respite training manual
  – Promoted the state’s “Just One More” initiative to add or enhance a respite program in each NC county
  – Compiled statewide database of NC respite programs
  – Began work to highlight the issue of cultural diversity that can result in barriers to respite
Transition Begins in 2013

• Founding director accepted new career opportunity and was unable to continue in leadership role with NCRCC
• NCRCC became completely independent of Easter Seals UCP
• Board begins strategic planning process to determine next steps
WE BEGAN BY POLISHING OUR IMAGE

THEN

NOW
New Interactive Website
Who Are We?

The North Carolina Respite Care Coalition is a grassroots network of parents, family caregivers and professionals in the field of respite care as well as government funding representatives and others from across the state who have an investment in family support services.

The coalition began in 1997 with a small group of people interested in forming a network and making respite care known and available to all in our state who need it. Today NCRCC operates as a 501(c)3 not-for-profit corporation. Respite care can be needed at any time by anyone, across the lifespan. From parents who need care for their child while they are hospitalized to a spouse who needs relief from the constant care of an Alzheimer’s patient, there are many instances in which respite care can help a stressful situation.

Respite care can be provided in many ways by volunteers, in the faith community and by human service agencies. The NCRCC would like all these resources to be known and available. The coalition would like to increase funding for this care and look for new ways to provide it.

NCRCC Mission

The mission of the North Carolina Respite Care Coalition is to promote and support a statewide quality intergenerational respite care system.

NCRCC Vision

Throughout North Carolina there is an established sustainable network that meets the respite needs of families, caregivers, and individuals across the lifespan.

NCRCC Value Statement

Respite care enhances the quality of life for the caregiver, their loved one and their community through timely, temporary care. Providing the balance to maintain a healthy approach to caregiving supports families across the lifespan.
THEN and NOW

• In 2007, the NCRCC could award respite funds to only 13 families.

• In February of 2013 the Coalition launched a statewide Respite Voucher program, which funded 72 respite vouchers valued at $500 each.

• In May of 2015 the Coalition launched another statewide Respite Voucher program, with funding for 100 respite vouchers.
NCRCC’s Respite Vouchers – Federal Lifespan Respite Grant

• Consumer-directed, reimbursement-based vouchers
• Statewide – serving the lifespan
• Applications initiated by referring agencies
• Eligibility – referring agency provided assurances that the applicant family was:
  – On a waiting list for respite services
  – Ineligible for any other respite funding source but was unable to pay privately OR
  – Had exhausted all other sources of respite funding.
Real Families – Real Need
Both Caregiver and Care Recipient Were Double Amputees
Pige wanted to share this picture so you all can put faces with their names.

Aren't the boys cute!

Dear Mr. Melnyk,

The Bleier Triplets, their little brother, their parents and I wanted to thank you and the NCRCC for helping fund

Evan's speech therapy. He has started talking more and more. His teacher has documented that he has much better language skills. His mother is able to participate without Gillette. Evan has a 1-2 minute attention span and Eillian has a 30-second attention span.

The NCRCC has already made a huge positive difference in the family. Thanks again.

CJ Beery
Charlotte, NC, 38216
March 9, 2016

Dear Cindy,

I am a little late, but it is with deep pleasure that I write to let you know how much I appreciate and benefited from being a Respite recipient. It really provided me with a much needed time of relaxation from a time consuming job. I was lucky to have a wonderful person to help me who was recommended through a former church member. She was great for me and my husband. We felt completely comfortable having her in our home and she began to feel like family. Your financial assistance really made things quite pleasant and really was a life saver. I even feel a friend who I would like to refer to the program. I think he could really benefit from the Respite care.

Thank you NC RCC for all you do.

Sincerely,

[Signature]
Dear Cindy,

We want to thank you and the NCRCC for this wonderful opportunity for respite. It allowed my husband and me an opportunity to get together with friends as a couple and to spend time out of town without having to worry about Man. It did recharge our batteries and our marriage.

The $500 was very much appreciated.

Mary & Bob
Other Recent Accomplishments

• Membership drive – 350+ members strong today!
• IRS recognition of charitable status
• White paper containing strategies and resources for Faith-Based Respite initiatives
• Presented “Sustaining the Respite Coalition When Leadership Changes” at 16th annual National Lifespan Respite Conference
What Does the Future Hold?
Elevating Our Partnership

- Recognizing our Shared Fate
- Currently pursuing parallel, mutually beneficial, and mutually dependent tracks
Developing and Implementing Shared Vision

• Collaboration on our state’s Strategic plan for Lifespan Respite

• Identifying needs of the Lifespan Respite Grantee that are best accomplished by the Lifespan Respite Coalition, i.e.:
  – Advocacy/Awareness
  – Direct Services (respite vouchers)
What’s Next?

• Continue to support the goals of our state’s Lifespan Respite Grantee
• Explore respite “brokerage” opportunities
• Continue to build membership
• Increase collaborative partnerships with relevant stakeholders
• Strengthen and grow respite services in our state for families throughout the lifespan
• Create opportunities for leadership development
What’s Next for the State Team

• Just began Year 3 of our 3-year grant cycle
• Just began 1-year direct service expansion
• Continuing to carry out recommendations made in our 2015-2012 state plan for respite
• Partnership with Money Follows the Person and an initiative to develop and evaluate care planning process for caregivers of a person with dementia
• Employed caregivers initiative
• Should NC have opportunity for future funding, what makes sense to do next? For the State and for the Coalition?
How a State Benefits from a Strong Respite Coalition

• Clearinghouse for information and respite funding ("one stop shop" for family caregivers)
• Advocacy
• Partner for other federal grants, statewide initiatives that involve long term services and supports across lifespan
• Access to a broad network of folks supporting a similar cause
Recognizing Our Roles

• **A State Agency**
  – Messages, not lobbying or advocacy
  – Oversight and Monitoring
  – “Big Picture” Planning
  – Convene partners
  – Recommend opportunities
  – Responsible for deliverables within grant timeframe

• **An independent Non-Profit**
  – Advocacy, lobbying
  – Board of Directors
  – Mission
  – Membership
  – Responsible for the “around and after” a grant ends
Questions to Ponder

• Who is in the best position to lead a particular effort and why?
• If no money was available to do this, would we still do it? (mission vs chasing the funding)
• How is this relevant to my partners? What do they need from me?
Elevating Lifespan Respite In NC is About...

• Enhancing what respite can do for families and building a village of voices to share this message
• Seeking supporters from those who benefit from reaching and impacting family caregivers
• Inviting and enlarging the table of stakeholders continuously
• Celebrating and promoting the good, whether or not you did it
• Building the capacity of those who support your mission & purpose
Thank You!