



17th National Lifespan Respite Conference
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Veterans Directed Home and Community Based Services (VD-HCBS)

The Veterans Administration and the Local Community Working Together to Help Veterans Live at Home

Susan D. Blevins
Care Coordination Specialist
VD-HCBS Case Manager
Bexar Area Agency on Aging
Alamo Area Council of Governments
San Antonio, Texas
sblevins@aacog.com

Laura Ledesma
Care Coordination Coordinator
VD-HCBS Case Manager
Bexar Area Agency on Aging
Alamo Area Council of Governments
San Antonio, Texas
lledesma@aacog.com

What is a Consumer-Directed/ Self-Directed Program?



VA HEALTH CARE | Defining **EXCELLENCE** in the 21st Century

Truth in Advertising: Lucy Coffey, 108, was a San Antonio resident and one of the oldest female Veterans in the U.S. Ms. Coffey passed away in March 2015. Our AAA had assisted her through its VetCorps Program. However, she was not a VD-HCBS client—we are honoring her today as well as all Veterans.

What is VD-HCBS?

- Veteran-Directed Home and Community Based Services (VD-HCBS) is a program of the VA for self-directed care.
- VD-HCBS empowers Veterans to choose and manage services and supports in their homes as an alternative to living in a long-term care facility.
- The Veteran or Veteran Representative hires, supervises, evaluates and pays the Employee to provide specific services and supports that the Veteran needs to live in his or her own home.

Consumer or Self-Direction

The Consumer decides:

- What services, supports and goods are needed
 - Buys supports and goods to achieve his or her goals
- When the services and supports are to be provided
- Who provides those services and supports
 - Hires and manages his/her own Employees to provide the services and supports
- Where the services and supports are provided
- How the services and supports are provided

Consumer Direction or Self-Direction

Gives the consumer more:

- Choice
- Control
- Flexibility
- Freedom

The Veterans Administration Provides Several Community-Based Programs

- Home Health Aide – Homemaker Program
- Respite Program
- Contract Adult Day Health Care
- Home Telehealth
- Home Based Primary Care

What Makes VD-HCBS an Attractive Alternative to Traditional VA Care Models?

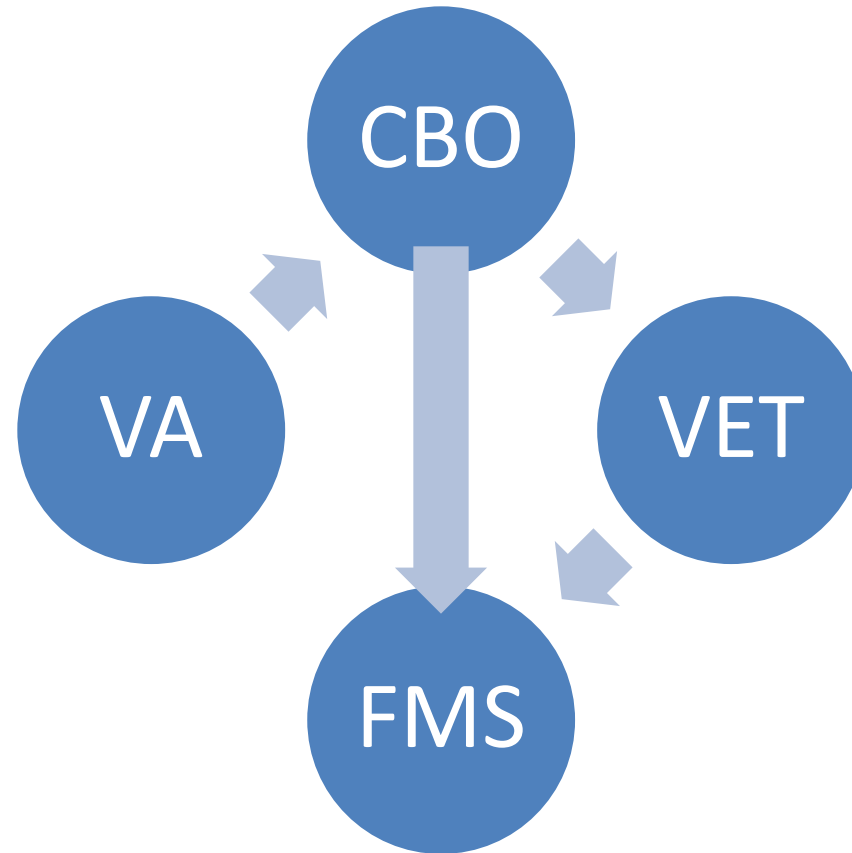


- Cost savings

- More efficient use of resources

- Consumer satisfaction

VD-HCBS Partnership



The VA-CBO Partnership

VA Initiates Referral to Community-Based Organization(CBO):

- Referral from a VA Primary Care Social Worker to VD-HCBS Coordinator, who
 - Performs Case Mix Assessment to Determine Budget
 - Offers program to Veteran (Veteran must agree)
 - Refers to CBO:
 - Area Agency on Aging (AAA)
 - Aging and Disability Resource Center (ADRC)
 - State Unit Aging (SUA)

CBO Contacts Veteran or Representative to Set Up Service:

- Explains VD-HCBS
- Conducts Client Needs Assessment
- Develops care/service plan
- **Trains Vet or Rep to be an Employer**
- Assists with recruiting and hiring for Veteran
 - Monthly phone calls
 - Quarterly home visits

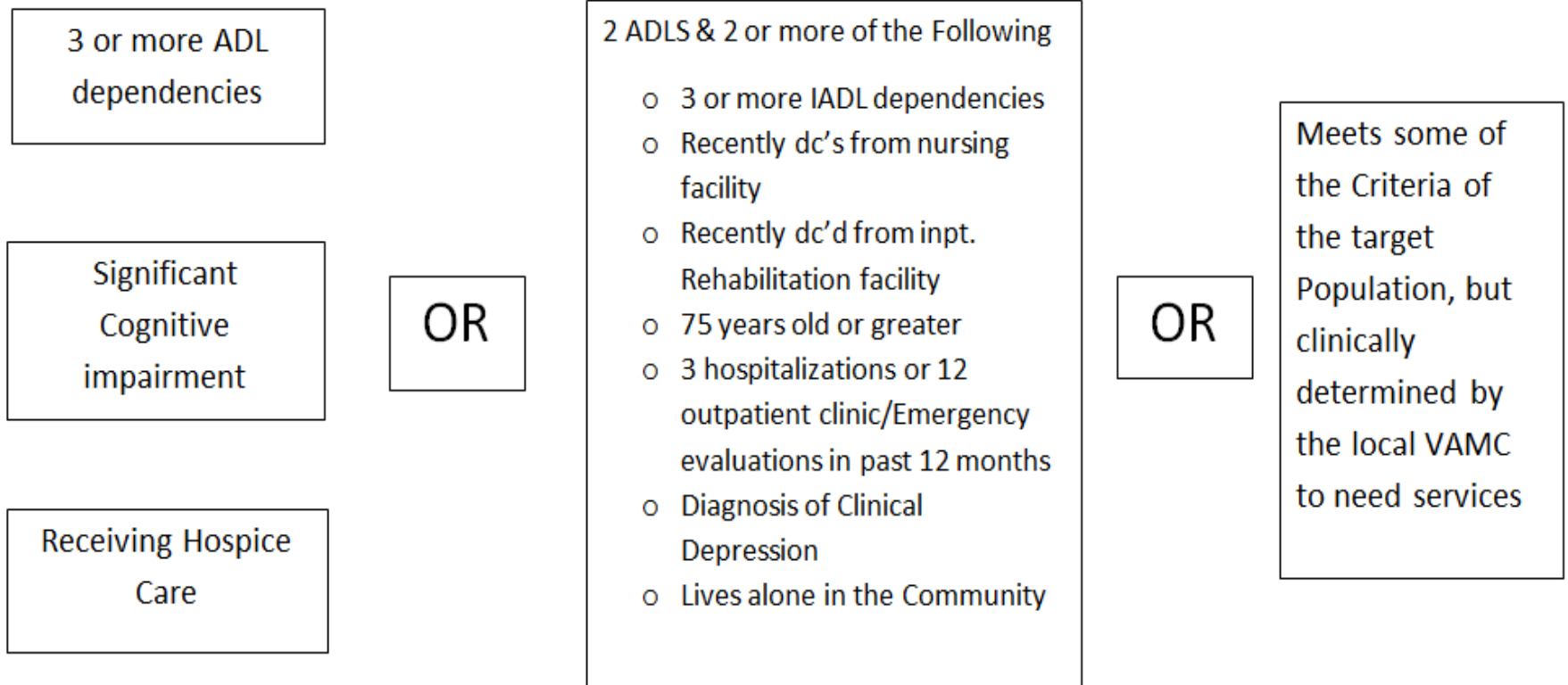


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Basic Qualifications for VD-HCBS Program

Veteran qualifies for Program if 1 or more of the following conditions are met:



****All Veterans in VD-HCBS program must have a PCP through their local VA system**

Source: Julie Larsen LCSW, VD-HCBS Program Coordinator, SLC VAMC

Once Consumer is Enrolled, VA and CBO have a Continuing Relationship

CBO Roles and Responsibilities

- Veteran Advocate
- Inform VA Liaison of any status changes regarding Veteran
- Monthly case management meetings

VA Roles and Responsibilities

- Administrative
- VA Liaison
- Oversight of Rainy Day Fund and Budget

CBO's Role and Responsibilities

The CBO assigns a Care Coordinator who will:

- Assess the Veteran's needs
- Educate the Veteran about the program
- Help the Veteran create a Consumer-Directed Service Plan and Budget
- Provide information and referral to help the Veteran find the services and supports the Veteran needs, including employees
- Keep the local VA Medical Center informed about the Veteran's status



CBO's Role and Responsibilities

- Contract with a Financial Management Service to set up the Veteran's account, through which the Veteran will
 - Submit bills for the purchase of services/supports
 - Assure employee(s) receive pay and benefits
- Monitor billing to be sure expenditures are within budget and to assure Employees are receiving their pay and benefits
- Help the Veteran evaluate how the VD-HCBS is working
- Help the Veteran learn how to be an effective employer
- Help the Veteran's employee(s)
 - Understand their role in relation to the Veteran
 - Complete the paperwork required by the VA and the state to be an employee of the VD-HCBS
- Help the employer and employee resolve problems



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Veteran Roles and Responsibilities in VD-HCBS



Veteran Roles & Responsibilities

The Veteran is responsible for

- Cooperating with the CBO Care Coordinator to plan and direct the Veteran's Service Plan and budget
- Functioning as the employer
 - Recruiting, hiring and firing employees
 - Planning employee work schedules, training and assignments
 - Keeping time sheets and other employee records
 - Submitting time sheets to Financial Management Service for employee payment
 - Performing annual evaluations
- Managing finances, to include
 - Submitting purchase requests to Financial Management Service
 - Managing a Rainy Day Fund

What If a Veteran Is Unable to Manage an Employee?

- The Veteran's family or friends can help the Veteran as
 - Legally Authorized Representatives, who have Power of Attorney,
 - Court Appointed Guardians
 - A designated Representative to help with decisions or the management of the VD-HCBS program, or
 - An Employee of the Veteran
 - One person can't be both Representative/ Guardian and Provider



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States with VD-HCBS Programs

updated Nov. 2015



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Alaska	New Hampshire
Arkansas	New Jersey
California	New York
Colorado	Nevada
Connecticut	Ohio
District of Columbia	Oregon
Florida	Pennsylvania
Hawaii	Puerto Rico
Idaho	South Carolina
Illinois	South Dakota
Louisiana	Tennessee
Massachusetts	Texas
Maryland	Utah
Maine	Virginia
Michigan	Vermont
Missouri	Washington
Montana	Wisconsin



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Locations with VD-HCBS Programs

updated Nov. 2015



Anchorage, AK	Shreveport, LA	White City, OR
Little Rock, AR	Boston, MA	Roseburg, OR
Fayetteville, AR	Bedford, MA	Philadelphia, PA
San Diego, CA	Perry Point, MD	Coatesville, PA
Grand Junction, CO	Togus, ME	San Juan, PR
West Haven, CT	Ann Arbor, MI	Charleston, SC
Washington, DC	Detroit, MI	Columbia, SC
Bay Pines, FL	Saginaw, MI	Sioux Falls, SD
Tampa, FL	Battle Creek, MI	Tennessee Valley, TN
Gainesville, FL	Iron Mountain, MI	Central Texas, TX
Orlando, FL	St. Louis, MO	San Antonio, TX
Miami, FL	Fort Harrison, MT	Salt Lake City, UT
Honolulu, HI	Manchester, NH	Richmond, VA
Boise, ID	Lyons, NJ	White River Junction, VT
Danville, IL	Las Vegas, NV	Puget Sound, WA
North Chicago, IL	Albany, NY	Walla Walla, WA
Chicago, IL	Syracuse, NY	Spokane, WA
Hines, IL	Chillicothe, OH	Milwaukee, WI
Marion, IL	Portland, OR	Tomah, WI

Veteran's Directed Home and Community Based Services

CASE STUDIES



Veteran's Directed Home and Community Based Services

<http://www.bc.edu/schools/gssw/nrcpds/tools/videos.html#pstory>

VIDEO: CENTRAL TEXAS VD-HCBS

FEATURING THOMAS WILSON, LCSW, CENTRAL TEXAS AAA/ADRC



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