TAKE OFF WITH RESPITE
In 1999, space shuttle Discovery launched from NASA’s Kennedy Space Center for an eight-day mission to service the Hubble Space Telescope, which was designed and built at NASA’s Marshall Space Flight Center in Huntsville, Alabama.
Welcome to Huntsville, Rocket City USA, and to the 18th National Lifespan Respite Conference!

Take Off with Respite will showcase new ways of supporting families, innovative best practices in service delivery and financing, research to improve and expand respite, and community building and networking - with a focus on fostering integrated community supports and expanding social capital to benefit the whole family.

This year marks the 20th Anniversary of the passage of the first state Lifespan Respite legislation in Oregon. This important milestone presents a great opportunity to assess how far we have come to improve the accessibility and use of respite as well as recognize that we still have a few galaxies to explore.

Thirty-seven states and the District of Columbia have received Lifespan Respite grants since the program was first funded in 2009. States can take pride in their accomplishments – new respite voucher programs, exemplary voluntary and faith-based respite initiatives, innovative respite and caregiver support programs sparked by state mini grants, easier access to respite services, and hundreds of new respite workers and volunteers trained from coast to coast.

Take Off with Respite aptly reflects these successes, but more importantly challenges us to launch new efforts to heighten awareness about the ever-growing need for respite and caregiver supports at both state and national levels.

Take advantage of everything Take Off with Respite and Huntsville have to offer and let’s navigate the future of respite together!

Your 2017 National Lifespan Respite Conference Hosts:
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FRIENDS OF RESPITE

Crestwood Medical Center
Christopher and Dana Reeve Foundation
CONFERENCE EXHIBITORS

Alabama Council on Developmental Disabilities (ACDD)
100 N. Union Street, Room 408
Montgomery, AL 36130

Alabama Head Injury Foundation
3100 Lorna Road, Suite 203
Hoover, AL 35216

Alabama Lifespan Respite Resource Network/
United Cerebral Palsy of Huntsville
and Tennessee Valley Inc.
1856 Keats Drive
Huntsville, AL 35810

Alzheimer’s Association AL Chapter
117-A Longwood Drive SE
Huntsville, AL 35801

Alzheimer’s Association MS Chapter
232 Market Street, 2nd Floor
Flowood, MS 39232

ARCH National Respite Network
4016 Oxford Street
Annandale, VA 22003

Autism Society of Alabama
4217 Dolly Ridge Road
Birmingham, AL 35243

Home Instead Senior Care
2715 Spring Gate Lane SE
Huntsville, AL 35802

Respite Education and Support Tools (REST)
164 S. Prairie Avenue
Bloomingdale, IL 60108

Respite Track
4350 Auburn Boulevard
Sacramento, CA 95841

Rooftop Friends
5780 Vaughn Road
Montgomery, AL 36116

Therap
562 Watertown Avenue
Waterbury, CT 06708

Top of Alabama Regional
Council of Governments (TARCOG)
5075 Research Drive NW
Huntsville, AL 35805
Are you a caregiver?
Do you need a break?

✓ Respite Reimbursement Funding
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OUR MISSION
Making respite readily available and easily accessible for all Caregivers in Alabama.

ALABAMA LIFESPAN RESPITE COALITION MEMBERS
Acting Commissioner Todd Cotton, Alabama Department of Senior Services (ADSS)
Commissioner Stephanie Mcgee Azar, Alabama Department of Medicaid (ADM)
Sallye Longshore, Alabama Department of Child Abuse and Neglect Prevention (ADCANP) / Children’s Trust Fund of Alabama
Commissioner Lynn Beshear, Alabama Department of Mental Health (ADMH)
Lisa Alford, Alabama Department of Rehabilitation Services (ADRS)
Marlene Wood, Governor’s Office on Disability (GOOD)
Dr. Jatuun Gibson, Collaborative Training Partner Representative, Auburn University - Alabama Cooperative Extension System (ACES)
Sherry Kolodziejczak, Crestwood Medical Center
Pamela Ramos, Ramos Group
Kathy Jo Spears, Northwest Alabama Council of Local Governments (NACOLG)
Maria Gutierrez, Lee County Autism Resource & Advocacy (LCARA)
Angel Lowen, Autism Society of Alabama (ASA)
Lori McGrath, Alabama Hospice and Palliative Care Organization (ALHPCO)
Julie Smith, Home Instead Senior Care (HISC)
Candi Williams, American Association of Retired Persons (AARP)
Ruth Brewbaker, Rooftop Friends respite program
Lynn Easterwood, Brookdale Senior Living Center
Gina Germany, Touching Hearts Senior Care
Dr. Pamela Parmalee, University of Alabama Mental Health & Aging
Representative Bill Poole, Alabama House of Representatives, House Ways & Means Committee Chair
Senator Cam Ward, Alabama Senate, Judiciary Committee Chair
Representative April Weaver, Alabama House of Representatives, Health Committee Chair
Senator Gerald Dial, Alabama Senate, Health Committee Chair

ALABAMA LIFESPAN RESPITE STAFF
Melissa Terry, Statewide Outreach Coordinator
Brittany Huey, Training and Resource Specialist
Ashley Prater, Voucher Coordinator and Special Projects

a statewide program of United Cerebral Palsy of Huntsville and Tennessee Valley, Inc

United Cerebral Palsy of Huntsville & Tennessee Valley
The mission of the ARCH National Respite Network and Resource Center is to assist and promote the development of quality respite and crisis care programs; to help families locate respite and crisis care services in their communities; and to serve as a strong voice for respite in all forums.

The ARCH National Respite Network includes the National Respite Locator, a service to help caregivers and professionals locate respite services in their community; the National Respite Coalition, the policy division of ARCH that works to preserve and promote respite in policy and programs at the national, state, and local levels; and the Lifespan Respite Technical Assistance Center, funded by the Administration for Community Living, U.S. Department of Health and Human Services, to provide training and technical assistance to Lifespan Respite grantees, state respite coalitions, and other stakeholders.

ARCH was established with funding from the U.S. Children’s Bureau in 1990. The first respite conference was sponsored by the Children’s Bureau with ARCH’s assistance in the fall of 1991 in Washington, DC. In 1998, ARCH became the main host of the national respite conference in collaboration with state respite coalitions, making the conference a true National Respite Network event supported by its grassroots membership.

ARCH, which stands for Access to Respite Care and Help, is a project of the Chapel Hill Training Outreach Project, Inc., Chapel Hill, North Carolina.
ARCH ADVISORY COMMITTEE FOR THE LIFESPAN RESPITE TECHNICAL ASSISTANCE CENTER

STATE REPRESENTATIVES
ALABAMA
Melissa Terry, Statewide Outreach Coordinator, Alabama Lifespan Respite, UCP of Huntsville and Tennessee Valley Huntsville, AL

 MASSACHUSETTS
Amy Nazaire, MA, Director of Family Support & Children’s Services, Department of Developmental Services, Northeast Region | Hathorne, MA

NEW YORK
Jennifer Rosenbaum, Assistant Director, NY State Office for the Aging | Albany, NY

NORTH CAROLINA
Alicia Blater, Lifespan Respite Project Director, Division of Aging and Adult Services, NC Department of Health and Human Services Raleigh, NC

TENNESSEE
Jennifer L. Abernathy, Executive Director Tennessee Respite Coalition | Nashville, TN

WASHINGTON
Hilarie Hauptman, Kinship and Lifespan Respite Program Manager, Home & Community Services, Aging & Long-Term Support Administration, Washington State Department of Social and Health Services | Olympia, WA

NATIONAL REPRESENTATIVES
Annie Acosta, Director, Fiscal and Family Support Policy, The Arc Washington, DC

Joseph A. Caldwell, Director of Long-Term Services and Supports Policy, National Council on Aging | Arlington, VA

Jennifer Dexter Director, Innovative Medicaid Partnerships Anthem | Washington, DC

Diane Elmore, Policy Program Director National Center for Child Traumatic Stress | Duke University

Lynette Fraga, Executive Director
Bonnie Storm, Senior Director, Exceptional Family Member Program (EFMP) Respite Care, Child Care Aware Arlington, VA

Maggie Goldberg, Vice President of Policy & Programs, Christopher and Dana Reeve Foundation | Short Hills, NJ

Robyn Golden, Director of Older Adult Programs, Rush University Medical Center | Chicago, IL

Jed D. Johnson, Senior Vice-president, Strategic Initiatives, Easterseals | Washington, DC

Kathy Kelly, Executive Director, Family Caregiver Alliance San Francisco, CA

Jaia Lent, Deputy Executive Director, Generations United Washington, DC

Kim Musheno, Director of Public Policy, Association of University Centers on Disabilities | Silver Spring, MD

Melinda Perez-Porter, Director, The Relatives As Parents Program (RAPP) The Brookdale Foundation Group Teaneck, NJ

Jennifer Bolden Pitre, Program Coordinator, Family Voices Cherry Hill, NJ

Miriam Rose, Senior Research Analyst II and Research Grants Administrator, Benjamin Rose Institute on Aging Cleveland, OH

John Schall, Executive Director, Caregiver Action Network Washington, DC

Connie Siskowski, Founder and President, American Association of Caregiving Youth | Boca Raton, FL

Laura Weidner, Senior Director, Federal Government Relations, National Multiple Sclerosis Society Washington, DC

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CONFERENCE TRACKS

**VOYAGER: ADVOCACY, SUSTAINABILITY AND PARTNERSHIPS**

The VOYAGER probes were designed for a “grand tour” of the solar system. The probe found 11 new moons and a significant magnetic field around Uranus. VOYAGER 1 & 2 are still in space, exploring what lies outside our solar system.

Connecting with others in your state and from around the country is essential for promoting respite and the needs of family caregivers and for sustaining the important work that we do. Collaboration is also important in building strong respite coalitions, advancing coordinated systems of respite options, strengthening cross-agency and workplace partnerships, raising public awareness, and reaching underserved populations. These sessions will explore use of media, strategic planning, legislative advocacy and other strategies to strengthen and sustain respite programs and partnerships.

**DISCOVERY: SERVICE DELIVERY**

The longest-serving orbiter, DISCOVERY, flew 39 times from 1984 through 2011, more missions than any of its sister ships, spending a total of 365 days in space.

This track highlights models in respite training for providers and those who assist family caregivers; features service delivery options including voucher programs and consumer-directed respite, planned and emergency respite, and volunteer respite; and explores integrated and informal respite options in the community. Presentations will include best practices in respite services for children, adults, and the frail aging population as well as for underserved populations across the lifespan. Non-traditional approaches to respite will also be explored.

**NEW HORIZONS: EVALUATION AND RESEARCH**

The New Horizons mission is helping us understand worlds at the edge of our solar system by making the first reconnaissance of Pluto and by venturing deeper into the distant, mysterious Kuiper Belt – which is thought to hold the keys to understanding the early solar system.

As service providers and caregivers make a case for respite availability and funding, we need to demonstrate a solid evidence-base for respite. Research also provides understanding of the health and well-being of family caregivers and the overall effect of respite on societal outcomes, including cost-benefits. This track presents findings from evaluations of lifespan respite activities, respite models, technologies and interventions to assist care recipients and their family caregivers.
FREEDOM: FAMILY CAREGIVERS

Alan Shepard’s Freedom 7 Mercury capsule lifted off from Cape Canaveral Air Force Station and flew a suborbital trajectory lasting 15 minutes and 22 seconds. He became the first American to fly into space.

This track is primarily geared to family caregivers and those who work with family caregivers who want to learn more about caregiving strategies, cultural differences among caregivers, technologies and resources that support caregivers, and impactful stories related to the benefits of respite and caregiver wellness programs.

PATHFINDER: LIFESPAN RESPITE

Mars Pathfinder was launched December 4, 1996. It was designed as a technology demonstration of a new way to deliver an instrumented lander and the first-ever robotic rover to the surface of Mars.

Some sessions that fall into the above tracks may also be relevant in a Lifespan Respite Track. These sessions may be of particular interest to Lifespan Respite grantees and their partners. Through the federal Lifespan Respite Program, the U.S. Administration for Community Living awards competitive grants to state agencies in partnership with state respite coalitions and others to develop statewide coordinated systems of community-based respite services for family caregivers. This track will showcase best practices in current Lifespan Respite grant activities.
CONFERENCE SCHEDULE

TUESDAY, OCTOBER 10

4:00pm – 6:00pm  EARLY REGISTRATION / INFORMATION TABLE
5:30pm – 7:00pm  RECEPTION FOR LIFESPAN RESPITE GRANTEES AND PARTNERS
Embassy Suites Huntsville Back Patio (by invitation only)

WEDNESDAY, OCTOBER 11 WELCOME

8:00am – 5:30pm  EARLY REGISTRATION / INFORMATION TABLE
8:30am – 4:00pm  LIFESPAN RESPITE GRANTEE AND PARTNER LEARNING SYMPOSIUM (by invitation only)
5:30pm - 6:15pm  WELCOME RECEPTION
The 2017 National Lifespan Respite Conference Opening Reception will begin in the Ballroom of the Embassy Suites with refreshments, networking and opening remarks.
6:15pm - 10:00pm  WELCOME DINNER
Buses will depart for a complimentary dinner event at Campus No. 805 from the Embassy Suites lobby. The courtesy buses will continue to transport guests between the two venues until 10pm.

THURSDAY, OCTOBER 12 CONFERENCE, DAY ONE

7:30am – 5:00pm  REGISTRATION / INFORMATION TABLE
7:30am – 9:00am  BREAKFAST
For conference attendees staying at the Embassy Suites, the hotel provides a complete breakfast.
For others, a limited continental breakfast will be available.
9:00am - 9:30am  OPENING SESSION - WELCOME TO HUNTSVILLE!
Jill Kagan, ARCH National Respite Network and Resource Center, National Champions for Respite
Melissa Terry, Statewide Outreach Coordinator, Alabama Lifespan Respite
Elmyra Jones Banks, Executive Director, Alabama Council on Developmental Disabilities

Video Presentation from Congressional Champions of the Lifespan Respite Care Reauthorization Act (HR 2535; S 1188)

The Honorable Susan Collins (R-ME)
U.S. Senate
Washington, D.C.

The Honorable Jim Langevin (D-RI)
U.S. House of Representatives
Washington, D.C.
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9:30am – 10:30am  
**KEYNOTE SPEAKER**  
Al Condeluci, PhD, CEO of Community Living and Support Services (CLASS), Pittsburgh, PA

For the past 44 years, Al has been associated with CLASS, a full service nonprofit organization supporting people with disabilities, where he currently serves as Chief Executive Officer. Al holds faculty appointments with the University of Pittsburgh's School of Health and Rehabilitation Sciences and School of Social Work. He serves as a consultant and collaborator, lectures extensively around the country and is the author of numerous books.

*Al will share his own personal experience with caregiving and how it has shaped his current thinking. He will discuss the power of social capital to support caregivers, new research on community engagement patterns of families who have children with disabilities, and crafting meaningful respite options for children and adults with disabilities and older adults.*

10:30am – 11:00am  
**BREAK**

11:00am – 12:15pm  
**BREAKOUT SESSION A**

**A1: Monte Sano Boardroom**

**ACCESSING REEVE FOUNDATION RESPITE CARE GRANTS**  
Angela Cantillon, Director, Paralysis Resource Center Operations, Christopher & Dana Reeve Foundation, Short Hills, NJ

The Christopher & Dana Reeve Foundation provides a host of free programs and services to benefit those living with paralysis and the organizations that serve them. This presentation will provide an outline of Foundation services and grants programs as well as highlight a new grant program that specifically serves organizations that provide respite care services to families living with a mobility limiting condition.

**LAUNCH YOUR OWN CAREGIVER COLLEGE**  
Della Sanchez, LGSW, Alabama Cares Coordinator, South Alabama Regional Planning Commission Area Agency on Aging, Mobile, AL

To address the needs of adult family caregivers, staff of the South Alabama Regional Planning Commission/Area Agency on Aging designed a “Caregiver College.” The presenter will explain the components establishing a caregiver college, as well as the challenges encountered and lessons learned, and share success stories from caregivers who attended.

**A2: Madison Boardroom**

**LESSONS LEARNED IN THE DELIVERY OF RESPITE CARE FOR MILITARY FAMILIES WITH CHILDREN HAVING SPECIAL NEEDS**  
Bonnie Storm, M.S. Ed, Senior Director, Respite Care, Child Care Aware of America, Arlington, VA

Child Care Aware of America has been facilitating and improving on implementation of military Exceptional Family Member Program (EFMP) Respite Care for eight years. The program has evolved from initial concepts to full development by understanding families’ needs and adapting the program to meet those needs. There are lessons learned and best practices for respite care implementation. The presentation is aimed at exploring best practices that might be considered by other respite care practitioners.
THURSDAY, OCTOBER 12  CONFERENCE, DAY ONE

A3: Redstone Boardroom

VALUING LIVES - WOLF WOLFENSBERGER AND THE PRINCIPLE OF NORMALIZATION
Al Condeluci, PhD, CEO of Community Living and Support Services (CLASS), Pittsburgh, PA

A film documenting the paradigm shift triggered by Wolf Wolfensberger’s 1970’s Principle of Normalization from institutions to community inclusion for people with disabilities will be shown during this session. Wolfensberger’s efforts to teach a new generation of parents and professionals fueled a movement of positive change that continues today as new threats of institutionalization arise. The film calls forth today’s leadership to combat devaluation and to promote inclusion and valued social roles for people with disabilities. After the film, what this means for respite and community supports will be discussed.

A4: Big Spring Ballroom B-C

PUT A MAN ON THE MOON (AND KNOW HOW MUCH IT COSTS):
IDENTIFYING COSTS AND BENEFITS OF RESPITE CARE
Casandra Firman, Senior Staff, ARCH National Respite Network and Resource Center, Port Orchard, WA
MaryJo Alimena Caruso, M.Ed., T/TA Coordinator, FRIENDS National Resource Center for the Community-Based Child Abuse and Neglect Prevention Program (CBCAP), Sewickly, PA

We want to send a man into outer space. But, do we know how much it costs or if the price is truly worth it? The same questions may be asked about respite. Respite programs may be a sound investment in the health and well-being of individuals with special needs, families, and the larger community. What’s less clear is its actual economic impact. This presentation highlights FRIENDS CBCAP resources to engage in true cost analysis!

A5: Big Spring Ballroom A

JOURNEY TO IMPROVED RESPITE: MINI GRANT AND REST OUTCOMES IN NEW YORK
Doris Green, MPA, Director, NYS Caregiving and Respite Coalition, Rochester, NY

The NYS Caregiving and Respite Coalition will provide information on the use of Mini Grants and the REST (Respite Education and Support Tools) model to implement or expand a variety of volunteer-based respite models in the state. The presentation will include discussion of the challenges and rewards of this initiative and evaluation and outcome data.

IT’S NOT AS EASY AS IT SOUNDS:
LESSONS LEARNED FROM CAREGIVER-DIRECTED RESPITE VOUCHER PROGRAMS
Alicia E. Blater, M.S., APR, Family Caregiver Support Program Consultant, Lifespan Respite Project Director, NC Division of Aging and Adult Services, Raleigh, NC
Susan E. Reed, Lifespan Respite Project Specialist, NC Division of Aging and Adult Services, Raleigh, NC

Why does a caregiver not use a respite voucher they’ve been awarded? How do we overcome these barriers to use? Participants will learn about North Carolina’s experience with caregiver-directed respite vouchers through two statewide programs and what we learned from an evaluation of their case management experience and voucher award use. The specific evaluation was conducted with caregivers of a person with dementia, but many of the findings can apply to other caregiving populations.
A6: Big Spring Ballroom D

TECHNOLOGY FOR THE 21ST CENTURY CAREGIVER:
APPLICATIONS AND ADVANCES TO STREAMLINE CARE NEEDS
Brandi Mason, M.Ed, Community Relations Director, Home Instead Senior Care, Huntsville, AL

Until now, technology has only played a modest role in supporting caregivers, but with today’s technological advances it can play a more meaningful role. These advances include devices, applications, websites, and services designed to streamline and simplify the caregiving experience. The presentation discusses online resources, wearable technology for monitoring, and ways for caregivers to stay a connected part of their loved ones’ care.

12:15pm – 1:00pm LUNCH AND SPECIAL ANNOUNCEMENTS
Cheryl Smith, CEO, United Cerebral Palsy of Huntsville and Tennessee Valley, Huntsville, AL

1:00pm - 2:00pm KEYNOTE SPEAKER
Christine Lavin, Singer/Songwriter/Guitarist/Recording Artist, New York City, NY

Christine Lavin is a singer, songwriter, guitarist, and recording artist who has been based in New York City since 1976. She just completed work on her 23rd solo album. Christine performs concerts all over the US, Canada, and points beyond (Australia, Germany, and Israel). She is as well-known for her humor as she is for her extraordinary singing and song-writing abilities.

She recently moved back to New York after taking care of her mother who is 97. She will share her personal caregiving experiences and how it affected her, and perhaps even sing a new song about it. "Well aware of what it takes to be a caregiver, she recently extended an invitation for all caregivers to come to one of her shows. "So many caregivers work themselves to the bone and don’t make time to have fun themselves."

2:00pm – 2:15pm BREAK

2:15pm – 3:30pm BREAKOUT SESSION B

B1: Big Spring Ballroom B-C

DEVELOPING A LEGISLATIVE AGENDA FOR A RESPITE PROGRAM CAPACITY BUILDING INITIATIVE
Dorinda A. Adams, Programs Manager, Office of Adult Services, State of Maryland Department of Human Resources, Baltimore, MD
Christine Schoenberger, MHS, Manager, Business Operations, Maryland Center for Developmental Disabilities, Kennedy Krieger Institute, Baltimore, MD

Maryland has funded respite care across the lifespan via State funding since 1984. Developing a relationship with the state’s General Assembly, a Governor-appointed Caregiver Council has provided strategies that have built a Respite Care Program Enhancement Plan via a statewide survey. This session will explore how using existing research partnerships and identifying key members of the legislature will work towards systemic changes that support all family caregivers with additional respite care in the state.
B2: Big Spring Ballroom A
DEVELOPING AND USING A CAREGIVER SIMULATION TO CREATE EMPATHY AMONG THE NON-CAREGIVING COMMUNITY
Julie Smith, CSA, Home Instead Senior Care, Huntsville, AL

Creating and implementing a Caregiver Simulation can bring empathy and awareness to your community. Understanding the challenges facing family caregivers may help garner more support for caregiver resources and services including respite. This session will walk participants through the steps in developing a successful Caregiver Simulation.

B3: Redstone Boardroom
ALABAMA HEAD INJURY FOUNDATION: CARING FOR TRAUMATIC BRAIN INJURY
Dianne Pierson, M.Ed., Resource Coordinator, Alabama Head Injury Foundation, Huntsville, AL

Presenter will discuss the etiology of traumatic brain injury both in the civilian population as well as TBI associated with military service. Changes immediately after a TBI and lasting effects will be reviewed. How these changes can impact a survivor as well as respite providers and family members who may now be caregivers will be explored. Instruction/tips for how to address longer lasting effects/deficits will be provided along with examples to better communicate, adapt environment, and modify behaviors.

B4: Madison Boardroom
REDEFINING RESPITE
Wendy C Smith, Respite & Life Planning Coordinator, Home of Guiding Hands, El Cajon, CA

A broader and more responsive definition of respite can enhance quality of life in many ways for both clients and caregivers. A different perspective can redefine how respite benefits not just caregivers, but clients and all family members. New activities, choices and learning opportunities create a positive environment that focuses on client interests and successes. Tear down walls of tradition and reconsider just what respite CAN be for the clients and families we support.

B5: Big Spring Ballroom D
LESSONS LEARNED: METHODS AND OUTCOMES FROM A 3-YEAR STATEWIDE EVALUATION OF LIFESPAN RESPITE IN NEBRASKA
Jolene Johnson, Ed.D., Assistant Professor, University of Nebraska Medical Center, Omaha, NE
Sharon Johnson, NE Department of Health and Human Services (DHHS) Program Coordinator, DHHS Children & Family Services, Lifespan Respite Subsidy Program, Lincoln, NE

Family Caregiver outcomes will be the primary focus of a presentation on the statewide Lifespan Respite Evaluation completed in Nebraska. Three years of data provide a rich context for understanding the impact of respite services for family caregivers. The presentation will also include the methods, evaluation tools and information about the data dashboard.
ENABLE SAVINGS PLAN: A NATIONAL ABLE PROGRAM
Amelis Long, Enable Outreach Specialist, Enable Savings Plan, Omaha, NE

The Enable Savings Plan for people with disabilities is an opportunity to reach your potential by saving for your today and tomorrow. There are two major benefits: 1) Money in an Enable account does not impact eligibility for resource-based benefits, like SSI and Medicaid; and 2) Earnings are tax-free at the federal and state level. It's an ABLE account that lets you invest money in your name for qualified disability expenses including respite for your caregiver. Session will review eligibility, qualified expenses, impact to benefits and program features.

3:30pm – 3:45pm  BREAK

3:45pm – 5:00pm  BREAKOUT SESSION C

C1: Monte Sano Boardroom
MANAGEMENT OF ALS AND PARKINSON’S: GUIDELINES FOR CAREGIVERS
Sherry Kolodziejczak, MS, OTR/L, Director of Therapy Services/ALS Care Clinic/Cardiac Rehab, Crestwood Medical Center, Huntsville, AL

It is important to recognize symptoms, caregiver support and treatment options for those living with Parkinson's Disease and Amyotrophic Lateral Sclerosis (ALS.) This presentation will cover an overview of both Parkinson's Disease and ALS including diagnosis and symptoms. Furthermore, the presentation will discuss the effects on self-care and mobility and current treatment options including respite and resources for caregivers.

C2: Redstone Boardroom
THE RESPITE MINISTRY: BUILDING A VOLUNTEER RESPITE MINISTRY FOR DEMENTIA CARE
Daphne Johnston, Director, The Respite Ministry, A Volunteer Based Dementia Community, Montgomery, AL

The Respite Ministry is a social model of dementia care that can be easily replicated in a faith-based community. The sense of purpose and belonging that one can accomplish alone at home. Respite trained volunteers and participants work together to identify “activity roles” for the participants that support success and feelings of contribution. A volunteer program is cost-effective, provides respite to both caregiver and participant, and helps provide meaning and hope for the person living with dementia.

C3: Madison Boardroom
THE ROLE FAMILY CAMPS CAN PLAY IN PROVIDING RESPITE
Betsy Hopson, MSHA, Children's of Alabama, University of Alabama at Birmingham, Lincoln, AL
Ruth Brewbaker, BFA in Art; M.Ed, Rooftop Friends, Montgomery, AL

This presentation will explore the role that non-medical models, such as family camps, can play in achieving maximum independence and quality of life while providing much needed respite for families with special health care needs.
THURSDAY, OCTOBER 12  CONFERENCE, DAY ONE

C4: Big Spring Ballroom B-C
SECUERING RESPITE PROGRAMS THROUGH STATE ADVOCACY AND RESEARCH
Rachelle Cummins, M.A., Research Director, AARP, Washington, D.C.
Jon Bartholomew, M.P.A., Government Relations Director, AARP, OR

Using data from the 2015 Caregiving in the U.S. study and 17 studies conducted by AARP in 2015, the analysis explores the relationship between caregiver respite care use and reported health status, stress, and length of time providing care. Taken separately, these public opinion polls have provided state legislators with insights about the importance of respite care services for family caregivers. AARP legislative advocacy efforts and policy implications will also be discussed in this session.

C5: Big Spring Ballroom A
IT'S NOT ROCKET SCIENCE:
USING CABLE TELEVISION FOR CAREGIVER OUTREACH, EDUCATION, AND SHARING RESPITE
Emily Kearns, PhD, MA, BA, MBA, Evaluator/Consultant, Massachusetts Lifespan Respite Coalition, Andover, MA

It’s Not Rocket Science offers a case study and replicable model for using local cable television to reach isolated caregivers; respite and other providers; and diverse community stakeholders. Massachusetts Lifespan Respite Coalition staff share the nuts and bolts of creating a show to reach caregivers with respite and support resources. This interactive session explores using cable television as a natural outreach, marketing, and educational infrastructure - a must for any respite coalition and respite movement!

C6: Big Spring Ballroom D
“ME TIME” - A SOCIAL AND RECREATIONAL PROGRAM FOR PARENTS OF A CHILD WITH AUTISM
Lucina Clarke, M.Ed., Executive Director, My Time Inc., Brooklyn, NY;
Esther Wilson, President, Your Needs Resource Center, Rosedale, NY;
Denise Jordan, Parent, My Time Inc, Brooklyn, NY

In learning more about “Me Time,” a social and recreation program for parents of a child with Autism, parents will know the importance of taking time for oneself to relax, find solitude, rejuvenate and enjoy spending time alone and with others. They can give themselves permission to explore activities, accept themselves, and know that they are deserving of a break. Parents will realize that they can redefine who they are as a person and appreciate taking that break.

5:00pm
DINNER ON YOUR OWN IN HUNTSVILLE, ALABAMA!
Complimentary trolley service will transport guests around selected downtown venues from 6:00pm-9:00pm. Trolley service will begin and end at the Embassy and provide continuous loops through Twickenham Square, the Downtown District and the Lumberyard vicinity. The final loop will begin at approximately 8:30 p.m. Additional transportation can be arranged by guests through Uber or taxi service.

A Huntsville Dining Map and list of Staff Favorites have been included with your conference materials for easy reference. Enjoy!
Welcome to the NATIONAL LIFESPAN RESPITE CONFERENCE

Reach us @ 1-800-367-0955
www.mh.alabama.gov
facebook.com/ALMentalHealth
twitter.com/almentalhealth
youtube.com/ALMentalHealth

Are you a family caregiver that provides physical and/or emotional care for an ill or disabled loved one at home? Are you a grandparent or relative providing care to a child or disabled adult?

Alabama Cares may be able to help by providing support to family caregivers through assistance, education, respite, supplemental and information.

For more information contact:
TARCOG Area Agency on Aging
5075 Research Drive NW
Huntsville, AL 35805
1-800-AGE-LINE
www.tarco.org

Alabama Department of Mental Health

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Alabama CARES
Support for Caregivers

Alabama DEPARTMENT OF MENTAL HEALTH
EDUCATION • TREATMENT • RESEARCH

Supporting
Independence • Productivity • Inclusion
Working together for inclusive communities

Advocacy
productivity
independence
regardless of disability

ALABAMA Council on Developmental Disabilities
www.acdd.org
FRIDAY, OCTOBER 13  CONFERENCE, DAY TWO

7:30am – 3:00pm  REGISTRATION / INFORMATION TABLE
7:30am – 8:30am  BREAKFAST
For conference attendees staying at the Embassy Suites, the hotel provides a complete breakfast.
For others, a limited continental breakfast will be available.
8:30am – 8:45am  ANNOUNCEMENTS
8:45am – 9:15am  MORNING PLENARY: KEYNOTE SPEAKER
Introduction of Keynote: Todd Cotton, Acting Commissioner,
Alabama Department of Senior Services, Federal Lifespan Respite Grantee

The Honorable Lance Robertson, Assistant Secretary for Aging
Administrator, Administration for Community Living
U.S. Department of Health and Human Services
Washington, D.C.

9:15am – 9:30am  BREAK

9:30am – 10:45pm  BREAKOUT SESSION D

D1: Big Spring Ballroom D
TWITTER REVOLUTION: HOW *WE* CONQUERED THE TWITTERVERSE AND WON OVER LEGISLATORS
Joy Scott, Executive Director, Tri County Caregiver Relief, Yuba City, CA

This session provides an opportunity to learn how to use Twitter more effectively in the advocacy arena. Twitter is an information social network made up of 140-character messages called Tweets. Learn how to tweet and use it to advance your business or program, inform yourself about local news, affect policy change or simply share your feelings. There’s one universal thing you need to know about Twitter: JUST USE IT!

DEVELOPING A POLICY AGENDA FOR RESPITE CARE
Spencer Blalock, DHA, LCSW, BCD, Co-chair, Mississippi Family Caregiver Coalition, Decatur, MS

This presentation will describe the challenges to creating a respite network with no previous state respite policy agenda in place. Participants will learn about policy agendas, how they are reached based on theory and history, and how they can positively affect society. Participants will also discuss methods for achieving consensus to create a respite policy agenda with policy informants and policy makers. The formation of the Mississippi Family Caregiver Coalition and the role of the State Task Force on Caregiving in developing and promoting respite and caregiver recommendations for the lifespan will be used as examples.
D2: Monte Sano Boardroom

CRISIS NURSERIES:
USING RESPITE SUPPORT TO ALLEVIATE FAMILY CRISIS AND IMPROVE PARENT AND CHILD WELLBEING
Amy Kendal-Lynch, Program Director, Maryville Crisis Nursery, Chicago, IL
Tiffanny Powell, Program Manager of Family Support Services, Children’s Home + Aid, Bloomington, IL

Crisis Nurseries provide services 24 hours a day, 7 days a week to strengthen families by building protective factors for long term family stability. Through respite care services, crisis nurseries have become a critical community support for families experiencing crisis. The Crisis Nursery continuum of services begins with crisis child care and extends to referrals and linkages, parenting education, parent support groups, and home visiting services. We provide a trauma-informed approach using the ACES assessment.

D3: Big Spring Ballroom A

A MUSICAL VOYAGE
Mandy Hansen, Volunteer Coordinator, Tennessee Respite Coalition, Nashville, TN
Jennifer Abernathy, MSW, Executive Director, Tennessee Respite Coalition, Nashville, TN

Learn how the Music and Memory concept can be used in respite provision and how it helps caregivers and care recipients. In January 2017, the Tennessee Respite Coalition began the process to integrate Music and Memory with the Senior Companions Respite Program. The partnership is one of the first uses of the Music and Memory model to enhance the in-home respite experience.

D4: Madison Boardroom

SHORT BREAKS, BIG IMPACT: REST DELIVERS EDUCATION AND SUPPORT TO THOSE WHO PROVIDE RESPITE
Lois Sheaffer, Director, REST, Bloomingdale, IL
Wendy Berk, Program Analyst, REST, Bloomingdale, IL

REST (Respite, Education & Support Tools) is an evidence supported training program that uses a train-the-trainer approach to prepare individuals to provide respite. During this session, updated research data will be shared from the one-day workshops, showing that participants experience significant increases in their skills, knowledge, and confidence related to providing respite. The presenters also will explore how different states have adopted REST as a respite training model, and how family caregivers feel about respite they receive from trained REST Companions.

REST TRAINING PROGRAM - PREPARE TO PROVIDE CARE THROUGH ALABAMA CARES
Leisa Askew, Lee Russell Council of Governments, Area Agency on Aging, Alabama Cares, Opelika, AL
Mary Wedgeworth, South Central Alabama Development Commission, Area Agency on Aging, Alabama Cares, Montgomery, AL

REST provides the skills needed to provide quality respite assistance. Area Agencies on Aging in Alabama Cares are using REST to help create a network of individuals who are trained in providing quality, compassionate, and confident respite care to family caregivers. This session will be interactive and designed to prepare individuals to care for people across the lifespan who have chronic health care needs or disabilities.
FRIDAY, OCTOBER 13  CONFERENCE, DAY TWO

D5: Big Spring Ballroom B-C

CHARTING THE LIFECOURSE: RESPITE/SHORT BREAKS FOR CAREGIVERS

Jane St. John, Community Inclusion and Field Research Specialist, National Community of Practice for Supporting Families, University of Missouri-Kansas City, Institute for Human Development, Kansas City, MO

Utilizing the newly-released Charting the LifeCourse Respite Booklet designed as a collaborative project between the National Community of Practice for Supporting Families and the ARCH National Respite Network and Resource Center, this interactive, hands-on workshop will help caregivers, and those who support them, to understand the meaning and importance of respite/short breaks. Presenters will also discuss how the LifeCourse Respite Tools can help family caregivers identify the possibilities and options that exist for respite, within and outside the formal paid service system, and begin to create a successful plan that uses these short breaks to enhance the lives of all family members.

D6: Redstone Boardroom

UNDERSTANDING MALE CAREGIVERS

Julie Smith, CSA, Home Instead Senior Care, Huntsville, AL

The caregiver world is changing as more men are faced with the responsibility of caring for a spouse, parent or child. Faced with a different set of challenges, men often approach caregiving with a new set of eyes. Understanding the male caregiver and how to help them avoid stress and burnout is key to helping them have a positive caregiving experience.

10:45am – 11:00am  BREAK

11:00am – 12:15pm  BREAKOUT SESSION E

E1: Redstone Boardroom

LIFT OFF WITH MEMORY CAFES AND AUTISM EATS: EXPLORING INNOVATIVE CAFÉ RESPITE MODELS

Emily Kearns, PhD, MA, BA, MBA, Evaluator/Consultant, Massachusetts Lifespan Respite Coalition, Andover, MA
A. Michael Bloom, MA, MS, BS, Director of Strategy & Innovation, LifeLinks, Inc., Chelmsford MA,
Lenard Zohn, Co-Founder and Autism Dad, Autism Eats, Andover, MA

This session introduces two innovative and replicable café respite models that add a new dimension to the concept of respite – light respite where care partners share food, stimulating activity, and a meaningful sense of inclusion and community. Massachusetts Lifespan Respite Coalition’s mini grantees share their programs and facilitate the opportunity to consider how you can start a café respite program in your community.

E2: Big Spring Ballroom D

CREATING SUSTAINABLE VOLUNTEER-BASED RESPITE BY CATALYZING YOUR COMMUNITY

Lisa McCoon, Pause Program Director, Butler County Family and Children First Council, Hamilton, OH

Using a volunteer-based respite model, learn how to bring families needing respite out of isolation while catalyzing the local community to step in to fill the gap. From first conversations with early adopters through respite event logistics, such as safety, recruitment and retention of volunteers/community partners, family registration, event activities and program satisfaction, you will learn the necessary pieces needed to not only create respite opportunities, but also support families beyond the respite event.
E3: Monte Sano Boardroom

LAUNCH A DAY PROGRAM FOR THOSE WITH ALZHEIMER’S OR OTHER DEMENTIAS SO FAMILY CAREGIVERS CAN TAKE OFF
Janet B. Altman, Executive Director, South Carolina Respite Coalition, Columbia, SC

South Carolina has a variety of day programs, staffed primarily by trained volunteers, which serve individuals in the early and middle stages of dementia. These programs enable family caregivers to “take off” while their loved ones are launched into a “day with friends.” Day programs for those with memory loss, disorientation, and impaired decision-making are in great demand. The presenter will survey 3 specialized programs which enable participants and family caregivers to take off with respite.

E4: Big Spring Ballroom A

DON’T LET YOUR DATA BECOME HIDDEN FIGURES!
PLAN & CONDUCT EVALUATION TO TELL YOUR RESPITE STORY
MaryJo Alimena Caruso, M.Ed., T/TA Coordinator, FRIENDS National Resource Center for the Community-Based Child Abuse Prevention Program, Sewickley, PA

Evaluation is a necessary part of program accountability. Identifying what to measure, having the right measurement tools and collecting the data doesn’t have to feel like sending a spaceship to Mars! Knowing how to use those “hidden figures” to concisely communicate your respite program’s impact on the participants and community is a part of telling your program’s success story. Learn the process of engaging in meaningful evaluation to promote quality and demonstrate effectiveness!

E5: Big Spring Ballroom B-C

LAUNCHING RESPITE INNOVATIONS THROUGH A LIFESPAN RESPITE PROGRAM
Sarah Swanson, Family Support Outreach Coordinator, University of Nebraska Medical Center/Munroe-Meyer Institute, Omaha, NE
Ellen Bennett, MS, Respite Associate, University of Nebraska Medical Center/Munroe-Meyer Institute, Omaha, NE
Sharon Johnson, Lifespan Respite Network Coordinator, NE Department of Health and Human Services, Lincoln, NE

Learn about a College Student Service Learning Respite Curriculum being used to increase the base of Respite Providers in Nebraska. The project is gaining attention from colleges wanting to identify home-based experiences and enhance student training. Finally, updates to University of Nebraska Medical Center’s Employer Engagement project shared at the 2016 ARCH conference will be presented. This session will provide specific information about marketing these innovative projects and how evaluation is being used to demonstrate impact.

E6: Madison Boardroom

RESPITE CARE SUPPORTING OUR NATION’S WOUNDED WARRIORS
Jed D. Johnson, MSW, MBA, Vice President – Strategic Initiatives, Easterseals national office, Washington, D.C.
Tanya McKeen, 2017 Elizabeth Dole Fellow, Gadsden, AL

There are an estimated 5.5 million wounded, ill or injured veterans across the U.S. who rely on family members or friends for day-to-day support. The session will begin with the inspiring story of one veteran caregiver who in her own words shares, “The most important thing for a caregiver is to seek help, this is the most difficult, yet most rewarding, job you will ever have. And you must always move forward, for yourself and for your loved one.” This session will explore the unique aspects of military caregiving and caregivers in comparison to their civilian counterparts. Practical education about different types of respite, training resources and strategies for success will be highlighted.
FRIDAY, OCTOBER 13  CONFERENCE, DAY TWO

12:15pm – 3:00pm  LUNCH AND CLOSING PLENARY SESSION

VIDEO PRESENTATION
Congressional Champion of the Lifespan Respite Care Reauthorization Act (HR 2535; S 1188)

Senator Tammy Baldwin (D-WI)
U.S. Senate
Washington, D.C.

POLICY PANEL: THE CHANGING LANDSCAPE OF STATE AND FEDERAL POLICIES AFFECTING FAMILY CAREGIVERS
Moderator: Candace Williams, AARP Alabama State Director, Alabama Lifespan Respite Coalition Chairperson

Currently, Congress is contemplating massive changes to our health care system, drastic restructuring of Medicaid, and substantial cuts to critical safety net programs for the most vulnerable families. At the same time, as the population ages, the need to address financing and availability of long-term services and supports, the shortage of direct service workers, and the critical needs of large numbers of family caregivers becomes even more urgent. We will be facing some of our greatest challenges in attempting to address these dramatic demographic and policy shifts. As advocates, we need to be prepared to respond quickly to frequent proposed policy changes.

ARCH is proud to present this powerhouse panel of national policy experts to present up-to-the minute news on state and federal aging and disability policy and what it will mean for children and adults with disabilities and chronic illness, older adults and their family caregivers. Issues to be addressed by the prestigious panel include federal budget and tax policy, Medicaid, health insurance, home- and community-based services, direct care workforce issues, caregiver tax credits, state respite and caregiving legislation, and more.

Continuing Education Units have been approved by the National Association of Social Workers for 8 hours

Alabama Board of Nurses for 7.5 CEUs

Alabama State Board of Social Workers Examiners for 6.25 CEUs

Board of Examiners of Assisted Living Administrators for 7.75 CEUs

Please visit the CEU table near the Registration Desk for guidelines and additional information.
PANELISTS:

Kim Musheno  
Association of University Centers on Disabilities, Silver Spring, MD

Kim Musheno is the Director of Public Policy at the Association of University Centers on Disabilities where she works on federal policy and legislative issues that affect people with developmental disabilities and their families. She also provides leadership as Chair of the Consortium for Citizens with Disabilities (CCD), a coalition of more than 100 national disability organizations. Kim also co-chairs CCD Task Forces working on Fiscal Policy and Education.

Elaine Ryan  
AARP, Washington, D.C.

Elaine M. Ryan is the Vice President of State Advocacy and Strategy Integration (SASI) in the Government Affairs Department of AARP. Elaine leads a team of legislative staff who work with 53 AARP state offices to advance AARP’s state advocacy agenda with Governors and state legislators throughout the nation to enable individuals age 50+ and their families to attain and maintain their financial and health security.

Robert Espinoza  
PHI, Bronx, NY

Robert Espinoza is the Vice President of Policy at PHI, the nation’s leading authority on the direct care workforce, where he oversees its national policy, research, and communications activities. He designed PHI’s #60CaregiverIssues campaign, which is proposing solutions to the country’s growing workforce shortage in home care, and generating online conversation among half a million people.

Laura Weidner  
National Multiple Sclerosis Society, Washington, D.C.

Laura Weidner, as Senior Director of Federal Government Relations, leads the National Multiple Sclerosis Society’s strategy on federal policy impacting the day-to-day lives of people with MS and their families, including policy related to accessing quality healthcare, long-term services and supports (including family caregiving), durable medical equipment, and Social Security disability benefits. She is a co-chair of the Consortium for Citizens with Disabilities’ (CCD) Long-term Services and Supports Task Force, a member of the CCD Board of Directors, a member of the Independence Through Enhancement of Medicare and Medicaid Steering Committee, and a board member of Advance CLASS, Inc.

COURTESY LUGGAGE STORAGE

Courtesy luggage storage is available after check-out on Friday. Please see Conference Registration Desk to drop off and pick up.
2017 NATIONAL LIFESPAN RESPITE PLANNING COMMITTEE

Jennifer Abernathy, Executive Director, Tennessee Respite Coalition | Nashville, TN

Dorinda A. Adams, Programs Manager, Office of Adult Services, Social Services Administration, Maryland Department of Human Resources | Baltimore, MD

Mary Jo Alimena Caruso, T/TA Coordinator, FRIENDS National Resource Center | Sewickley, PA

Vicki Clear, DEAP Lifespan Respite Program Director and Coordinator, Montana Lifespan Respite Coalition | Miles City, MT

Jeff Duncan, Chief, Supportive Services, Aging and Disability Services Division, NV Dept of Health and Human Services | Las Vegas, NV

Doris Green, MPA, Director, NYS Caregiver and Respite Coalition, Lifespan of Greater Rochester | Rochester, NY

Liz Havenner, Human Services Program Coordinator, Dept for Aging and Rehabilitative Services | Henrico, VA

Brittany Huey, Training and Resource Specialist, Alabama Lifespan Respite, a project of UCP of Huntsville and Tennessee Valley | Huntsville, AL

Jill Kagan, Director, ARCH National Respite Network and Resource Center | Annandale, VA

Emily Kearns, Evaluator/Consultant, Massachusetts Lifespan Respite Coalition | Andover, MA

Susie Keesling, Program Administrator, AR DHS-Division of Aging and Adult Services | Little Rock, AR

Meghan Kluth, Program Manager, Colorado Respite Care Program | Easter Seals, CO

Cara L. Magrane, Executive Director, Autism Lifeline Links (ALL) | San Antonio, TX

Joy Scott, Co-President, California Respite Association, Tri-County Caregiver Relief | Yuba City, CA

Cheryl Smith, CEO, United Cerebral Palsy of Huntsville and Tennessee Valley | Huntsville, AL

Melissa Terry, Statewide Outreach Coordinator for Alabama Lifespan Respite, a project of UCP of Huntsville and Tennessee Valley | Huntsville, AL

Amberly Wagner-Connolly, Assistant Professor, Clarkson College | Omaha, NE
Therap

National leader in Web-based documentation supporting Community and In-Home Services for children and adults with special needs.

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For more info contact Lakeisha Coston-Nhep lcoston@clearcareonline.com or 415-840-0007

COLORADO RESPITE COALITION

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www.coloradorespitecoalition.org

TENNESSEE RESPITE COALITION

Now you can apply for the Respite Voucher Program online!
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UCP United Cerebral Palsy of Huntsville & Tennessee Valley

Life without limits for people with disabilities

ucpalabama.org

CAL RESPITE ASSOCIATION

MEDICARE RX ACCESS NETWORK of Alabama
CONFERENCE SCHEDULE AT-A-GLANCE

WEDNESDAY, OCTOBER 11 NATIONAL CONFERENCE RECEPTION

4:00pm – 5:30pm Registration
5:30pm – 10:00pm Welcome and Networking Reception - Campus No. 805

THURSDAY, OCTOBER 12 CONFERENCE, DAY ONE

7:30am – 5:00pm Registration/Information Table
7:30am – 9:00am For conference attendees staying at the Embassy Suites, the hotel provides a complete breakfast.
For others, a limited continental breakfast will be available.
9:00am – 9:30am Opening and Welcome & Congressional Videos
9:30am – 10:30am Keynote Speaker – Al Condeluci, PhD, Pittsburgh, PA
10:30am - 11:00am Break
11:00am – 12:15pm Breakout Session A
12:15pm – 1:00pm Lunch and Special Presentations
1:00pm – 2:00pm Keynote Speaker - Christine Lavin, New York City, NY
1:00pm – 2:00pm Lunch and Keynote Speaker, Christine Lavin
2:00pm – 2:15 pm Break
2:15pm – 3:30 pm Breakout Session B
3:30pm – 3:45 pm Break
3:45pm – 5:00 pm Breakout Session C

FRIDAY, OCTOBER 13 CONFERENCE, DAY TWO

7:30am – 3:00pm Registration/Info Table
7:30am – 8:30am For conference attendees staying at the Embassy Suites, the hotel provides a complete breakfast.
For others, a limited continental breakfast will be available.
8:30am – 8:45am Morning Welcome and Announcements
8:45am – 9:15am The Honorable Lance Robertson, Assistant Secretary for Aging
Administrator, Administration for Community Living
U.S. Department of Health and Human Services, Washington, D.C.
9:15am – 9:30am Break
9:30am – 10:45am Breakout Session D
10:45am – 11:00am Break
11:00am – 12:15pm Breakout Session E
12:15 – 3:00 pm Lunch and Panel
1:00 – 2:45 pm Luncheon Plenary - The Changing Landscape of State and Federal Policies Affecting
Family Caregivers: Critical Information for the Respite and Caregiving Community
2:45pm - 3:00pm Closing Activities and Special Announcements
Conference End

The National Lifespan Respite Conference is being videotaped. The video may be used on websites, social media and various respite trainings. Likewise, photographs of conference activities and attendees have also been arranged. By choosing to participate, you are authorizing the event staff to use the video, photographic and/or sound recording of your image and voice for purposes related to this and future National Lifespan Respite Conferences.