



ILLUMINATE RESPITE

2019 NATIONAL LIFESPAN | APRIL 30-
RESPITE CONFERENCE | MAY 2, 2019

Adam's Mark Hotel and Conference Center
120 Church Street | Buffalo, NY

Call for Presentations

Deadline for Proposal Submissions: September 28, 2018

The New York State Caregiving and Respite Coalition, in collaboration with the ARCH National Respite Network and Resource Center, will host the 2019 National Lifespan Respite Conference in Buffalo, NY, beginning the evening of April 30 and concluding on May 2, 2019. The conference will be preceded by the Lifespan Respite Grantee and Partner Learning Symposium for grantees and partners only on April 30, 2019.

The theme for the conference, *Illuminate Respite*, is inspired by the rich history of Buffalo, located on the shores of Lake Erie near Niagara Falls. In the late 19th century, Buffalo was the first city to implement widespread streetlights, earning it the nickname, "The City of Light." During this time Buffalo was a hub of innovation, using the natural power of Niagara Falls to bring light and growth to the city. This conference will provide a space to harness the power of the respite network to explore and formulate strategies to meet the respite needs of the nation's 43 million family caregivers.

Previous national respite conferences have been very successful, and we expect no less from the 2019 conference in Buffalo, NY! The conference will offer valuable, up-to-date information for families, professionals and other stakeholders related to respite supports for caregivers. Conference keynote speakers and breakout sessions will offer a multitude of opportunities to *shine a light* on Lifespan Respite Care Programs and other respite services and initiatives that support caregivers.

This call for presentations is an opportunity to come to the "City of Light" to share your innovative best practices related to respite care, and to light the path for others to benefit and learn from what you've accomplished.

Target Audience

This national conference is intended for *everyone* who supports family members and family caregivers of individuals across all ages. Anyone who is affected by or caring for someone with Alzheimer's disease, Multiple Sclerosis, Parkinson's, ALS, Autism, Down Syndrome, ADHD, intellectual or developmental disabilities, mental health and behavioral health issues, or any other disabling or chronic condition has a stake in significant caregiver issues. Families of or providers to military wounded soldiers or Veterans, kinship caregivers or providers, and those working with families at risk of abuse or neglect will also have much to gain from attending this conference. The audience will include family caregivers, persons with disabilities, older adults, parents, grandparents, guardians, respite providers, social workers, case managers, program managers, nurses, researchers, advocates, direct support staff, teachers, leaders of faith-based organizations, policy makers, and other community/business leaders who influence and shape the role of respite in the support network.

What benefits do YOU gain from presenting at the Conference?

- You gain visibility and recognition as a national leader on Lifespan Respite.
- You are provided an opportunity to network with and learn from other professionals and caregivers from across the nation.
- You will have the satisfaction of sharing best practices in Lifespan Respite systems and services.
- You will receive a \$75 discount off the "early bird" registration cost of \$395, reducing the cost of the conference registration for presenters to just \$320. (The Presenter's Code you will receive needs to be included on the Registration Form.)
- All ARCH paid members and New York residents receive a \$100 discount off the "early bird" registration fee for a cost of just \$295. Only one discount per person permitted.

Presentation Formats

The conference will offer 75-minute time slots for breakout sessions. Presenters are encouraged to incorporate the ***Illuminate Respite*** theme, targeting one of the five topic areas and/or the Lifespan Respite Track listed below. Please think of creative ways to inform, engage, and energize the workshop audience. Each presentation should include at least three learning objectives.

Presenters are welcomed and encouraged to develop interactive sessions that engage participants in discussion, networking, and an open exchange of ideas. You are encouraged to develop a proposal alone or with one or two other speakers on a related topic.

The conference review committee retains the right to combine presentations with others under similar topics. Presenters will be notified in advance if this occurs.

Breakout rooms will be set up "theatre" style or with round tables to accommodate 35-75 participants. If your proposed session or presentation requires a different space set up, the request must be indicated on the application form. We will not be able to guarantee your preferred arrangement, but we will do our best to accommodate your needs.

Topics/Tracks

We are looking for presentation proposals that focus on respite care, but cross over multiple disciplines, reflecting the wide range of options required and utilized by caregivers across the lifespan. Proposals should target one of five topic areas and/or the Lifespan Respite Track described below. Possible session ideas are included below for each of the topical areas, but you are not limited to these. Be creative!

Topic Areas and Suggested Session Ideas

Service Delivery Options throughout the Lifespan:

- Innovative respite provider recruitment, training or credentialing programs
- In-home respite
- Volunteer respite
- Faith-based models
- Consumer-directed and voucher respite
- Respite for family caregivers of populations with specific conditions
 - Older adults with functional limitations
 - Individuals with Alzheimer's or other dementias
 - Individuals with neurological conditions (e.g., ALS, MS, Parkinson's)
 - Children or adults with intellectual or developmental disabilities
 - Children or adults with special medical needs or physical disabilities
 - Children or adults with autism
 - Children or adults with mental health issues
 - Other underserved populations (individuals with brain injury, paralysis, cancer, etc.)
- Respite for military families or Veterans
- Respite for grandparents or kinship caregivers
- Respite for employed family caregivers
- Respite for LGBT family caregivers and care recipients
- Respite for culturally unique populations (e.g., Asian, African American, Native American, Hispanic family caregivers and care recipients)
- Respite for adopted children
- Respite for foster families
- Health and safety issues in respite service delivery
- Inclusive respite options and natural supports for respite
- Emergency respite
- Rural respite
- Respite in hospice, palliative care or end-of-life situations
- Respite as abuse and neglect prevention/crisis nurseries and crisis care

- Behavior management in respite settings
- Emergency preparedness in respite settings
- Overnight/weekend respite models
- Therapeutic respite care
- Adult day care
- Facility-based respite (hospitals, nursing homes, assisted living, group homes)

Evaluation and Research:

- Evidence-based or evidence-informed practices
- Latest in respite research
- Documenting cost-benefits of respite
- Family caregiver satisfaction with respite
- Respite as abuse prevention – is it effective?
- Outcome-based evaluation
- Performance measurement and data collection
- Measuring systems change and respite access
- Needs assessments, surveys and environmental scans

Family Caregivers:

- What does respite mean for you?
- Formal versus informal respite support: Do you have a preference?
- Respite as a stress reducer
- Respite benefits for caregiver health and well-being
- Respite cooperatives
- How to make the most of your respite experience if you are a:
 - Male caregiver
 - Sibling caregiver
 - Youth caregiver
- How to make the most of your respite time
- Finding and paying for respite
- Training your own respite providers
- Consumer-directed respite: Is it for you?
- Using technology to support or enhance your respite experience
- Respite responsiveness to cultural diversity
- Immigrant-refugee family caregivers' awareness and use of respite
- Caregiver assessment: Is respite meeting your specific respite needs?
- How to advocate for respite policy change
- Overcoming barriers to accepting respite

New Partnerships and Business Development:

- Promoting employer or corporate sponsored respite
- Partnering with health systems, hospitals and medical community to promote respite
- Partnering with local businesses to support respite
- Use of new technology in respite delivery
- Business aspects of respite delivery and best practices
- Addressing direct service worker shortages and labor issues
- Developing a business or strategic plan
- Creative partnerships and collaboration for respite
- Engaging and retaining new stakeholders
- Working with managed care organizations or health insurance companies

Advocacy, Networking, and Sustainability:

- Engaging with No Wrong Door Systems/Aging and Disability Resource Centers
- State Respite Coalition building and sustainability
- State Respite Coalition best practices
- Working with State Legislatures
- Federal and state policy
- Developing legislative advocacy skills
- Identifying respite funding sources
- Ensuring sustainability through partnerships
- Conducting respite outreach, public awareness and information dissemination
- Comprehensive sustainability plans and planning processes for respite services and systems

Lifespan Respite Track:

In addition to the topical areas above, the conference will highlight a Lifespan Respite track. Current and former Lifespan Respite grantees and their partners are encouraged to submit a session proposal that describes best practices, program successes, and challenges experienced in the implementation of Lifespan Respite grant or coalition activities.

Topics in this track might include: Innovative service delivery; collaborative partnerships (e.g., the role of No Wrong Door Systems and Aging and Disability Resource Centers; unique stakeholders in Lifespan Respite systems, such as employers, medical community or managed care organizations); respite registries; growth management; public awareness and messaging; defining a Lifespan Respite system for improved respite access; outreach to reluctant or resistant family caregivers; sustainability plans; fact-finding and data management; defining or refining the role of the state respite coalition and its relationship to the grantee agency; and other significant accomplishments or challenges resulting from activities undertaken with Lifespan Respite grant funds.

Important Instructions for Application Submission

All presenter applications must be completed online at <https://jbkagan.wufoo.com/forms/2019-call-for-presentations/>. Be sure to review this **Call for Presentations Application Form** carefully to be certain you describe all aspects of your proposal and complete each required section before you submit the application online. We suggest you preview the questions in advance [here](#).

[https://arch.wildapricot.org/resources/Documents/2019_Nat_Lifespan_Respite_Conf/Instructions_and_Questions_Preview.pdf]

PLEASE NOTE INSTRUCTIONS FOR COMPLETING THE ONLINE FORM:

- 1) You must complete the application in one sitting. You will not be able to save it, exit the session, and continue later. We recommend that you draft the narrative portions of the proposal in a WORD document, save responses to your computer, and then copy and paste the relevant sections into the appropriate text boxes in the online application.
- 2) As you advance from page to page in the application, responses are saved in that current session as long as you don't exit the site. You can return to any previous page to review and edit your responses at any time during the current session until you hit the "Submit" button at the end of the survey. DO NOT USE YOUR BROWSER BACK OR ADVANCE BUTTONS to navigate between pages - use NEXT or PREVIOUS Buttons in the online application only. Once you hit "Submit" your application is considered final and complete.

You will receive a confirmation email with a copy of your submitted proposal. However, as indicated above, we recommend that you save your responses in a WORD document before transferring the information to the online application.

Proposal Submissions and Deadline

The Call for Presentations Application Form must be completed in full and submitted no later than September 28, 2018

Please submit your proposal [online](#). To be considered, all proposals must be submitted online by the deadline and include all information requested on the Presenter's Application Form.

[<https://jbkagan.wufoo.com/forms/2019-call-for-presentations/>]

We will make every effort to respond to all applications no later than December 15, 2018

Presenter's Registration

All presenters will be required to be registered for the conference. Approved presenters will receive a \$75 discount off of the "early bird" registration cost for ARCH non-members (\$395) reducing the cost of registration for presenters to just \$320.

Please note: New York residents and ARCH paid members, whether or not they are presenters, are entitled to a discounted registration rate of \$295, rather than the \$320 for all other presenters. Only one discount per registrant will be permitted. If you are not currently an ARCH paid member, and you would like to join ARCH to enjoy the member discount (and other [benefits](#)), please visit https://arch.wildapricot.org/Member_Application/

An approved presenter's registration must be completed and paid for by March 1, 2019 for the presenter's session to be included in the conference. The presenters will receive a Presenter's Discount Code when notified of the proposal's acceptance. This code must be used when registering to receive the \$75 discount. If you are a New York resident, you will receive the resident code that will entitle you to the \$100 discount. If you are an ARCH paid member, the discount will automatically be taken when you register. The registration fee will not be waived for presenters. In addition, hotel, travel, per diem, and other associated costs are the responsibility of each presenter.

AV Equipment

All breakout sessions will include a PowerPoint package which includes a podium with laptop computer, LCD projector and screen. Internet may be available. A podium microphone may be provided depending on the size of the room and the acoustics. Presenters will be responsible for costs associated with any additional equipment or services required. Contact Doris Green with the New York State Caregiving and Respite Coalition at dgreen@lifespanrochester.org if you have questions or additional requests.

Proposal Review Process

All completed proposals will be reviewed by the Conference Planning Committee using the following criteria:

- Practical applicability to the conference theme *Illuminate Respite*
- Usefulness of the information, skills, and/or ideas for the intended audience
- Contributions to new or innovative practices
- Intent to stimulate active engagement of participants
- Presenter's qualifications and experience
- Use of instructional aids

We reserve the right to request modifications to a proposal before a final decision is made. We also reserve the right to combine presentations with similar topics in one session. Presenters will be notified in advance if this should occur.

Dates to Remember

Lifespan Respite Grantee and Partner Learning Symposium (by invitation only)	<u>April 30, 2019</u>
Opening Conference Reception	<u>Evening of April 30, 2019</u>
National Lifespan Respite Conference:	<u>May 1-2, 2019</u>
Call for Presentations Deadline:	<u>September 28, 2018</u>
Presenter Notification:	<u>December 15, 2018</u>
Presenter Registration Payment Due:	<u>March 1, 2019</u>

Questions?

Please contact Doris Green at the New York State Caregiving and Respite Coalition at dgreen@lifespanrochester.org or Jill Kagan with ARCH at jkagan@archrespite.org with any questions.

Visit the [Conference Website](#) for more information. To complete the Call for Presentations Application Form online visit <https://jbkagan.wufoo.com/forms/2019-call-for-presentations/>.

Conference Hosts.....

