



ILLUMINATE RESPITE

2019 NATIONAL LIFESPAN | APRIL 30-
RESPITE CONFERENCE | MAY 2, 2019

Conference Schedule

Monday, April 29, 2019

5:00 – 7:00 PM Networking Reception for Lifespan Respite Grantees, Partners
and Guests (by invitation only)

Tuesday, April 30, 2019

8:00 AM – 4:30 PM Lifespan Respite Grantee and Partner Learning Symposium
(by invitation only)

3:00 – 8:00 PM National Conference Registration

5:00 – 8:00 PM Welcome and National Conference Reception

New York State Wine Tasting

Wednesday, May 1 – Conference, Day One

7:00 AM – 5:00 PM Registration | Information Table | Resource Tables

7:30 – 8:30 AM Breakfast

8:30 – 9:30 ***Opening Session and Welcome***

Jill Kagan, ARCH National Respite Network and Resource Center

Doris Green, New York State Caregiving and Respite Coalition

Greg Olsen, Acting Director, New York State Office for the Aging

Nora OBrien-Suric, President, Health Foundation for Western and
Central New York (Champions of Respite)

9:30 – 10:00 Break (move to Mezzanine Level)

10:00 – 12:15

Caregiver Simulation

What better way to understand caregivers, than to spend a few hours in their shoes. This active simulation allows participants to experience a fraction of the challenges caregivers face, day in and day out. Each participant will be assigned a role, and will have tasks, dilemmas and opportunities to navigate throughout the afternoon. We believe that this experience can develop empathy for caregivers, care receivers and agencies who are involved along the way. We invite you to join us in this simulation as a way of better understanding caregivers, so that we may then effectively engage them.

12:15 – 12:30 PM

Break

12:30 – 2:00

Luncheon Plenary Session



Keynote Speaker

Andy Goodman, The Goodman Center, Los Angeles, CA *Story Telling as a Best Practice*

Andy Goodman is co-founder and director of The Goodman Center, which teaches communications and marketing professionals how to reach more people with more impact. Andy is internationally known for his speeches and workshops on storytelling and has led over 500 trainings for clients including CARE, The Nature Conservancy, Boys and Girls Clubs of America, MIT, Princeton, the Bill and Melinda Gates Foundation, the Robert Wood Johnson Foundation, Bank of America, and many others. He has designed communications curriculum for the College for Social Innovation in Boston as well as for the African Leadership University in Mauritius. He is the author of *Storytelling as Best Practice* and *Why Bad Presentations Happen to Good Causes*.

2:00 – 2:15

Break

2:15 – 3:30

Breakout Session A

3:30 - 3:45

Break

3:45 – 5:00

Breakout Session B

Dinner on your own

5:30 – 9:30 PM

Excursion: Niagara Falls and Dinner
(preregistration and separate payment required)

Thursday, May 2, 2019 – Conference, Day Two

7:30 – 3:00 PM Registration | Information Table | Resource Tables

7:30 – 8:30 AM Breakfast

8:30 – 9:00 ***Morning Plenary Session***

Welcome and Announcements



Recognition by ARCH of Innovative and Exemplary Respite Services

9:00 – 9:30

Keynote Speaker



**Lori Gerhard, Director
Office of Consumer Access & Self-Determination
Administration for Community Living
U.S. Department of Health and Human Services
Washington, D.C.**

The Office of Consumer Access & Self-Determination works in collaboration with other federal agencies to make grants to states to transform Long-Term Service & Support Systems to be more responsive to the needs of people with disabilities, older adults, and their caregivers. As Director of the Office of Consumer Access & Self-Determination, Ms. Gerhard oversees the administration of the No Wrong Door System program (ADRC), the Veteran Directed Care program, the Lifespan Respite program, the Inclusive Community Transportation program, the Supported Decision-Making program and the Assistive Technology Act program.

9:30 – 9:45 Break

9:45 – 11:00 **Breakout Session C**

11:00 – 11:15 Break

11:15 – 12:30	Breakout Session D
12:30 – 12:45 PM	Break
12:45 – 2:45 PM	<p><i>Luncheon Plenary and Closing</i></p> <p>2020 International Respite Conference Announcement <i>Kim Whitmore, International Short Break Association (ISBA), ISBA Conference Chair, and Casandra Firman, ARCH</i></p> <p>Panel: <i>Who Is America’s New Sandwich Generation? Millennials and GenX</i></p> <p>Gretchen E. Alkema, PhD, Vice President, Policy and Communications, The SCAN Foundation, Long Beach, CA</p> <p>Rachel Hiles, Caregiver Advocate with the <i>Do YOU give a care?</i> Campaign, Kansas City, MO</p> <p>C. Grace Whiting, J.D., President and CEO, National Alliance for Caregiving, Washington, D.C.</p>
2:45 – 3:00 PM	Wrap Up and Conference End