Helping Those Who Care

Partnering to Create an Assistive Technology as Respite Education Training for Caregivers
Tybalt, Sally, & Sweetie Pie
## Activities of Daily Living: 1,047 items

1 of 42 categories

<table>
<thead>
<tr>
<th>Item Information</th>
<th>Bookmark</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Pillow Speakers silver</strong> - L16298</td>
<td><img src="image1.png" alt="Image" /></td>
</tr>
<tr>
<td><strong>Available for Loan</strong></td>
<td>T.A.S.C. of UCP Huntsville, AL</td>
</tr>
<tr>
<td><strong>(TASC_0525)</strong></td>
<td>Plug the SoftSpeaker Pillow Speaker into the earphone jack of any radio. Since you rest your head on it directly, no one else is disturbed by the noise.</td>
</tr>
</tbody>
</table>

| **Pincher Mouthstick - Patterson Medical** - L11908 | ![Image](image2.png) |
| **For Demonstration** | Children's of AL Birmingham, AL |
| **A torque-controlled pincher used to insert paper into a typewriter or printer.** | Tension adjust, using a replaceable rubber band, to lift heavier objects. |
| **Weights 1-1/2 oz. Not returnable if package seal is broken. Contains latex.** | ***This item for use by Children's of AL patients only.*** |

| **Plastic Bath Safety Bar** - 82619 | ![Image](image3.png) |
| **Free** | C.A.R.E. Project, Montgomery, AL |
| **(1286) 11.5" L Plastic Bath Safety Bar** | **Suction Cup Design makes it easy to attach remove or relocate** |
| **• Enter a wet and slippery tub or shower safely with the Safe-er-Grip balance assist bar.** | **Flip up easy release tabs for easy Installation and removal** |
| **• Easy to clean - wipe with damp rag.** | **Plastic Food Guard** - 172835 |

| **Plastic Food Guard** | ![Image](image4.png) |
| **For Demonstration** | T.A.S.C. of UCP Huntsville, AL |
| **SureFit Plastic Food Guard Attractive enough for any table, the inconspicuous design of the SureFit Clear Food Guard makes it ideal...** | **Reduces spills off plate & supports independent eating** |
| **Save fit - slips precisely on plate.** | **[al.at4all.com](http://al.at4all.com)** |
As the result of the AT Act of 1998 (Amended 2004), each state has an AT program to increase access to and acquisition of AT, including durable medical equipment, to individuals of all ages and abilities in all environments.

The Administration for Community Living administers the State Grant for AT Program, which includes alternative financing loan programs for the acquisition of AT, for each U.S. state and territory.

Find out more about the AT Act and State Grant for AT Program here: https://acl.gov/programs/assistive-technology/assistive-technology
HOW DO I FIND MY STATE’S AT PROGRAM?

https://www.at3center.net

https://catada.info/state.html
Helping Those Who Care

- Free onsite, 1-hour caregiver education opportunity
- Small group (15 participants or less), hands-on, interactive discussion
- Demonstration of approximately 30 AT items via STAR
- Caregiver education/respite stipends ($100 per caregiver)
- Free AT item ($10 per item/per caregiver)
- Technical assistance (how to use your AT)
- Access to and instructions for using the STAR online AT lending library
- Resource referrals (where to purchase more AT)
- Print and online training resource materials, including the HTWC Toolkit (printed in English and Spanish)
- STAR resources and materials
<table>
<thead>
<tr>
<th><strong>Liftware Steady™</strong></th>
<th><strong>Liftware Level™</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>Assistive device for hand tremor. ¹</td>
<td>Assistive device for limited hand and arm mobility. ²</td>
</tr>
<tr>
<td>Attached utensil shakes 70% less than your hand. ³</td>
<td>Attached utensil stays level as your hand twists, bends, and moves.</td>
</tr>
<tr>
<td>Advanced sensor and motor-based cancellation technology.</td>
<td>Advanced sensor and motor-based self leveling technology.</td>
</tr>
</tbody>
</table>
Apple Watch Series 4 (starting at $399)

- Detects dangerous heart rate/rhythm with an integrated electrocardiogram (ECG)
- Detects falls
- Emergency SOS features means it can call 911, notify your emergency contacts, send your current location via GPS, and display medical ID info on its screen for emergency responders
- WAY cooler than a traditional alert system
Helping Those Who Care Assistive Technology Toolkit

What is Assistive Technology?

Assistive Technology (AT) is any item, piece of equipment, or product system that is used to increase, maintain, or improve the functional capabilities of individuals.

What is Respite?

Respite is temporary short-term relief to families and caregivers from the extraordinary and intensive demands of providing ongoing care in the home. Occasional relief supports family stability and well-being.

Why is AT important to caregivers?

Caregivers deal with stress, burnout, frustration, exhaustion, fatigue, chronic injury, and so much more on a DAILY basis. AT can provide more independence to the care recipient, resulting in a form of respite for the caregiver.

Let’s find AT devices to best serve your needs!

We can help if you or your loved ones struggle with daily activities because of:

- a vision impairment
- a hearing impairment
- a difficult time with self-feeding and/or drinking
- a difficult time remembering things
- the inability to dress yourself
- other barriers that challenge living independently

AT resources at UCP Huntsville

HTWC: http://ucphuntsville.org/what-we-do/htwc
HTWC Resources: http://ucphuntsville.org/what-we-do/alabamarespite/htwc/resources/
HTWC Caregiver Apps: http://ucphuntsville.org/what-we-do/alabamarespite/htwc/apps-for-caregivers/
HTWC Pinterest Board: https://www.pinterest.com/ucphsv/helping-those-who-care

STAR Assistive Technology Online Loan Database: https://alat4all.com
HTWC Pre-test

Are you familiar with assistive technology (AT)?
Yes—43%  No—57%

Have you ever used AT to provide a greater sense of independence for your loved one?
Yes—35%  No—65%

Are you currently experiencing caregiver stress and burnout?
Yes—66%  No—34%

Are there social, emotional, and/or physical barriers that might prevent you from providing long term, in-home care to your loved one?
Yes—45%  No—55%

Have you ever attended a caregiver training?
Yes—23%  No—77%
HTWC Post-test

Because of this training, do you have a better understanding of AT?
Yes—100%

Do you feel that using assistive technology will provide a greater sense of independence for your loved one?
Yes—98%  No—2%

Do you think using AT will help decrease caregiver stress and burnout?
Yes—99%  No—1%

Do you feel that AT will help care recipients remain in their home with their families longer, reduce potential for injuries, and provide an enhanced quality of life?
Yes—99%  No—1%

Would you be interested in attending future caregiver trainings?
Yes—98%  No—2%
AT/HTWC Collaboration Statistics

2017—AT Program without HTWC
• Training participants: 228
• Demonstrations/Loans: 182
• Referrals: 93
• Technical assistance: 0

2018—AT Program with HTWC
• Training participants: 503
• Demonstrations/Loans: 477
• Referrals: 323
• Technical assistance: 119
Let’s Collaborate!

Opportunities
• Increased public awareness about your state’s AT program
• Increased AT training opportunities
• Increased AT demonstration and loan participation

Challenges
• Proximity to AT loan closet
• Availability of specific AT items for demonstration and loan
• Training respite staff who are unfamiliar with AT
Let’s Collaborate!

Potential Partner Examples
• Alabama Council on Developmental Disabilities
• Area Agencies on Aging
• Alabama Department of Senior Services
• STAR

Potential Funding Needs
• Cost of demonstration and loan items to add to inventory
• Additional and/or new marketing materials
• Free AT items
• Staff training
Resources to Replicate HTWC

Online
• htwc.alabamarespite.org
• at3center.net
• catada.info/state.html

Print
• Fact sheet
• Grant language
• AT program statistics and benefits

Contact Tracy Cieniewicz at tracyc@ucphuntsville.org and 256-859-4900