

# Illuminate Respite

A Beacon of Hope for Many

May 2, 2019



# Key Points

- Growing Demand for Respite
- Curiosity, Partnerships, and Policy
- How Can We Illuminate Respite?
- Closing



# Growing Demand for Respite

- In 2015, The National Alliance for Caregiving and AARP reports that approximately 43.5 million caregivers have provided unpaid care to an adult or child in the last 12 months.
- In 2014, The RAND Corporation found that there are an estimated 5.5 million military caregivers in the US. Of these 1.1 million are caring for post-9-11 Veterans.
- In 2016, the National Academies of Sciences Engineering and Medicine found that at least 17.7 million individuals in the US are family caregivers of someone age 65 and older who has a significant impairment.



# Curiosity

- What is it?
- How can I be curious?
  - Ask Good Questions and Listen
  - Learning Goal Focused
  - Build on Ideas Without Judgement
  - Broaden Networks
- What is it's impact?

# Partnerships

- Coalitions
- State ADRC/NWD Systems
- State Assistive Technology Act Programs
- Employers
- Federal Agencies: US Department of Agriculture, US Department of Veterans Affairs, Center for Medicare & Medicaid Services, Federal Transit Administration
- Foundations
- Veteran Service Organizations
- Faith Based Organizations

# Policy

- Medicare Advantage(MA) Plans and Social Determinants of Health (SDoH)
- VA Mission Act
- RAISE Act
- Supporting Grandparents Raising Grandchildren Act

# How Can We Illuminate Respite?

- Tell Stories
- Share Our Best Practices
- Be Curious
- Build Partnerships
- Leverage Policy Changes
- Research and Translation

# Together We Illuminate Respite



## ILLUMINATE **RESPITE**

2019 NATIONAL LIFESPAN | APRIL 30-  
RESPITE CONFERENCE | MAY 2, 2019

## Thank You For Bringing Hope To Many



# Contact Information

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