Key Points

• Growing Demand for Respite
• Curiosity, Partnerships, and Policy
• How Can We Illuminate Respite?
• Closing
Growing Demand for Respite

• In 2015, The National Alliance for Caregiving and AARP reports that approximately 43.5 million caregivers have provided unpaid care to an adult or child in the last 12 months.

• In 2014, The RAND Corporation found that there are an estimated 5.5 million military caregivers in the US. Of these 1.1 million are caring for post-9-11 Veterans.

• In 2016, the National Academies of Sciences Engineering and Medicine found that at least 17.7 million individuals in the US are family caregivers of someone age 65 and older who has a significant impairment.
Curiosity

• What is it?

• How can I be curious?
  – Ask Good Questions and Listen
  – Learning Goal Focused
  – Build on Ideas Without Judgement
  – Broaden Networks

• What is it’s impact?
Partnerships

• Coalitions
• State ADRC/NWD Systems
• State Assistive Technology Act Programs
• Employers
• Federal Agencies: US Department of Agriculture, US Department of Veterans Affairs, Center for Medicare & Medicaid Services, Federal Transit Administration
• Foundations
• Veteran Service Organizations
• Faith Based Organizations
Policy

• Medicare Advantage (MA) Plans and Social Determinants of Health (SDoH)
• VA Mission Act
• RAISE Act
• Supporting Grandparents Raising Grandchildren Act
How Can We Illuminate Respite?

• Tell Stories
• Share Our Best Practices
• Be Curious
• Build Partnerships
• Leverage Policy Changes
• Research and Translation
Together We Illuminate Respite

Thank You For Bringing Hope To Many
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