Variety! The Spice of Life

Engaging a variety of Non-profit Organizations in Respite

Pam Oliason
Idaho Commission on Aging

Session D-6
The Landscape of Respite

• Limitations:
  • Limited for-profit adult day care (three in the state)
  • Limited resources in rural areas
  • Limited non-profit community engagement
  • Limited use of respite under Medicaid waivers due to low reimbursement rate
  • Limited services due to health care worker shortage

• Increases:
  • Over 2500 certified family homes can provide hourly adult day care to people living in the community (new rule change 2018)
  • Increased services to children with significant emotional disturbances and families
The Process

• The Idaho Caregiver Alliance (ICA), Idaho’s Lifespan Respite Coalition, was established to help the Idaho Commission on Aging (ICOA) implement Lifespan Respite projects.

• The Idaho Caregiver Alliance has over 400+ members statewide including individual caregivers, non-profit, private and public organizations.
  
  o The ICA and ICOA established a Community Respite workgroup.
  o Created Request for Proposal (RFP) for Community Respite contractors.
  o Developed and distributed a flier, email, and social media communication to promote the RFP statewide.
  o Talked directly with community non-profit organizations to encourage them to consider the RFP.
Generating awareness of the funding opportunity

FUNDING OPPORTUNITY
COMMUNITY RESPITE
The Idaho Lifespan Respite Program offers a funding opportunity for people or organizations who wish to provide relief services to unpaid caregivers caring for people with disabilities, significant emotional disturbances, or persistent progressive diseases (children, adults and/or elders).

CONTACT
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CREATING COMMUNITY RESPITE
Your group may already provide respite services. Are you...
• Providing transportation to worship services, doctor’s appointments, etc.? 
• Sponsoring meals so working caregivers do not have to worry about providing nutritious meals during or after a long day at work? 
• Visiting the family to provide a break for the caregiver? 
• Giving companionship to the care recipient? 
• Offering help with cleaning or handyman services? 
• Facilitating play dates and field trips that give caregivers a break?

Applying for funding can strengthen and help sustain your efforts!

IS A RESPITE PROGRAM A GOOD FIT FOR YOUR ORGANIZATION?

Does your organization:
• Support healthy living initiatives? 
• Wish to promote aging-in-place? 
• Focus on family issues? 
• Seek community service opportunities? 
• Support the special needs community?

Applying for funding fits with your goals and beliefs!
1. **Families Together** provides a center-based respite program for caregivers/families of children with special needs in Moscow, Idaho for families living in Moscow, Lewiston and the surrounding rural areas including Potlatch, Troy, Deary, and Genesee.
Excellent development of Respite Program. Three to four events planned per year.

- Selective volunteer recruitment
- Adopted University of Washington Volunteer Training program
- Thoughtful child/volunteer matching process
- Good use of documentation including applications, agreements, releases and checklists
- Multi-year business plan for sustainability
2. **Hike 2 Heal Program** for caregivers of cancer survivors. Respite includes guided day hikes and back pack trips.

Developed good respite application process for caregivers who need someone to accompany the person with cancer, while the caregiver is hiking or backpacking.

John and Junes Mission: **Hike 2 Heal Program**
Hike 2 Heal Program

Recruiting Caregivers

Hike 2 Heal provides short-term relief from the physical, emotional, and daily demands of caring through our respite programming, free of charge. We are actively recruiting cancer caregivers to participate in outdoor experiences in 2019 - hiking, backpacking and snowshoeing. All experience levels are welcome.

Benefits

Respite care can make a difference in helping you take care of your loved one. If you are a caregiver, you are well aware of how stressful it can be. Seasoned caregivers know the secret to successful caregiving - finding a balance between providing care and caring for yourself. Respite care is an excellent and necessary tool for cancer caregivers. Let us help you.

Get in Touch

Phone: 208.718.1175
Email: johnandjunesmission@gmail.com
Website: www.johnandjunesmission.org

John & Junes Mission, Inc.

Respite Services Program

www.johnandjunesmission.org

Our Organization

A 501(c)3 charitable organization dedicated to helping adult cancer survivors and caregivers by reducing burdens and providing opportunities for healing.

Our Services

Our Vision

Ensuring every Idahoan impacted by cancer has a support network and opportunities to improve their quality of life.

Hike 2 Heal

Hike 2 Heal provides opportunities for cancer survivors and caregivers to experience the healing power of nature through hikes and backpacking trips, as well as build a social support network with others on a similar journey.

Hike 2 Heal News

Hike 2 Heal will launch activities in 2019. We are currently seeking cancer caregivers to participate. Respite services, free of charge, are available through our respite services voucher program.

Contact

(208) 718-1175
johnandjunesmission@gmail.com
www.johnandjunesmission.org
Legacy Corps, a program of the non-profit Jannus Inc.

3. Located in the Treasure Valley, Legacy Corps provides volunteer driven in-home respite and group respite for caregivers of adults, so they can attend Powerful Tools for Caregivers classes.

In-home respite is provided by volunteers recruited as AmeriCorp members, a program affiliated with the Corporation for National and Community Service. Legacy Corps has established a model program with Boise Senior Center so that caregivers can attend training in one room while the people for whom they care are involved in volunteer-driven activities in another area of the facility.
Legacy Corps

VOLUNTEER COMMITMENTS

- Serve 10-12 hrs/week for one year (450 hours in a one-year period)
- Visit the same 3-4 families each week to assist with friendly visits, recreational activities, errands, transportation, and/or light meal preparation
- Attend 20 hour orientation
- Attend monthly trainings
- Participate in research survey
- Volunteers do not assist with personal care, medications, heavy lifting or transferring

VOLUNTEER QUALIFICATIONS

- Be at least 18 years old
- Have reliable transportation
- Availability 2-3 weekdays
- Pass multiple level background check
- US citizen or lawful resident
- Have basic computer skills and access to a computer
- HS diploma or equivalent
- Driver’s License/auto insurance
- Veteran or related to a veteran

LEGACY CORPS VOLUNTEER BENEFITS

- Become a member of a cohesive team of highly trained, dedicated volunteers
- Receive a monthly stipend of $167
- Opportunity to earn an educational award of over $1,000 (volunteers age 55+ may gift award to a child or grandchild)
- Receive complete orientation and ongoing training and support to ensure success
- Create meaningful life-long relationships while serving your community
- Continue learning about yourself, your team, and our community

Family Caregivers are the backbone of today’s health care. A growing and specialized need for caregiver support exists among veterans and military families.

Service Year is November to October

For information on Legacy Corps volunteering or respite services contact:
203-943-6284
lundervood@jannus.org
www.jannus.org/legacy-corps

MILITARY FAMILY CAREGIVERS

"Caregivers of veterans report more than twice the emotional stress of caregivers of adults nationally, almost three times the level of physical strain, and almost four times the level of financial hardship." — National Alliance for Caregiving

Mary (works full-time, cares for her WWII veteran father in her home) says of her LC volunteer:
"Andy is such a huge help to me and my father, we feel like he’s family!"
4. Corwyn’s Cause provides services to families of children with significant medical needs who are medically fragile. Corwyn’s Cause serves families in Ada, Boise, Canyon, Gem, Elmore, Payette, Valley, and Washington counties—southwest Idaho.
Inside this issue

1. Reaching the Next Level
2. Surfing the Web
3. How Can I Help?
4. Thank-You’s
5. The Circus is Coming to Town

Save the Date!

You’re Invited to Our 2019 Sunshine Gala

When: Thursday, Sep. 19, 6 p.m.
Where: JMP Boise

We’re hard at work planning our third annual Sunshine gala, and it’s already clear this event will be our best one yet. This year, we’re channeling the whimsy of “The Greatest Showman” and the heart of “Dumbo” to create a fun night at the circus.

The Sunshine Gala aims to raise awareness and support for Corwyn’s Cause to bring hope and healing to families. It’s a night to come together, connect with friends and family, and support a cause that’s impacting our community.

The event will feature a variety of entertainment, including live music, food, and beverage options, as well as a silent auction. Our goal is to raise funds to support families who are going through medical crises.

The Corwyn’s Cause Gala will be held in a beautiful, outdoor setting with a circus theme. There will be games, face painting, and other family-friendly activities.

Joining Forces to Make a Difference

Corwyn’s Cause and Lucas House come together...

There are over 2,000 medically fragile children in the Treasure Valley alone. These children have different diagnoses and different needs, but their families are on similar journeys. As partners, we believe in empowering these children and their families by offering support and showing them they’re not alone. We believe in building community to fulfill our mission. Corwyn’s Cause has joined forces with fellow local nonprofit, Lucas House.

A little over 12 years ago, Corwyn’s Cause was founded by two parents who wanted to provide support and hope to other families. Since then, Corwyn’s Cause has grown to become a recognized nonprofit organization in the Treasure Valley.

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Through our experiences, we have realized there is always a need for more community support. Families need support, and we need to be there for them. We are proud to announce that Corwyn’s Cause and Lucas House have come together to form a new organization that will provide support to medically fragile children and their families.

The purpose of this new organization is to bring together support to medically fragile and homeless children and their families.

As of January 1, 2019, Corwyn’s Cause and Lucas House have become one organization with a shared mission. Together, we are able to provide a higher level of care to the kids in our care. Lucas House has joined our board of directors, and we are excited about the possibilities this brings.

I am thrilled to see Corwyn’s Cause join forces with Lucas House. Together, we are representing the next level of support and helping more families in need. This is just the beginning of a new chapter for our organization.
5. The Senior Connection provides essential services for seniors and their families in the Wood River Valley.

- Expanded drop-in respite care for those with Alzheimer’s, dementia or other cognitive issues on-site in our center.

- On the first Tuesday of the month we offer a caregiver’s support group which will now include drop-in respite care and lunch.

- Expanded outreach to the community to educate them about our services. We will also be hosting a Navigating Longevity Summit on April 27, 2019 which will include on-site respite so caregivers can attend the conference.
Navigating Longevity Summit 2019

April 27 @ 10:00 am - 2:00 pm MDT

FREE EVENT!

Speakers & Exhibit Hall
Healthy Snacks, Raffle Prizes, Day Passes to the Y and more!

An intergenerational conference about navigating your next step. Aging touches us all, so whether you are planning ahead or planning for now, this event will help you find the resources you need.

Free on-site respite care Please contact Joanne @ the Senior Connection to make arrangements
Free Transportation to the Y on Mountain Rides for seniors 60+ on the day of the event
6. The Area Agency on Aging provides services in one of the more rural and economically-challenged areas of Idaho. The agency is developing a consumer-directed respite program for family caregivers of adults. Allows more flexibility for family to choose and schedule a provider when they most need one.

Area Agency on Aging in North Central Idaho
Pam Oliason
Idaho Commission on Aging

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