



Respite Program

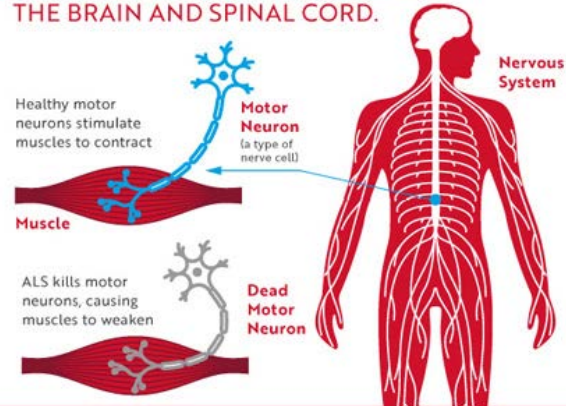
ALS Minnesota
North Dakota
South Dakota
ASSOCIATION Chapter

What is it?

WHAT IS ALS?

a·myo·tro·phic lateral sclerosis | noun

ALS IS A PROGRESSIVE NEURODEGENERATIVE DISEASE THAT AFFECTS NERVE CELLS IN THE BRAIN AND SPINAL CORD.



[View Full Infographic](#)



Who gets it?



- **Veterans**
- **Men slightly more**
- **Ages 40-70**



How many?

- **20,000 in US**
- **6 per 100,000**
- **5000 diagnosed/yr**
- **We serve 450**





ALS Research!

- **DME Loan**
- **Communication**
- **Support Groups**
- **Home Safety**
- **Volunteer Program**
- **Advocacy**

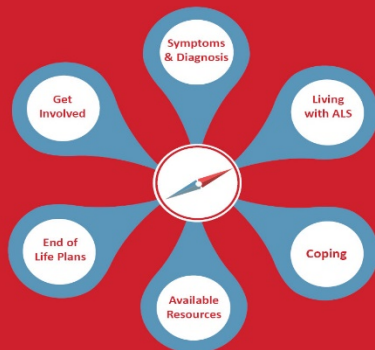
Resource



NAVIGATING ALS

This is Navigating ALS, a comprehensive tool intended to raise awareness about ALS by offering information and guidance related to the many aspects of the disease. It is designed to provide an overview of what to consider when ALS has touched your life, personally or professionally. You'll find articles, infographics, useful links and more among the available resources.

Get started by selecting one of the six sections below or view the Index on the next page to find more specific topics.



Respite Program



- **Jack Norton-board member**
- **1998**
- **MN**
- **8 hours per month**

For the caregiver

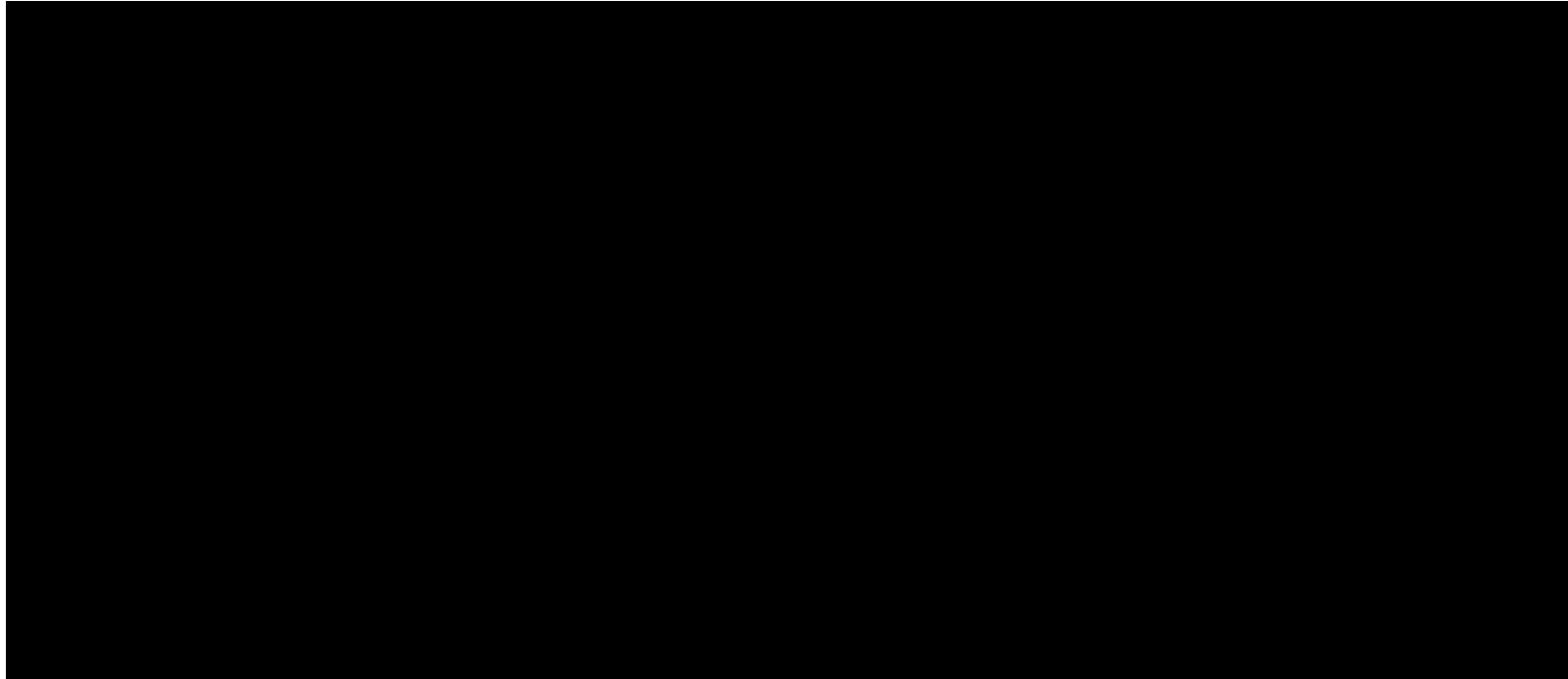


- **Primary**
- **Lives with person with ALS**

Giving a Break

- **We pay agency**
- **Family caregiver steps away**
- **18 hours/month**

One Family's Story



Application



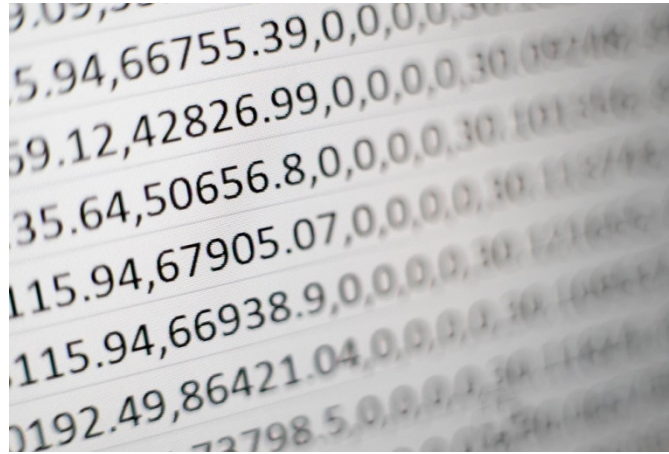
- **Completed by Caregiver**
- **1 Page**
- **On-line or hard copy**

Follow up



- **1 month**
- **Feedback to agency**
- **Problem-solve, as needed**

Some Numbers...



- **50 families**
- **40-50% using to the max**
- **25 agencies**
- **Budget \$220,000**

Barriers

- **Awareness**
- **Care recipient**
- **Caregiver**
- **Finding an agency**
- **Staffing**



Program Goals



- **Increase usage!**
- **Formal program evaluation**

Questions...???