



# ILLUMINATE RESPITE

2019 NATIONAL LIFESPAN | APRIL 30-  
RESPITE CONFERENCE | MAY 2, 2019

Dear Friend of Respite,

We invite you to support respite for the nation's family caregivers by sponsoring the **2019 National Lifespan Respite Conference** hosted by the New York State Caregiving and Respite Coalition (NYSCRC) and the New York State Office for the Aging in collaboration with the ARCH National Respite Network. The conference will be held April 30 – May 2, 2019, at the Buffalo Grand Hotel in Buffalo, NY.

The conference theme, *Illuminate Respite*, is inspired by the rich history of Buffalo, located on the shores of Lake Erie near Niagara Falls. In the late 19th century, Buffalo was the first city to implement widespread streetlights, earning it the nickname, "The City of Light." During this time Buffalo was a hub of innovation, using the natural power of Niagara Falls to bring light and growth to the city. This conference will provide a space to harness the power of the respite network to explore and formulate strategies to meet the respite needs of the nation's 43 million family caregivers. Join us as we shine a light on the benefits of respite for family caregivers of children and adults with special needs.

Family caregivers provide support, assist with daily living tasks, and even perform medical procedures for loved ones with disabilities or chronic conditions to help them remain at home. While most family members provide this care out of love and commitment, many do so without support. Respite care has been shown to help alleviate family caregiver stress and improve health. Yet, nearly 85% of family caregivers are not receiving respite.

To address this burgeoning need, innovative new services and ways to deliver respite from both the public and private sectors will be showcased at the conference. We expect as many as 300 participants from across the country to attend the event. Keynote speakers will include government officials, academic leaders, and private sector visionaries. Over 20 workshops will cover best practices, ground-breaking research, new respite approaches, and family caregiver wellness topics related to stress and coping. Respite that serves diverse populations, including people with mental health issues, Alzheimer's, multiple sclerosis, ALS, developmental disabilities and autism, the frail elderly, and children with medical needs, will be highlighted.

According to AARP, 117 million Americans will need assistance by 2020, yet the number of individuals who can provide care is only expected to reach 45 million. An anticipated \$17.2 billion of future market opportunity to protect the quality of life for family caregivers will include respite and backup care, social support, health and wellness, and financial/job security. Please consider sponsoring or exhibiting at the 2019 National Lifespan Respite Conference to market your leadership in this important field.

A variety of sponsorship and exhibitor options are described in the attached materials. We look forward to your support and working with you in the long-term services and supports arena. If you need more information, please visit the Sponsorship and Exhibitor Information link on the conference website at <https://arch.wildapricot.org/2019Sponsors> or contact Doris Green with the NYSCRC via email at [DGreen@lifespan-roch.org](mailto:DGreen@lifespan-roch.org) or call 585-287-6393.

Thank you for your consideration and support.

Sincerely,



Jill Kagan  
Director  
ARCH National Respite Network



Ann Marie Cook  
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Managed by Lifespan

