




**Collaboration at a National Level to Research, Develop, Test, & Measure a Respite Care Worker Core Curriculum Training Pilot**





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**Presented By**



Lisa Schneider  
Executive Director  
Respite Care Association of Wisconsin, USA





Kim Whitmore  
Assistant Professor  
Marquette University College of Nursing, USA

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**Welcome and Review of Agenda**

- Introductions
- Overview of Grant
- Role of the Expert Work Group
- Respite Care Certificate Program
- Core Competencies for Respite Care Professionals
- Pilot Project

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**Introductions**

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**Project Planning Team**

Jill Kagan, ARCH	Val Madsen, Respite Care Association of Wisconsin
Lisa Schneider, Respite Care Association of Wisconsin	Kim Whitmore, Marquette University & Ujima United, LLC
Tyler Engel, Barrier Buster Designs & Ujima United, LLC	Planning Team Advisor - Wendy Fox-Grage, NASHP

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**Overview of Grant**




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## Project Overview

Part of larger 3-year project: Respite and Direct Care Workforce: Promoting Best Practices, Building State Capacity

Funded by the Administration for Community Living

Lead agency: Center for Health Policy Development National Academy for State Health Policy (NASHP)

Overall Goal: To support and foster state and national efforts, including those of the RAISE Advisory Council, in promoting access to respite for family caregivers

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## Objectives

Develop, test and scale	Develop, test and scale a respite workforce recruitment, training and retention program
Develop and field	Develop and field test a state-based framework and roadmap for respite system planning and development, which ties to the forthcoming National Caregiving Strategy
Strengthen and test	Strengthen and test approaches to help caregivers and families develop or strengthen their own natural support systems to include respite and other supports

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## Outcomes

Improve	Strengthen	Support
<ul style="list-style-type: none"> <li>Improve the evidence base for respite care workforce training and recruitment to better meet the respite needs of families</li> </ul>	<ul style="list-style-type: none"> <li>Strengthen the National Family Caregiving Strategy based on evidence-supported practices and state policies</li> </ul>	<ul style="list-style-type: none"> <li>Support states in their efforts to improve and expand the long-term services and supports (LTSS) direct care and respite workforce and natural supports</li> </ul>

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## Year 1 Activities

- Identify**
  - Identify existing core competencies and evidence-based frameworks for training direct support professionals.
- Convene**
  - Convene an Expert Work Group to establish a set of core competencies specific to respite providers
- Revise**
  - Revise RCAW's Respite Care Certificate Program (RCCP) training curriculum to align with core competencies.
- Prepare**
  - Prepare to pilot the training in Wisconsin and 2 additional states (includes developing criteria and process for state selection).

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Year 2 Activities	Year 3 Activities
<ul style="list-style-type: none"> <li>Create recruitment and marketing campaign</li> </ul>	<ul style="list-style-type: none"> <li>Complete Field Test</li> </ul>
<ul style="list-style-type: none"> <li>Develop and refine survey instruments</li> </ul>	<ul style="list-style-type: none"> <li>Analyze Results and complete evaluation report</li> </ul>
<ul style="list-style-type: none"> <li>Conduct Field Test</li> </ul>	<ul style="list-style-type: none"> <li>Develop online replication toolkit with lessons learned</li> </ul>

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## Role of the Expert Work Group

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## The Expert Work Group will...

- Review**
  - Review core competencies and evidence-based frameworks developed by national and state organizations, governmental entities, and universities in training curriculum for direct support professionals
- Advise**
  - Advise which core competencies should be used to enhance the current RCAW training
- Meet**
  - Meet 3 times in Year 1 and review resource materials and drafts that support this work between virtual meetings

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## Respite Care Certificate Program

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## Respite Care Certificate Program (RCCP)

The **Respite Care Certificate Program (RCCP)** is a **free training program** designed for people who are interested in providing respite care to individuals with varying disabilities and ages across the lifespan.

Learners are able to work at their own pace to complete the online courses.

A minimum score of 75% for the final test for each course is required to receive a certificate of completion.

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## Core Competencies for Respite Care Professionals

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## Overview of the Process

- Environmental Scan (21 competency sets reviewed)
- Expert Work Group Review
- Public Comment Survey - <https://bit.ly/RespiteCompetencies>
- Competencies Crosswalk to RCCP Training

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## Proposed Competencies


*\*See Handout*

- Respite Role and Value
- Person and Family-Centered Practices
- Cultural and Linguistic Competency
- Communication and Relationship Building
- Health and Wellness
- Safety and Emergencies
- Planning Respite Activities
- Ethics and Professionalism
- Professional Development
- Selfcare



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# Pilot Project



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## Pilot Project Strategy

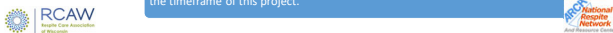
- Recruitment:** Develop a targeted, comprehensive, effective recruitment campaign to reach individuals interested in providing respite care.
- Training:** Develop an online core curriculum training program that would be provided at no cost and that meets core competencies identified by a national expert work group.
- Retention/Culture:** Develop tools to aide in creating a culture that provides long-term retention and turns respite providers into respite ambassadors for the services you provide.



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## Eligibility Criteria

- Applicants can include State Respite or Caregiver Coalitions, governmental agencies, academic institutions, regional or statewide non-profit organizations.
- Applicant has **experience** in providing respite and supports collaborative partnerships to develop, enhance and coordinate community-based respite care services.
- Applicant has **capacity** to support involvement in the training pilot project.
- Applicant demonstrates **readiness** to implement the training during the timeframe of this project.




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## Timeline and Next Steps

- 6.30.21 Pilot Project Informational Conference Call
- 7.16.21 Pilot Project Letter (email) of Intent Due
- 8.06.21 Pilot Project Application Due
- 8.20.21 Pilot Project State Selection(s) Announced
- 9.15.21 Pilot Project Contracts Fully Executed
- 9.16.21 Pilot Project Begins
- 12.31.22 Pilot Project Ends
- 01.01.23 Data Collection, Evaluation, Replication Toolkit Work begins
- 09.31.23 Data Collection, Evaluation, Replication Toolkit Work wraps up

\*Visit [respitecarewi.org](https://respitecarewi.org) for more information and to apply.




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*An empty tank will take you exactly*

# NOWHERE.

*Take time to refuel.*



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## Thank You!

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Lisa Schneider

[lschneider@respitecarewi.org](mailto:lschneider@respitecarewi.org)



Kim Whitmore

[Kimberly.Whitmore@marquette.edu](mailto:Kimberly.Whitmore@marquette.edu)

