

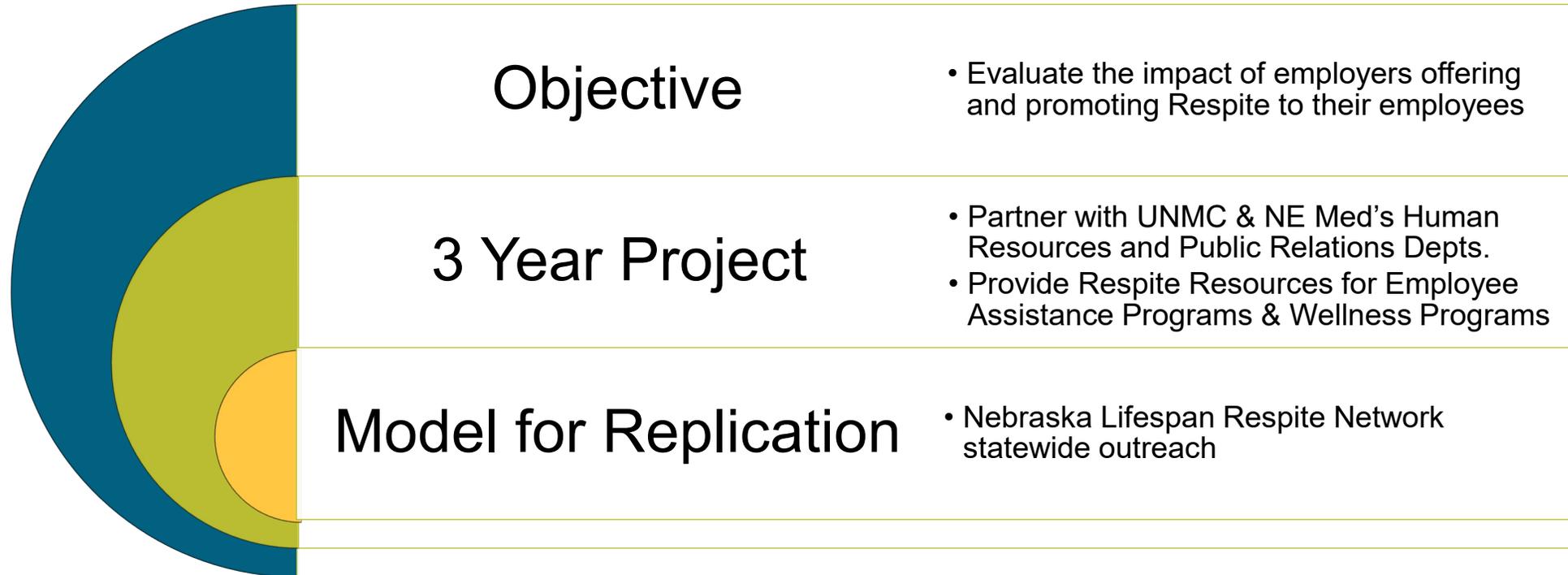
Nebraska Lifespan Respite Network

Respite Employer Engagement Initiative & Working Caregiver Survey



Helping People Live Better Lives.

University of Nebraska Medical Center ~ Nebraska Medicine Respite Employer Engagement Pilot



RESPITE EMPLOYER ENGAGEMENT INITIATIVE STEPS

Respite Care Resources Website

Are you one of the 240,000 caregivers in Nebraska?

Do you have respite?

Family caregivers play a critical role in supporting individuals who need long-term services and supports. Respite provides an opportunity for family caregivers of individuals with disabilities, chronic health conditions or those who are aging to take a much-needed break to care for themselves. Research shows that when family caregivers take time for themselves, they are better caregivers and continue in the caregiving role.

[Respite Website](#)

This respite website is a free service available 24 hours a day, seven days a week. It assists caregivers in finding Nebraska Lifespan Respite Network-screened respite providers that best fit a family's needs and location. Respite funding information is also available as well as respite resources for employers.



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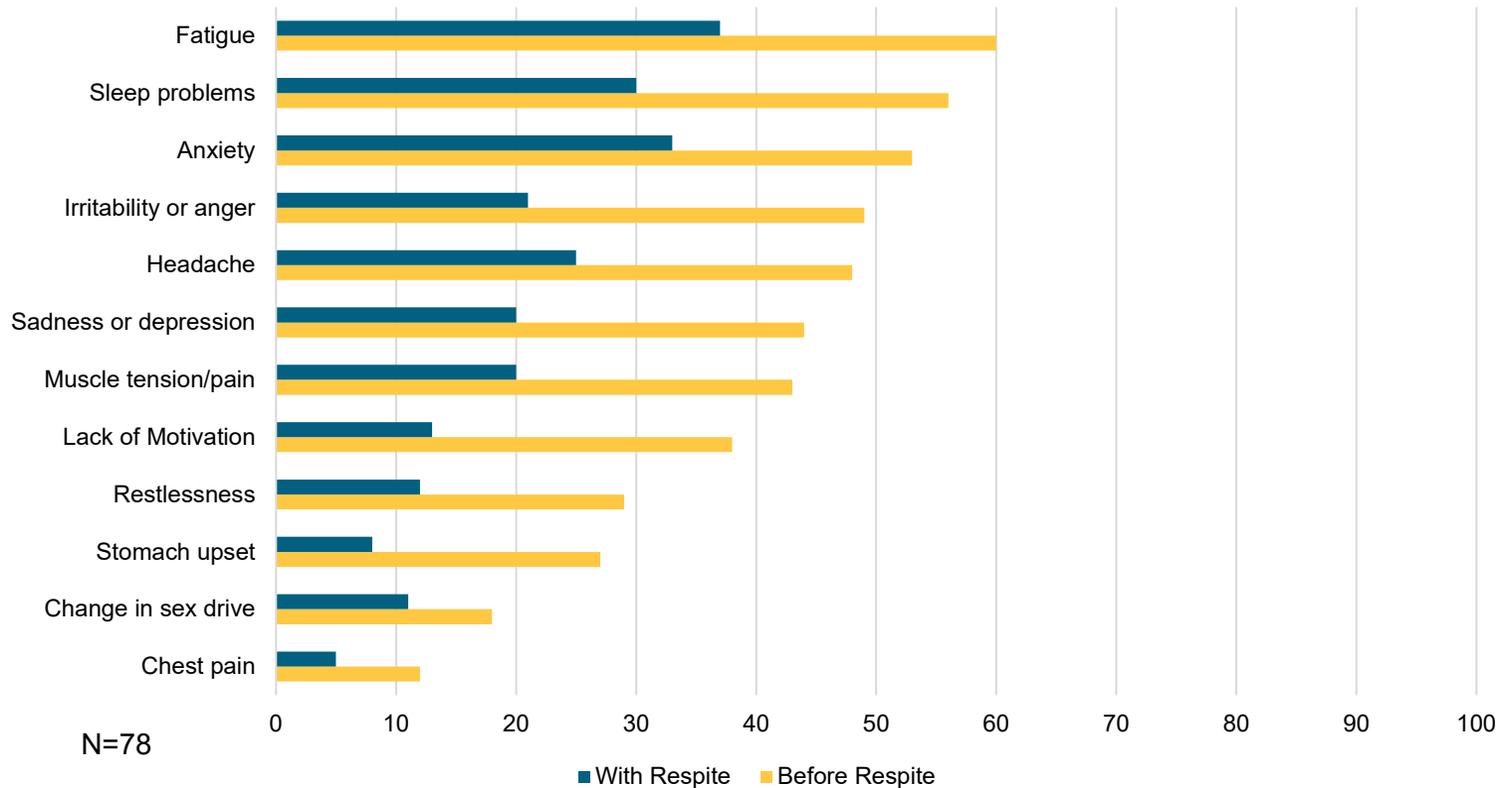
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Respite Pilot Project Evaluation

Respite Care Resulted in Fewer Health Symptoms Reported by Family Caregivers



Nebraska Respite Evaluation By: Jolene Johnson, Ed.D.
Director, Department of Education and Child Development, Munroe-Meyer Institute/University of NE Medical Center

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Employers Role

Employers need to recognize their role in supporting working caregivers.

1 out of 3 family caregivers report having had to drop out of the workforce, reduce their work hours or have received a bad evaluation due to their caregiving responsibilities.

(AARP, 2019)

NEBRASKA'S WORKING CAREGIVER SURVEY

Find out how family caregiving is affecting your workplace

Balancing work and family caregiving responsibilities is extremely common and can be stressful. Approximately 43.5 million Americans are providing care to an adult family member or friend with an illness or disability, and nearly 60% of them (26 million adults) also work a paying job.

Employer Benefits

- Help employers and employees understand how family caregiving can impact work.
- Impact businesses bottom line by reducing absenteeism, retaining quality employees, and decrease workday distractions.
- Help employers create a caring culture within their workforce.
- Help employers build relationships with their employees.

Employer Impact

- More than one in three working caregivers report making workplace accommodations such as using flex time, reducing work hours or quitting work entirely.
- Without adequate support, both working caregivers and their employers suffer.
- The magnitude of missed work from the employer's standpoint translates into an estimated loss of more than 126 million workdays each year, and the equivalent of \$25.2 billion lost in productivity.

FOR MORE INFORMATION ABOUT PARTICIPATING IN THIS SURVEY

PLEASE VISIT: <https://respite.ne.gov/working-caregiver-survey>



Special thanks to the University of Wisconsin – Madison, Division of Extension for sharing the content of the Employed Caregiver Survey.

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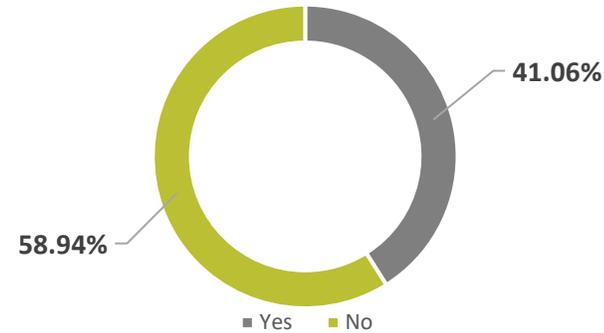
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Working Caregiver Survey Data

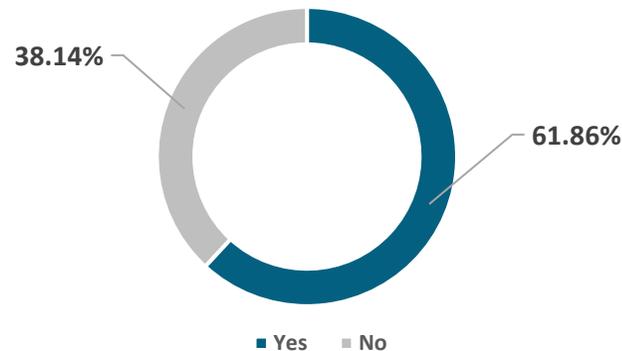
Respondents report that caregiving has impacted their jobs in a variety of ways.



Over 40% of respondents report providing or arranging for care has made their employment more difficult.



The majority of respondents are the primary caregiver for the individual they care for.



Respondents (both current caregivers and non-caregivers) are interested in learning more about a variety of caregiving topics.

