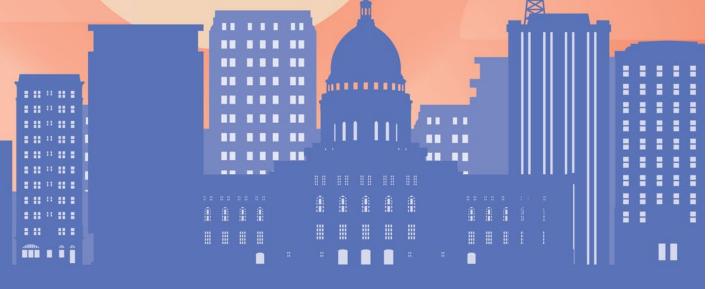


NATIONAL LIFESPAN RESPITE CONFERENCE

September 13-15, 2022







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WELCOME

Welcome to Madison and to the 2022 National Lifespan Respite Conference!

Reimagine Respite will provide space for us to explore, dream, create, innovate, discover and inspire new ways to support families through respite. We will reflect on the new awareness of caregiving that emerged from the challenges of the COVID-19 pandemic, learn about new innovations for respite and caregiver support, examine solutions to the escalating direct care worker and respite provider crisis, and highlight public-private partnerships that support working family caregivers.

In the next few weeks, we anticipate release of a national strategy to support family caregivers from the RAISE Family Caregiver and the Supporting Grandfamilies Raising Grandchildren Advisory Councils supported by the U.S. Department of Health and Human Services. This landmark document will provide a strategic road map for addressing the myriad needs of the nation's family caregivers. The strategy is expected to include key recommendations for addressing respite access, capacity, and quality for family caregivers caring for anyone of any age. A very important role exists for the national respite community to help implement the recommended action steps that will make respite available to more families across the country. This important milestone presents a great opportunity for us as a community, as providers, advocates, family caregivers, and individuals, to promote our best practices and lessons learned, and to imagine what else we must do to promote and improve respite!

The Lifespan Respite grantees and their State Respite Coalition partners play key roles in the future of respite. States can take pride in their accomplishments – new respite voucher programs, exemplary voluntary and faith-based respite initiatives, innovative respite and caregiver support programs sparked by state mini grants, easier access to respite services, and hundreds of new respite workers and volunteers trained from coast to coast. Here in Wisconsin, the Respite Care Association of Wisconsin in partnership with the WI Department of Health Services have used their Lifespan Respite grant and state Lifespan Respite funds to train new providers, ignite innovation through community respite initiatives, engage diverse communities, and most importantly, share their successes and expertise with the rest of the national respite network.

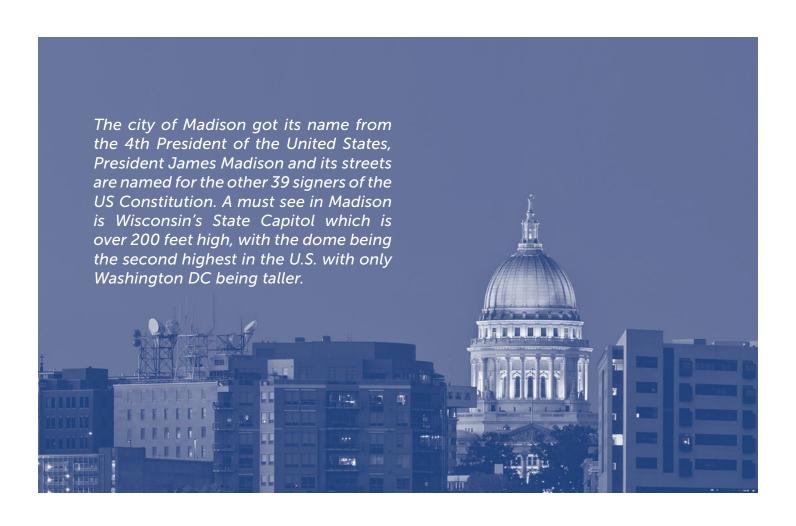
Reimagine Respite aptly reflects these successes, but more importantly challenges us to rethink how we provide person and family-centered respite post-pandemic, how we reach working caregivers and families from diverse communities, and how we address the ever-growing need for meaningful respite and caregiver supports at both state and national levels.

Take advantage of everything the conference and Madison have to offer and let's reimagine the future of respite together!

YOUR 2022 NATIONAL LIFESPAN RESPITE CONFERENCE HOSTS:









Promoting Innovative and Meaningful Support for Family Caregivers



COVID-19 POLICY FOR THE 2022 NATIONAL LIFESPAN RESPITE CONFERENCE

Madison, WI | September 13-15, 2022

The conference planning committee's number one priority is the health and safety of our attendees, speakers, exhibitors, and staff. We are ready to host everyone safely at the 2022 National Lifespan Respite Conference while understanding that the pandemic is not over and that COVID-19 remains a threat to the public's health. This policy will also apply to the invitation-only Lifespan Respite Grantee and Partner Learning Symposium on September 13.

The conference staff will be enforcing the following policies for attendance at the 2022 National Lifespan Respite Conference:

- Prior to the conference, attendees must submit official proof of vaccination documentation electronically. Please upload your proof of vaccination during registration, or you can email it to rcaw@badgerbay.co at least one week prior to the conference.
- All attendees must provide documentation of CDC-defined fully-vaccinated status, which (as of 6/01/22) means at least:
 - Two doses of mRNA COVID-19 vaccine (with the second received no less than 21 days before attending the in-person NLRC event. Boosters are required for everyone over age 50 or otherwise eligible.
 - One dose of the J&J/Janssen COVID-19 vaccine (at least 21 days earlier).
 - Boosters. Attendees must provide documentation that they are up to date with COVID-19 vaccines based on the latest CDC guidance, which can be found at https://www.cdc.gov/coronavirus/2019-ncov/vaccines/stay-up-to-date.html
- No substitutes will be allowed for vaccination documentation. For example:
 - People who do not meet the above vaccination status requirements due to medical or religious or personal exemptions will not be able to attend the NLRC in person.
 - Evidence of prior COVID-19 infection will not be accepted as a substitute for NLRC's vaccination requirements for in-person meetings.
- People who attempt to attend in-person and who haven't provided that documentation will be turned away.
- In-person attendees must wear masks at all times unless a) eating/drinking or b) speaking from a lectern while distanced at least 6 feet from others. The conference planning committee requires high-quality, well-fitting masks such as N95 or KN95 masks. One will be provided for you if you don't have your own.
- People who are feeling unwell in any way that could be consistent with COVID-19 infection should not attend in-person events.

The conference will also follow any additional health and safety practices mandated by the CDC, WI DHS, or by applicable federal, state, and local authorities, whichever requires the most protection. Those practices and others will be determined closer to the date of the event, and may change between registration and the event.

Our hope is that this approach will provide our members, quests, exhibitors, and staff with as safe an experience as possible. There is still time to start the vaccination process if you are not already vaccinated.

Please understand that an in-person event is not completely safe from COVID-19 risks. The conference events that include food and beverages will, of necessity, require that people be unmasked while eating and drinking.

The conference planning committee is making organizational decisions to reasonably minimize aggregate risk to our in-person attendees as a whole, but your personal risk tolerance may vary for a variety of reasons. We would love to see you in-person; however, please note:

- If your COVID-19 risk tolerance is low for whatever reason, you may wish to take extra precautions, such as eating/drinking outdoors or in your own hotel room, and not spending time in spaces with unmasked people (e.g., dining areas, hotel lobby).
- If your COVID-19 risk tolerance is extremely low for whatever reason, we encourage you to consider taking advantage of recorded plenary and Lifespan Respite Learning Symposium sessions at a later date.

Share your conference pictures and highlights on Snapchat, Instagram, Twitter, and Facebook with #Reimagine Respite

COMMITMENT TO DIVERSITY, EQUITY, AND INCLUSION

The National Lifespan Respite Conference is intended to foster the exchange of diverse ideas perspectives, providing and participants with an opportunity present their lived experiences, best practices, and research findings, establish/renew collaborations, and learn, teach, and network with a community of individuals interested in respite care. The ARCH National Respite Network and the Respite Care Association of Wisconsin are committed to creating a safe, equitable, and inclusive environment to all participants, including staff and vendors.

Discrimination on the basis of gender or gender identity, sexual orientation, age, disability, physical appearance, race, religion, national origin, or ethnicity will not be tolerated. Participants are expected to adhere to these principles and respect the rights of others. Participants should report any behavior inconsistent with the principles outlined here to rcaw@badgerbay.co.

CONTACT

Please contact Kimberly Whitmore, PhD, RN, CPN from the Conference Planning Committee with any Covid infection related concerns. You can reach her by phone at 414-403-2699 or by email at <u>kimberly.whitmore@</u> marquette.edu.



CHAMPION OF RESPITE

Marquette University College of Nursing

AMBASSADOR OF RESPITE

Elevance Health
International Short Break Association

ADVOCATE FOR RESPITE

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FRIEND OF RESPITE

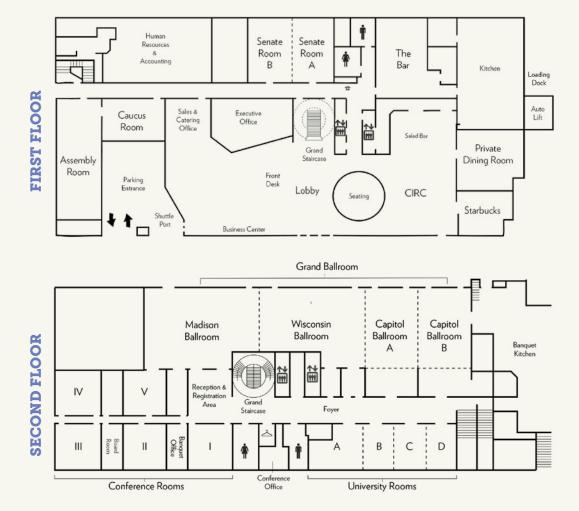
Greater Wisconsin Agency on Aging Resources
TMG Wisconsin

MADISON CONCOURSE AND GOVERNOR'S CLUB

1 W Dayton St, Madison, WI 53703

The Madison Concourse and Governor's Club is located in the heart of downtown Madison, Wisconsin, which is known for its easy walkability in addition to bike paths for miles, dozens of live music venues, world-class restaurants, and art museums. All is nestled between two sapphire lakes and just steps from the Concourse's front doors. The Concourse is also just 5 miles from Dane County Airport and within walking distance of the University of Madison.

THE MADISON CONCOURSE HOTEL AND GOVERNOR'S CLUB





CONFERENCE CO-HOST



Respite Care is a short break from primary caregiving duties. It allows the caregiver an opportunity to rest, refresh, and recharge.

MISSION

To promote, support, and expand quality, statewide respite care across the lifespan.

Promote by initiating, sponsoring, and promoting educational programs, collaborating with other subject matter experts to increase outreach and opportunities for respite providers and primary caregivers.

Support through the utilization of our Respite Care Certification Program & Wisconsin Respite Care Registry, Caregiver Respite Grant Program, Group Respite Grant program, and our CORE Grant Program.

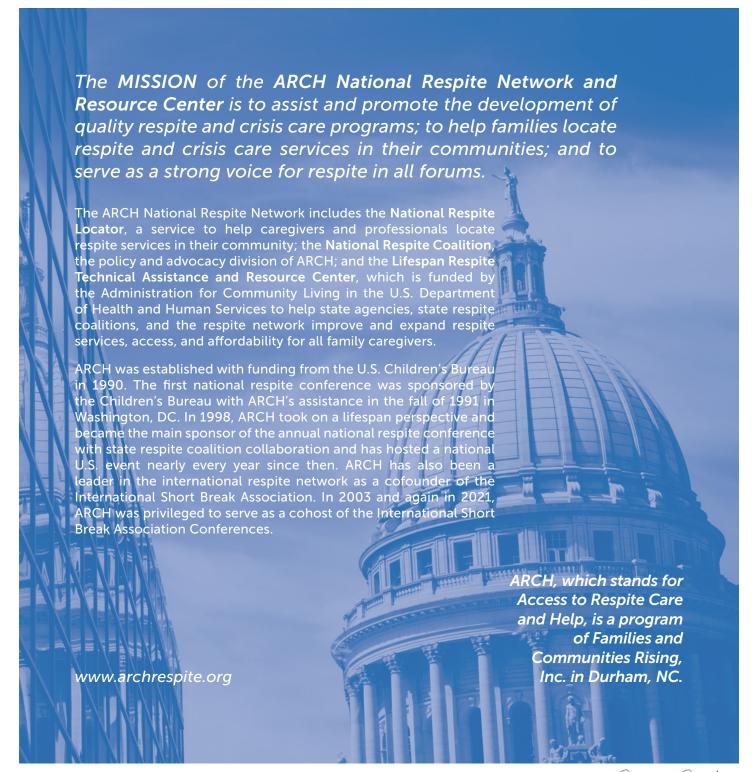
Expand the pool of quality, trained respite care providers, and connect them to primary caregivers, in need of respite via the Wisconsin Respite Care Registry.

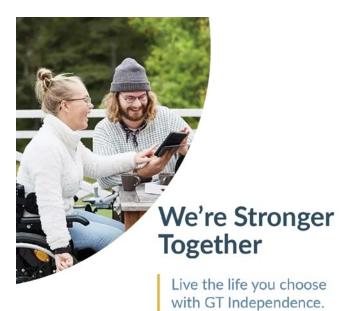
Lifespan – regardless of age, ranging from birth to end of life.

Respite Care Association of Wisconsin, Inc. (RCAW) is a 501(c)(3) non-profit charitable organization established in 1987. In 1999, Wisconsin adopted the Lifespan Respite Care legislation and contracts with RCAW to administer the program. We are funded by state General Purpose Revenue (GPR) through the Wisconsin Department of Health Services (DHS).



CONFERENCE CO-HOST







gtindependence.com | 877.659.4500

Reimagining Wisconsin Respite

Moving families and communities forward with a resilient in-home care system

Wisconsin is proud to provide programs that connect families with in-home caregivers.

- Alzheimer's Family Caregiver Support Program
- · National Family Caregiver Support Program
- · Lifespan Respite Program



Lifespan Respite initiatives through partnering with:











Thank you ARCH National Respite Network and Resource Center and the Respite Care Association of Wisconsin for REIMAGINING RESPITE and supporting family caregivers.



Dedicated to improving the care of older adults

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2020-2025

ARCH Advisory Committee to the Lifespan Respite Technical Assistance and Resource Center

State Lifespan Respite Representatives

Mississippi

James Davis

Home & Community Based Coordinator Division of Aging and Adult Services Mississippi Department of Human Services

Oklahoma

Nadine Walter

Programs Administrator Aging Services, Community Engagement and Coalitions Unit Oklahoma Department of Human Services

Rhode Island

Aleatha Dickerson

Network Manager, Community Living Rhode Island Office of Healthy Aging

Wisconsin

Lisa Schneider

Executive Director
Respite Care Association of Wisconsin

National Representatives

Andrew Coates

Director Exceptional Family Member Program (EFMP) Respite Care Child Care Aware

Jennifer Dexter

Director, Policy National Health Council

Jed D. Johnson, MBA, MSW

Managing Director Aging Services CARF International

Kathy Kelly

Executive Director
Family Caregiver Alliance
National Center on Caregiving

Jaia Lent

Deputy Executive Director Generations United

Zachary Masters

Associate Information Specialist National Paralysis Resource Center Christopher & Dana Reeve Foundation

Lisa Maynes

Project Coordinator Family Voices, Inc. Leadership in Family Professional Partnerships (LFPP)

Kim Musheno

Vice President of Public Policy Autism Society

Melinda Perez-Porter

Director The Relatives As Parents Program (RAPP) The Brookdale Foundation Group

John Schall

Executive Director Caregiver Action Network

Connie Siskowski, RN, PhD

Founder and President
American Association of Caregiving Youth

Susan Vaughn

Director of Public Policy National Association of State Head Injury Administrators

Laura Weidner

Vice President Government Relations & Advocacy Epilepsy Foundation

Mike Wittke

Vice President, Research & Advocacy National Alliance for Caregiving

William Zagorski

Board Chair National Adult Day Services Association



CONFERENCE SCHEDULE AT-A-GLANCE

MONDAY, SEPTEMBER 12

7:00 – 8:00 PM Networking Reception for Lifespan Respite

Grantees, Partners and Guests (by invitation only)

TUESDAY, SEPTEMBER 13

8:00 AM - 4:00 PM Lifespan Respite Grantee and Partner

Learning Symposium (by invitation only)

3:00 - 8:00 PM National Conference Registration

6:00 - 8:00 PM National Respite Conference

Welcome Reception

WEDNESDAY, SEPTEMBER 14 - NATIONAL LIFESPAN RESPITE CONFERENCE, DAY ONE

7:00 AM - 5:00 PM Registration | Information Table | Resource Tables

7:30 - 8:30 AM Breakfast

8:30 - 9:00 AM Opening Session and Welcome with DHS

Secretary Designee

Lisa Schneider, Respite Care Association of Wisconsin

Jill Kagan, ARCH National Respite Network and Resource Center

Karen Timberlake, Secretary Designee, WI Department of Health Services

9:00-10:00 AM La Movida Live Radio Show

 $10:00 - 10:30 \; AM \;\;\; Break$

10:30 - 11:30 AM Breakout Session A

11:30 AM - 12:00 PM Break

12:00 - 2:00 PM Luncheon Keynote

Charlotte Deleste, Evening News Anchor, Madison WISC-TV; Founder and Vice-President, Gio's Garden Therapeutic Respite Center, Madison, WI

Recognition of ARCH 2022 Innovative and Exemplary Respite Services

2:00 - 2:15 PM Break

2:15 - 3:15 PM Breakout Session B

3:15 - 3:45 PM Break

3:45 - 4:45 PM Breakout Session C

5:30 - 6:30 PM BREAK Exchange Networking Hour

Dinner on Your Own

THURSDAY, SEPTEMBER 15 - NATIONAL LIFESPAN RESPITE CONFERENCE, DAY TWO

7:30 AM-3:00 PM Registration | Information Table | Resource Tables

7:30 - 8:30 AM Breakfast

9:00 - 9:30 AM Morning Plenary Session

Welcome and Announcements

9:30 -10:00 AM Keynote

Keynote: Alison Barkoff, Acting Administrator and Assistant Secretary for Aging, Principal Deputy Administrator, Administration for Community Living, U.S. Department of Health and Human Services (virtual live stream)

10:00 - 10:15 AM Break

10:15 -11:15 AM Breakout Session D

11:15 - 11:30 AM Break

11:30 - 12:30 PM Breakout Session E

12:30 - 12:45 PM Break

12:45 - 2:45 PM Luncheon Plenary

Keynote: Jennifer Olsen, DrPH, MPH, Chief Executive Officer, Rosalynn Carter Institute for Caregivers (1:00 - 1:30 PM)

Panel: Supporting Working Caregivers through Employer Engagement

(1:30-2:45). Facilitated by Dr. Jennifer Olsen, RCI

Greg Olsen, Acting Director, NY State Office for the Aging, Albany, NY

Lynn Gall, Family Caregiver Support Programs Manager, WI Department of Health Services and Co-chair, Wisconsin Family and Caregiver Support Alliance Employer Engagement Workgroup

Kim Falk, Respite Employer Engagement Coordinator, Munroe-Meyer Institute, University of Nebraska Medical Center, Omaha, NE

Diana Clark, Benefits Manager, Human Resources, Promega Corporation, Madison, WI

Irina Vyazunova, PhD, Family Caregiver and Senior Research Scientist, R&D Promega Corporation, Madison WI

2:45 - 3:00 PM Wrap Up and Conference End



INNOVATIVE AND EXEMPLARY RESPITE SERVICES

The ARCH National Respite Network and Resource Center is proud to recognize Innovative and Exemplary Respite Services for 2022.

ARCH recognizes five Innovative and Exemplary respite services from across the U.S. Each respite service met a stringent set of selection criteria and all have outstanding programs that address the needs of family caregivers of children, adults or older adult family members. By recognizing exceptional respite services, ARCH hopes to encourage the expansion and replication of quality respite to meet the growing need. To read more about the application and selection process, and details about each program, visit the ARCH website at archrespite.org/innovative-exemplary-respite-services.



Center for Volunteer Caregiving

The Center for Volunteer Caregiving, Cary, NC, has a 22-year history providing in-home respite to caregivers of adults with physical disabilities, dementia and memory conditions, chronic illness, and special medical needs. Services are available at no cost to families by more than 50 volunteers providing more than 2,000 hours of respite yearly.

Website: volunteercaregiving.org



HEARTS (Health, Emergency, And Respite Treatment Service)

HEARTS (Health, Emergency, And Respite Treatment Service), Huntsville, AL, provides home-based respite to caregivers of children birth to 19 years with intellectual, developmental, or physical disabilities, mental or behavioral health conditions, and chronic illness or special medical needs through a voucher service model. Beginning as a single respite service 28 years ago, HEARTS has been replicated statewide in Alabama by five United Cerebral Palsy affiliates, totaling six programs that serve families in all 67 counties in Alabama.

Website: ucphuntsville.org/hearts-respite



Lutheran Social Service of Minnesota

Lutheran Social Service of Minnesota Caregiver Support & Respite Program, Moorhead, MN, has been supporting caregivers for the past 30 years. The program provides respite care, resources to grow their caregiving skills, and the opportunity to connect with others through support groups and education. The program offers both in-person and virtual services which are especially relevant for families living in a rural area where services aren't always available. Emergency Care Planning is the newest innovative component of their service.

Website: <u>lssmn.org/services/older-adults/caregiver-support-respite</u>



ONEgeneration

ONEgeneration Adult Day Program, Van Nuys, CA, provides center-based respite services to caregivers of adults 18 years or older with intellectual or developmental disabilities, physical disabilities, aging-related conditions, dementia or memory-related conditions, mental or behavioral health conditions, chronic illnesses, and special medical needs. Beginning in 1978 as a volunteer-led senior center, during the subsequent four-plus decades, services have grown and evolved to meet the needs of adults and older adults throughout the aging spectrum, ultimately implementing an intergenerational shared site adult day and childcare program.

Website: onegeneration.org/adult-daycare-adhc



Parc Center for Disabilities

Parc Center for Disabilities, Caregiver Relief Services, St. Petersburg, FL, in existence 12 years, serves children birth through 18 years with intellectual, developmental, or physical disabilities, mental health or behavioral conditions, chronic illness, special medical needs, and/or diagnosed trauma. Qualifying families at or below 300% of the poverty level receive 15 to 35 hours of in-home respite monthly, at no cost to them. The program's whole-family approach works to reduce caregiver stress and support family stability. Enrolled families are further supported by a formal crisis planning process that is comprehensive in scope and includes ongoing practical support to help families avert emergencies.

Website: parc-fl.org

This project was supported, in part by grant number 90LRLT0001, from the U.S. Administration for Community Living, Department of Health and Human Services, Washington, D.C. 20201. Grantees undertaking projects with government sponsorship are encouraged to express freely their findings and conclusions. Points of view or opinions do not, therefore, necessarily represent official ACL policy.





DREAM

Innovative Service Delivery Across the Lifespan

This track highlights successful models, innovations, and exemplary approaches to providing respite care for all ages. Services described include voucher programs and consumer-directed respite; planned and emergency respite; and volunteer and faith-based respite. Integrated and informal respite options in the community and respite services adapted because of COVID are explored. Presentations will highlight best practices in respite services for seriously ill children, adults, and the older adult population; for military families and Veterans; for diverse groups of family caregivers, as well as for other underserved populations across the lifespan. Newly imagined and non-traditional approaches to respite are shared, including ARCH's 2022 Innovative and Exemplary Respite Services.



DISCOVER

Advances in Evaluation & Research

As service providers and caregivers make a case for respite availability and funding, a solid evidence-base for respite is essential. Research provides understanding of the health and well-being of family caregivers and the overall effect of respite on societal outcomes, including cost-benefits. Good data collection is also important for continuous quality improvement in the respite we provide. This track is intended to present findings from evaluations of respite activities in culturally diverse communities and among military and Veteran caregivers, new respite models, alternative respite, and support and technology interventions, as well as strategies for engaging in meaningful performance measurement.



CREATE

Strengthening the Respite Provider Workforce

The nationwide shortage of well-trained direct care workers and respite providers needs to be addressed immediately. The experienced respite network is uniquely positioned to develop and test solutions to the workforce crisis. This track will highlight strategies being tested to recruit and retain respite providers and volunteers, build career ladders to strengthen the work, and thoughtful approaches to retention. A new national initiative to develop and test a competency-based training curriculum will be featured. Sessions focus on ways to boost caregiver confidence in respite, including training to improve the safety and quality of care, and strategies to increase the pool of reliable and qualified respite providers and options for families.

INSPIRE

Advocacy, Networking for Sustainability

Increasingly, we have come to understand that our collective efforts to sustain the important work we do in caregiving and respite is inextricably linked to our changing economic, social and political environment. Policies, politics, the media, and changing community demographics all influence how well we reach and serve families. We must be advocates and collaborators as well as service providers. Sessions in this track explore exciting new guidance on building respite capacity at the community level, outreach and financing strategies for sustainability, an international knowledge exchange, community and state partnerships that enhance and enable respite, and other contexts for providing and promoting respite.



EXPLORE

Family Caregiver Perspective

This track is primarily geared to family caregivers and those who work with family caregivers who want to learn more about successful caregiving strategies, including mindfulness and yoga, respite for specific populations, other resources that support caregivers, and impactful stories related to the benefits of respite and caregiver wellness programs.



ACHIEVE

Lifespan Respite

These sessions, of particular interest to Lifespan Respite grantees and their partners, highlight their service delivery and systems change grant activities. Through the federal Lifespan Respite Program, the U.S. Administration for Community Living awards competitive grants to state agencies in partnership with state respite coalitions and others to develop statewide coordinated systems of community-based respite services for family caregivers, provide gap-filling respite, and build respite capacity though provider training and recruitment and new volunteer and faith-based initiatives.





CONFERENCE SCHEDULE

Reimagine Respite

MONDAY, SEPTEMBER 12

7:00 - 8:00 PM Networking Reception for Lifespan Respite Grantees, Partners, and Guests (by invitation only)

Room: Senate A&B

TUESDAY, SEPTEMBER 13

8:00 - 4:00 PM Lifespan Respite Grantee and Partner Learning Symposium

(by invitation only)

Room: Madison Ballroom

3:00 - 8:00 PM National Conference Registration

Room: Grand Staircase

6:00 - 8:00 PM National Respite Conference Welcome Reception and Dance Party,

with DJ Corey Whitmore

Room: Madison Ballroom

■ WEDNESDAY, SEPTEMBER 14

7:00 - 5:00 PM Registration

Room: Grand Staircase

7:30 - 8:30 AM Breakfast

Room: Madison Ballroom

8:30 - 9:00 AM Opening Session and Welcome with Wisconsin DHS Secretary Designee

Room: Madison Ballroom

Lisa Schneider

Executive Director, Respite Care Association of Wisconsin

Program Director, ARCH National Respite Network and Resource Center

Karen Timberlake

Secretary Designee, WI Department of Health Services

9:00 – 10:00 AM La Movida Live Radio Show

Room: Madison Ballroom



Luis Montoto La Movida Radio Show



Lupita Montoto La Movida Radio Show

We are excited to offer a unique experience of a live radio talk show with hosts Luis and Lupita Montoto, the husband and wife behind La Movida, the state's first Spanish-language radio station. They will be live on stage with a panel of guests to discuss issues and answer questions from













audience members about the unique needs, issues, and barriers Latino family caregivers face. Learn how to better engage and support the Latino community with respite.

Guests include Hector Portillo, Executive Director, Padres E Hijos En Accion, Padres is a grassroots organization of individuals with disabilities, their families, friends and community members building fulfilling and community-centered lives for Latino children.

In addition to La Movida's one-hour live segment to kick off the National Lifespan Respite Conference, they will continue the second hour of their two-hour morning show in the Exhibit Hall. They will join their sister station, Magic 98 hosts Lanette Hansen and Pat Gallagher, who will be outside the Exhibit Hall from 9 am-11 am.

They will conduct live interviews with planned and unplanned guests to discuss respite and its importance in supporting family caregivers.

10:00 - 10:30 AM Break

10:30 - 11:30 AM Breakout Session A



IMAGINE DATA, REIMAGINE TANTALIZING DATA

Room: Conference Room II

MaryJo Alimena Caruso, MA

Training and Technical Assistance Coordinator, FRIENDS National Resource Center

Casandra Firman, MS

Senior ARCH Consultant, ARCH National Respite Network and Resource Center

Samantha Florey, MA

FRIENDS TA Coordinator, FRIENDS National Resource Center

Imagine your data. Now, reimagine it presented in a form that tantalizes and engages. This session filled with hands-on learning experiences will help you discover ways to share data in succinct and meaningful ways. Telling concise and compelling stories with your program data is one of the best forms of advocacy. It supports efforts to increase sustainability and cannot help but create greater pride in the work you do and the people you serve.



RHODE ISLAND STUDENT NURSE RESPITE WORKFORCE: INNOVATIONS AND GROWTH

Room: Conference Room I

Karen Gowdey, MSN, RN, CEN

Assistant Professor, Community College of Rhode Island

Elizabeth Magriby, DNP, RN, FNP-C

Assistant Professor, Salve Regina University

Christine McGrane, MS, RN, CNE

Clinical Assistant Professor, The University of Rhode Island

Strengthening the respite workforce through the collaborative efforts of academic and community partners has yielded resources and opportunities for their Lifespan Respite Grant Program in Rhode Island. While families caring for loved ones at home receive a much needed break from their caregiving responsibilities, nursing students fulfill clinical requirements by stepping into the respite provider role. As the country's population ages, the unpaid family caregiver will continue to need emotional and physical support to sustain care in the home setting. Their program provides a non-traditional clinical experience that benefits both the students and families.



INNOVATIVE SERVICE DELIVERY **ACROSS THE LIFESPAN**



ADVANCES IN EVALUATION



STRENGTHENING THE RESPITE ADVOCACY, NETWORKING PROVIDER WORKFORCE FOR SUSTAINABILITY



FAMILY CAREGIVER





RECHARGE CAREGIVERS BY FILLING GAP IN UNMET OVERNIGHT RESPITE CARE THROUGH SCALING CHILDREN'S HOSPICE HOMES

Room: Conference Room III

Jonathan Cottor

Team Leadership, Children's Hospice International

Kim Marcum-Mercier

Founder & Vice Chairman, Sarah House Cincinnati

Communities fortunate enough to have a Children's Hospice Home are reimagining a solution to meet the unmet overnight respite needs of family caregivers. A ground-breaking national center of excellence has formed in 2022, led by Children's Hospice International to promote access to all-inclusive coordinated care for children with life-limiting conditions and their families, and the scaling of community-based pediatric palliative and hospice programs, including Children's Hospice Homes. Learn and be inspired to connect and engage.



RESPITE CARE AND COMPETITION WITH THE PAID DIRECT CARE WORKFORCE

Room: Conference Room IV

Diana Abeyta, CCHW

Tribal & Northern Coordinator, Office of Community Health Workers, Public Health Division, NM Department of Health

Devona Duran Quam

Director, Office of Community Health Workers, Population and Community Health Bureau, Public Health Division, NM Department of Health

Cara Ortega, MSW, LCSW

Office of Alzheimer's & Dementia Care, New Mexico Aging and Long-Term Services Department

Adrienne R. Smith

President & CEO, New Mexico Caregivers Coalition

New Mexico Respite Care system presenters will describe how agencies are collaborating on innovations to recruit respite care workers in ways that address the statewide shortage of care workers



THE BREAK EXCHANGE

Room: Conference Room V

Katie Baeza, RN

Graduate Research Assistant, Marguette University College of Nursing

Tyler Engel

Marquette University

Kim Whitmore, PhD, RN, CPN

College of Nursing, Marquette University

Learn about how to get involved with the BREAK Exchange - an international network of researchers, agencies, respite providers, and other individuals committed to building a culture of evidencebased respite care.



ACHIEVING RESPITE THROUGH MENTAL HEALTH SUPPORT

Room: Madison Ballroom

Tracy Cieniewicz

Director, Alabama Lifespan Respite

Alabama Lifespan Respite (ALR) identified a lack of emotional and mental health supports for rural/ underserved family caregivers as a growing problem prior to the Spring of 2020, but this deficiency was amplified in the wake of the pandemic. In response, ALR established the Caregiver Wellness Initiative through a Lifespan Respite grant to provide free mental health counseling and support to qualifying caregivers with the intent of increasing total caregiver wellbeing and potentially decreasing the need for emergency respite. ALR will discuss challenges, successes, potential funding sources, and collaborations for implementation of this Lifespan Respite grant activity.













11:30 - 12:00 PM Break

12:00 - 2:00 PM Luncheon Keynote Speaker & Recognition of ARCH's 2022 Innovative and Exemplary Respite Services

Room: Madison Ballroom



Charlotte Deleste News Anchor, Madison WISC-TV; Founder and Vice President, Gio's Garden Therapeutic Respite Center, Madison, WI

The Seed of Despair Can Grow a Garden of Hope

The State of Wisconsin told Charlotte Deleste that her son wasn't disabled enough. Despite suffering every minute of every day with 80 to more than 100 seizures, he didn't qualify for a personal care worker. The feeling of despair sparked Deleste, her husband, and other special needs parents to dream something into reality that has helped more than 300 families with special needs children in Dane County.

Charlotte Deleste will share Gio's story – how he inspired his mother to "Do Something Good" and create Gio's Garden Therapeutic Respite Care Center in Middleton, WI.



Recognition of ARCH's 2022 Innovative and Exemplary Respite Services

Following her keynote presentation, Ms. Deleste will recognize ARCH's 2022 Innovative and Exemplary Respite Services. These respite services were selected from a national pool of applicants. Each recognized service met a stringent set of criteria for selection and all have outstanding programs that address the needs of family caregivers of children, adults and/or older adult family members. Gio's Garden, founded in 2012 by Ms. Deleste to honor her son with a disability, was recognized by ARCH as an Innovative and Exemplary Respite Service in 2019. Ms. Deleste will be joined by Casandra Firman, Senior Consultant, ARCH National Respite Network and Resource Center, to recognize the Innovative and Exemplary Respite Services.

2:00 - 2:15 PM Break

2:15 - 3:15 PM Breakout Session B



NATIONAL LIFESPAN RESPITE RECRUITMENT, TRAINING & RETENTION PILOT PROJECT - PART 1: IDEATION

Room: Conference Room I

Lisa Schneider

Executive Director, Respite Care Association of Wisconsin

Kim Whitmore, PhD, RN, CPN,

College of Nursing, Marquette University

Learn about an exciting national pilot project designed to address a key barrier to families receiving respite: the limited supply of trained direct support professionals. They will showcase the steps taken to develop, test θ scale a respite workforce recruitment, training and retention strategy to better meet the respite needs of family caregivers, particularly in light of the impact of the COVID-19 pandemic.







& RESEARCH











TIME FOR LIVING & CARING (TLC): USING TECHNOLOGY TO SUPPORT CAREGIVERS DURING RESPITE

Room: Conference Room II

Amber Thompson

TLC Research Coordinator, University of Utah, Time for Living and Caring

Associate Professor, Director of Graduate Studies, Department of Sociology, Director, Health Society & Policy program, Co-Director, Consortium for Families & Health Research, University of Utah

TLC is an "app" that provides coaching and support to help caregivers use respite. This session will demonstrate the app, describe feedback provided by caregivers who have used the app, and ask for the audience's input about how such a resource could be used by respite users and their caregivers. This study, funded by National Institute on Aging, seeks to create and evaluate costeffective resources to maximize the utility and benefit of respite for caregivers.



THE FRIENDSHIP PROJECT, A VOLUNTEER INITIATIVE FUNDED BY COMMUNITY CARE CORPS

Room: Conference Room III

Pam McKillop

Family Support Specialist, Advocates

Senior Vice President, Strategic Planning & Development, Advocates; Co-Founder, Rewarding Work

Advocates will share with participants how they developed their Friendship Project. Advocates partner with families, elder care agencies, faith-based communities and community business partners to bring volunteers and recipients together for connections, support and community engagement. These connections provide respite for the caregivers, giving them a well-deserved break while their loved one is enjoying their time with their volunteer. Examples will be given of how this has worked in differing populations in their communities.



NURSING STUDENTS' EXPERIENCES CARING FOR CHILDREN WITH DISABILITIES IN A REIMAGINED NURSING CLINICAL ROTATION

Room: Conference Room IV

Melissa Leisen, PhD

Assistant Professor, Claude Moore Precious Time Pediatric Respite Care Program, James Madison University

In an innovative nursing clinical rotation, undergraduate nursing students provide in-home respite care for children with disabilities. The researcher conducted a qualitative, descriptive study to explore nursing students' experiences caring for children with disabilities. This study adds to the sparse body of respite care research and the literature on the educational preparation of nurses to provide care for children with disabilities in accordance with new national priorities in nursing education. The Claude Moore Precious Time Pediatric Respite Care Program is an ARCH Innovative and Exemplary Respite Service.



REIMAGINE REPLICATING SUSTAINABLE GRANT PROGRAMS USING YOUR LIFESPAN RESPITE DOLLARS

Room: Conference Room V

Rachel Watkins-Peterson

Project Manager, Respite Care Association of Wisconsin

Alisa Lammers

Caregiver Specialist and Health Promotions Coordinator, ADRC of Barron, Rusk, and Washburn

Reimagine grant programs in your state! This session will cover Respite Care Association of Wisconsin's four grant programs and how to replicate them in your state. Hear firsthand how an Aging and Disability Resource Center (ADRC) in a rural area impacted the workforce and created pathways for caregivers to achieve respite by utilizing RCAW's grant programs.















RESPITE IS SELF-CARE: HOW OKLAHOMA IS SUPPORTING FAMILY CAREGIVERS ACROSS THE LIFESPAN

Room: Madison Ballroom

Mayra Castaneda

Respite Bilingual Coordinator, Sooner SUCCESS

Talena Ford

Lifespan Respite & COVID-19 Response Grants, Community Living, Aging and Protective Services, OK Human Services

Aietah Stephens

Executive Director, Sooner SUCCESS

Oklahoma Human Services, Aging and Protective Services, has partnered with the University of Oklahoma Sooner SUCCESS to administer the Lifespan Respite Grant Voucher Program. Sooner SUCCESS's primary mission is to address barriers for individuals with special healthcare needs by promoting the community capacity and infrastructure spread at regional and state levels. This successful model to improve service delivery of respite and other essential services for Oklahoma family caregivers will be shared.

3:15 - 3:45 PM Break

3:45 - 4:45 PM Breakout Session C



NATIONAL LIFESPAN RESPITE RECRUITMENT, TRAINING & RETENTION PILOT PROJECT - PART 2: PILOT SITES

Room: Conference Room I

Sharon Cackett

Assistant Director, NYSCRC, Lifespan of Greater Rochester

Theresa Driscoll

Marketing and Operations Manager, Rewarding Work

Lisa Schneider

Executive Director, Respite Care Association of Wisconsin

Adrienne R. Smith

President & CEO, New Mexico Caregivers Coalition

This is a continuation of National Lifespan Respite Recruitment, Training & Retention Pilot Project - Part 1. In this presentation you will hear from several of the State Representatives who are participating in the National Collaborative Pilot Project developed to test and scale a respite workforce recruitment, training, and retention program. This will be a panel discussion with a robust question and answer session. Multiple state pilot project partners will provide a brief overview, from their perspectives, on the implementation of the pilot project in their state, how things are going, and share any lessons learned to date.



UNDERSTANDING THE RESPITE EXPERIENCE OF LATINX FAMILIES OF CHILDREN WITH SPECIAL HEALTH CARE NEEDS

Room: Conference Room II

Katie Baeza, RN

Graduate Research Assistant, Marquette University College of Nursing

Kim Whitmore, PhD, RN, CPN

College of Nursing, Marquette University

Alexis Ruffi

Research Assistant, College of Nursing, Marquette University

This study aims to better understand the experience and needs of Latinx families of children with special healthcare needs (CSHCN), specifically related to respite care. Parents will be asked to complete an online survey and participate in one-on-one interviews. They will also work closely with PADRES E HIJOS EN ACCIÃN, a non-profit in Dane County, WI. The results of this study will be used to create recommendations for developing culturally and linguistically appropriate respite services.



INNOVATIVE SERVICE DELIVERY **ACROSS THE LIFESPAN**



& RESEARCH











EXHALE AND THE ART OF REIMAGINING RESPITE

Room: Conference Room III

Ken Genewick

Senior Program Officer for Caregiving, Health Foundation for Western and Central New York

Teresa Lawrence, PhD, PMP

Principal, International Deliverables, LLC

Lisa Payne Simon

Partner, The Philanthropic Initiative/ Boston Foundation

Amber Slichta

Vice President of Programs and Learning, Ralph C. Wilson, Jr. Foundation

The speakers will engage the audience in a brainstorming experience to illustrate and apply Creative Problem Solving to reimagining respite. Participants will gain practical skills in Creative Problem Solving. Ideas generated will have practical applications for respite programming.



RESPITE IN THE MOMENT - MICROBURSTS OF EXERCISE, MINDFULNESS AND YOGA FOR CAREGIVER RESILIENCE

Room: Conference Room IV

Emily Jean Davidson, MD, MPH, RYT

Attending Physician, Boston Children's Hospital; Assistant Professor, Harvard Medical School

Caregiving without breaks or attention to self-care can lead to exhaustion and impact caregiver physical and mental health. Microbursts of exercise, yoga, meditation, and mindfulness can be used to help increase resilience even when respite is in short supply. In this participatory and experiential seminar, participants will practice chair yoga and meditation, and learn exercises and mindfulness tools they can use to support their own wellbeing.



BRINGING RESPITE TO YOUR COMMUNITY

Room: Conference Room V

Val Madsen

Training and Development Specialist, Respite Care Association of Wisconsin

The Bringing Respite to Your Community (BRYC) Workshop is an innovative six-week program with the goal of creating more community respite programs throughout the state of Wisconsin. This workshop has been piloted over the last two years. Learn about the creation of the workshop, the content and technology used, hear from a couple of workshop participants, and provide feedback on what may be useful in a replication toolkit.



NEW YORK STATE REGIONAL CAREGIVER WELLNESS AND RESPITE CENTER (CWRC) PILOT PROJECT

Room: Madison Ballroom

Doris Green

Director, New York State Caregiving and Respite Coalition

To address caregiving and respite needs of rural caregivers in New York State, the New York State Office for the Aging (NYSOFA) and the New York State Caregiving and Respite Coalition (NYSCRC), partnered with the State University of New York (SUNY) Research Foundation at Plattsburgh, piloting a regional Caregiver Wellness and Respite Center (CWRC) to provide innovative supports and respite to caregivers caring for loved ones across the age and disability spectrums.

5:30 - 6:30 PM BREAK Exchange Networking Hour

Room: Senate A&B

Join members of the BREAK Exchange for a casual networking hour to learn more about respite happenings around the world! Light hors d'oeuvres will be provided and a cash bar will be available. The Building Respite Evidence and Knowledge (BREAK) Exchange is an international group of researchers, respite providers, agencies, and individuals who are committed to building a culture of evidence-based respite care. Our mission is to provide members with opportunities to connect, collaborate, and learn from and with each other, in order to advance respite policy, practices, and research around the world. Learn more here!













THURSDAY, SEPTEMBER 14

7:30 - 3:00 PM Registration

Room: Grand Staircase

7:30 - 8:30 AM Breakfast

Room: Madison Ballroom

9:00 - 10:00 AM

Welcome and Announcements

Room: Madison Ballroom

Lisa Schneider

Executive Director, Respite Care Association of Wisconsin

Morning Plenary & Keynote Speaker

Room: Madison Ballroom



Introduction of Keynote Lynn Gall Family Caregiver Support Programs Manager, Bureau of Aging and Disability Resources, Office on Aging, Wisconsin Department of Health Services



Family Caregivers Alison Barkoff Acting Administrator and Assistant Secretary for Aging, Principal Deputy Administrator, Administration for Community Living, U.S. Department of Health and Human Services

ACL's Policies and Programs to Support the Nation's

Acting ACL Administrator and Assistant Secretary for Aging Alison Barkoff will share the Administration for Community Living's perspective on policies and programs that support community living for people with disabilities, older adults and both family and professional caregivers. Among other priorities, her remarks will discuss the current status of the historic national strategy for family caregivers from the RAISE Family Caregiving Advisory Council and the Advisory Council to Support Grandparents Raising Grandchildren. Ms. Barkoff's keynote will be livestreamed from Washington, DC.

10:00 - 10:15 AM Break

10:15 - 11:15 AM Breakout Session D



NATIONAL LIFESPAN RESPITE RECRUITMENT, TRAINING & RETENTION PILOT PROJECT - PART 3: EVALUATION & REPLICATION

Room: Conference Room I

Lisa Schneider

Executive Director, Respite Care Association of Wisconsin

Kim Whitmore, PhD, RN, CPN

College of Nursing, Marquette University

This is a continuation of the sessions National Lifespan Respite Recruitment, Training & Retention Pilot Project - Parts 1 & 2. This presentation will focus on evidence-informed practices used to guide the pilot project program design and implementation, and subsequent outcomes. The evaluator will compile the qualitative and quantitative data collected to date and share the latest results of the pilot project. Attendees will have an opportunity to share and ask questions.







STRENGTHENING THE RESPITE PROVIDER WORKFORCE











FAMILIES IN CRISIS: THE EFFECTIVENESS OF THE RESPITE CENTER IN REDUCING PARENT STRESS

Room: Conference Room II

Frin Kasik

Childcare Specialist, Respite Center at RISE Wisconsin

Lauren Silber

Childcare Specialist, Respite Center at RISE Wisconsin

The Respite Center has been a staple in the Madison community for over 40 years, providing center-based respite and emergency childcare to families in crisis. Childcare staff initiated their first quantiative study, using pre-and-post test surveys and a one-sided paired-samples t-test, to evaulate the effectiveness of respite in reducing parent stress. In this presentation, they will talk about the program and the interesting findings from the study. The Respite Center is an ARCH Innovative and Exemplary Respite Service.



RESPITE RELIEF: SUPPORT FOR CAREGIVERS OF ACTIVE-DUTY SERVICE MEMBERS AND VETERANS

Room: Conference Room III

Shawn Moore, LMSW

Manager, Financial Wellness, Elizabeth Dole Foundation

Alicia Oehmke

Senior Director of Customer Success, CareLinx by Sharecare

Melanie Rodriquez

Military Caregiver

Shawn Moore and Alicia Oehmke from the Elizabeth Dole Foundation will provide an overview of the Foundation's Respite Relief program for Military and Veteran caregivers. CareLinx Senior Director of Customer Success, Alicia Oehmke, will then highlight the impact of the services on the community. Attendees will also hear from a caregiver, who will provide their perspective on their experience with the program.



MINDWORKS - A CREATIVE APPROACH TO DEMENTIA PROGRAMMING, WHILE PROVIDING RESPITE FOR CAREGIVERS

Room: Conference Room IV

Mike Rohrkaste

Executive Director, Fox Valley Memory Project

Mindworks is a respite-based program of Fox Valley Memory Project (FVMP), a non-profit in Northeast Wisconsin, whose mission is to collaborate with other organizations to build communities that welcome, include, and support persons with dementia and those who care for them. Mindworks is designed for individuals living with dementia and provides an opportunity for socialization and engagement in a supportive environment. Mindworks also provides respite opportunities for caregivers and family members while participants are engaged in the class. FVMP is focused on providing innovative dementia programming while offering time for relaxation and renewal for caregivers.



IMAGINE.. RESPITE ON WHEELS! USING COMMUNITY TRANSPORTATION PROGRAMS TO TAKE A BREAK

Room: Conference Room V

Jane Mahoney, ADAC

Training and Technical Assistance Specialist, Easterseals - National Aging & Disability Transportation Center

Is a personal chauffeur on your list of caregiving responsibilities? Do you give your loved one a ride to work, to the store, the beauty shop, or other appointments? Then this workshop is for you. Learn about different modes of community transportation and support programs that can help your loved one get a ride from someone else, and help you get a break.















WA CAREGIVERS & RESPITE PROVIDERS: LESSONS IN ADAPTABILITY, FLEXIBILITY, & CREATIVITY

Room: Madison Ballroom and Virtual

Tracy Kahlo, MNLP

Executive Director, Lifespan Respite Washington PAVE: Partnerships for Action, Voices for Empowerment

Barb Koumjian, MS

PAVE: Partnerships for Action, Voices for Empowerment

The Washington State Lifespan Respite Program (WA LRW) is sustained by its collaboration with caregivers, respite providers, Aging and Long-Term Support Administration (ALTSA) representatives, PAVE staff, and in partnerships with tribes and Recognized American Indian Organizations (RAIOs).

Their focus is on creative solutions for respite during a global pandemic while improving access to Lifespan Respite WA vouchers. This includes increasing rural providers, continuous improvement of equitable practices, expanding connections and partnerships so that Black, Indigenous, and people of color (BIPOC) access and utilize their vouchers, and expanding respite voucher options.

9:00 - 10:00 AM Break

11:30 - 12:30 PM Breakout Session E



HOW USER-FRIENDLY DIRECTORY, RECRUITMENT & TRAINING HELP STRENGTHEN THE RESPITE PROVIDER WORKFORCE

Room: Conference Room I

Jeff Keilson

Senior Vice President, Strategic Planning & Development, Advocates; Co-Founder, Rewarding Work

Dafna Krouk-Gordon

President and Co-Founder, Toward Independent Living & Learning; Rewarding Work

Rewarding Work's role in developing and operating matching services directories makes them a partner in strengthening the respite provider workforce. Through a combination of technology, community outreach, recruitment and a new pilot training program, they are successfully building a strong workforce in the states where they operate despite ongoing employment challenges. Find out how their strategies and programs to recognize, support and retain respite workers, translate into making short breaks for family caregivers manageable and accessible.



VETERAN AND MILITARY FAMILY CAREGIVER OUTCOMES, CHALLENGES, AND VICTORIES

Room: Conference Room II

Sandi Gorley

Senior Coordinator, Training & Research Analysis, Arizona State University

This session will summarize the history of Legacy Corps for Veterans and Military Families, a caregiver respite project funded by AmeriCorps. The session will highlight its impact evaluation findings pre-COVID, service delivery and evaluation shift post-COVID, and new data collection and comparison challenges the post-COVID environment creates. It will end with where they anticipate going in the future, as service delivery starts to return to pre-COVID design.







ADVANCES IN EVALUATION & RESEARCH



PROVIDER WORKFORCE

ADVOCACY, NETWORKING FOR SUSTAINABILITY









INTRODUCING ARCH'S 2022 INNOVATIVE AND EXEMPLARY RESPITE SERVICES: SUCCESSFUL MODELS FOR REPLICATION

Room: Conference Room III

Tracy Cieniewicz

Director, Alabama Lifespan Respite

Casandra Firman, MS

Senior ARCH Consultant, ARCH National Respite Network and Resource Center

Julie Praska-Moser, CMC

Regional Manager, Caregiver Coordinator, Caregiver and Companion Services, Lutheran Social Service of Minnesota

Michelle Quiroga-Diaz, LCSW

Director, Adult Day Program, ONEgeneration Intergenerational Daycare Center

Caregiver Relief Services Manager, Parc Center for Disabilities

Elaine Whitford

Executive Director, The Center for Volunteer Caregiving

During this session, Casandra Firman with the ARCH National Respite Network and Resource Center will introduce the model respite services recognized by ARCH as Innovative and Exemplary in 2022. All serve different populations and represent unique approaches to service delivery. They will discuss the components of their services that make them exceptional, innovative, and worthy of national replication.



RESPITE REIMAGINED, IMPLEMENTED AND IMPACTFUL. SUPPORTING FAMILIES WITH FRAGILE CHILDREN

Room: Conference Room IV

Susan Huebner

Owner/ Operator, Nurturing Newborns, LLC

Pamela Young

Respite Manager & Respite Provider, Nurturing Newborns, LLC

Nurturing Newborns, LLC has developed an innovative and intuitive approach to providing respite care to an underserved population. This approach uses a model of care that not only provides competent and knowledgeable care of fragile infants and toddlers, but also works to strengthen and support the parent-child relationship. While respite care provides short-term support, their goal is to promote parental competence and confidence that will provide long-term benefits. They care for and protect the entire family. Nurturing Newborns, LLC, is an ARCH Innovative Respite Service.



COMBATING COMPASSION FATIGUE AMONGST RESPITE AGENCY STAFF

Room: Conference Room V

Megan Schwalm, PhD,

Executive Director, Tennessee Respite Coalition

Listening to the stories of caregivers can lead to compassion fatigue amongst respite agency staff. In this session attendees will learn how to assess the level of compassion fatigue at their agency and will develop a Staff Wellness Plan to prevent/decrease compassion fatigue in their agencies. Attendees will also be provided tools to create more compassionate, supportive work environments.



IMPROVING RESPITE SYSTEMS IN WISCONSIN

Room: Madison Ballroom

Tyler Engel

Marquette University

Kim Whitmore, PhD, RN, CPN,

College of Nursing, Marquette University

Learn about the current state of respite in Wisconsin and how to implement respite programs using students.

12:45 - 2:45 PM Luncheon Plenary & Keynote

Room: Madison Ballroom



Working While CaringJennifer Olsen, DrPH, MPH
Chief Executive Officer, Rosalynn Carter Institute for Caregivers

Dr. Jennifer Olsen, chief executive officer at the Rosalynn Carter Institute for Caregivers, will present research findings from their recent white paper *Invisible Overtime: What employers need to know about caregivers.* RCI is working to provide specific solutions for employers. Dr. Olsen will describe a recently launched new RCI employer initiative Working While Caring which will seek to partner with employers to pilot new and innovative solutions to keep caregiver employees attached to the labor market for the long term and provide a status update.

$1\!:\!30$ - $2\!:\!45~\text{PM}$ Panel: Supporting Working Caregivers through Employer Engagement

Room: Madison Ballroom
Panel will be facilitated by Dr. Jennifer Olsen, CEO, Rosalynn Carter Institute for Caregivers.



Diana ClarkBenefits Manager - Human Resources, Promega Corporation



Kim Falk Respite Employer Engagement Coordinator, Munroe-Meyer Institute, University of Nebraska Medical Center



Lynn GallFamily Caregiver Support Programs Manager, Bureau of Aging and Disability Resources, Wisconsin Department of Health Services



Greg OlsenActing Director, New York State Office for the Aging



Irina Vyazunova, PhD Senior Research Scientist, R & D Promega Corporation

Unprecedented numbers of family caregivers were forced to leave the labor force during the pandemic as they struggled to manage new or intensified caregiving duties, work, family responsibilities, and the resulting stress. A significant majority of family caregivers, at least 60 percent, are still in the labor force. Both scenarios demand a more responsive and supportive workplace moving forward. Not only are the health and financial well-being of these caregivers at-risk, businesses may be losing billions of dollars annually from lost productivity, replacement costs for employees who quit because of overwhelming caregiving responsibilities, absenteeism, and workday interruptions.

This panel will explore strategies to support working caregivers, including statewide public/private partnerships, outreach to identify and serve working caregivers, best practices to educate and engage employers in respite care, caregiver support and workplace flexibilities. We will also hear from an employer about their response to supporting their employed family caregivers, and from an employed caregiver about her personal experience.

2:45 - 3:00 PM Conference Closing

Conference organizers will offer closing thoughts and make an announcement about the International Short Break Conference in 2023.



CONFERENCE LANNING COMMITTEE

National Lifespan Respite

MaryJo Caruso

Alliance for Community Respite Care, PA

Tracy Cieniewicz

Alabama Lifespan Respite, AL

Lynn Fyanes

Idaho Commission on Aging, ID

Doris Green

New York State Caregiving and Respite Coalition, NY

Mandy Hansen

Tennessee Respite Coalition, TN

Nicholas Julian

South Carolina Respite Coalition, SC

Jill Kagan

ARCH National Respite Network and Resource Center, NC

Tracy Kahlo

Lifespan Respite Washington, WA

Cory Lutz

Nevada Lifespan Respite Care Coalition and Helping Hands, NV

Kathy Mayfield Smith

South Carolina Respite Coalition, SC

Lisa Schneider

Respite Care Association of Wisconsin, WI

Rachel Watkins-Petersen

Respite Care Association of Wisconsin, WI

Kim Whitmore

Marquette University, WI

Conference Managers

Badger Bay Management Company, Kimberly, WI













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